Turning Dreams Into Degrees

2024 Train the Trainer Changes and Updates

April 26, 2024

John Burton Advocates for Youth
Logistics

• This webinar is being recorded.

• Attendees may turn on or disable closed captioning.

• Submit questions in the “Q&A” at any time. Please do not utilize the chat for questions.
John Burton Advocates for Youth

- Education
- Housing
- Health
- Economic Security

June 6, 2023
Today’s Agenda

1. Course Materials and Timing
2. New & Updated Content for Education Course 1 and 2
3. Foster Parent College Updates
4. Questions
Course Materials and Timing
Course Materials

Turning Dreams into Degrees – **Education Course 1:**
jbay.org/resources/education-course-1/

Turning Dreams into Degrees – **Education Course 2:**
jbay.org/resources/education-course-2/

**Course materials include:**
1. Updated PowerPoint slides (available in English and Spanish) and detailed trainer notes with embedded engagement opportunity instructions.
2. Trainer’s Guides
3. Special Considerations for Facilitating in Spanish
4. Full length train-the-trainer for new trainers
5. Caregiver Supporting Materials
NEW! Handouts have been consolidated in the updated Postsecondary Education Planning Guide for Adults Supporting California’s Foster Youth!

- The Foster Youth Postsecondary Education Planning Guide is available in English and Spanish.
- The guide can be downloaded for free, or you can order hard copies through our website.
- A youth facing guide for students in 9th - 11th and 12th grade is available too!
- Previous handouts have been archived.
Foster Youth Postsecondary Education Planning Guide covers topics including:

- Benefits of Postsecondary
- Postsecondary Pathways
- How to Be an Education Champion
- Foster Youth Educational Rights
- College and Career Exploration
- High School Transition Planning
- Grade specific Checklist (9th – 12th)
- Transition Planning for Postsecondary
- Statewide Resources
Additional Caregiver Supporting Materials

- **Financial Aid Resources**
  - Financial Aid Guide for Foster Youth & Unaccompanied Homeless Youth (English and Spanish)
  - Visual Step-by-Step Guide for California Foster Youth for FAFSA and CADAA Completion
  - **Webinar:** Completing the FAFSA/CADAA: A How-To for Adult Supporters of Foster & Homeless Youth
  - Identifies eligibility requirements for benefits available for current and former foster youth

- **FY Benefits Chart**
  - Career readiness guide for youth and adult supporters introducing tips and tools for job readiness and career exploration.

- **Fostering Careers**

- **California Foster Youth Education Laws Fact Sheets**
  - Information on educational rights and school stability for foster youth.
## Training Breakdown and Timing

### Education Course 1

<table>
<thead>
<tr>
<th>Section</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Section I: Welcome &amp; Introduction</td>
<td>10 mins</td>
</tr>
<tr>
<td>Section II: Why College?</td>
<td>23 mins</td>
</tr>
<tr>
<td>Section III: What Unique Barriers do Foster Youth Face in Higher Education?</td>
<td>8 mins</td>
</tr>
<tr>
<td>Section IV: What is the Impact of Trauma on Educational Performance and Outcomes?</td>
<td>15 mins</td>
</tr>
<tr>
<td>Section V: How Caregivers Can Make a Difference</td>
<td>20 mins</td>
</tr>
<tr>
<td>Break [One 10-minute or two 5-minute breaks – May vary as needed]</td>
<td>10 mins</td>
</tr>
<tr>
<td>Section VI: A College Path for Everyone</td>
<td>13 mins</td>
</tr>
<tr>
<td>Section VII: Resources on College and Career Exploration</td>
<td>14 mins</td>
</tr>
<tr>
<td>Section VIII: Educational Planning Milestones</td>
<td>12 mins</td>
</tr>
<tr>
<td>Section IX: Help is Available for Caregivers</td>
<td>6 mins</td>
</tr>
<tr>
<td>Section X: College is Possible!</td>
<td>4 mins</td>
</tr>
<tr>
<td>Section XI: Closing Vignettes, Youth Video and Reflection</td>
<td>25 mins</td>
</tr>
<tr>
<td>Q &amp; A [Either woven in throughout or addressed at the end]</td>
<td>10 mins</td>
</tr>
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## Training Breakdown and Timing

<table>
<thead>
<tr>
<th>Education Course 2</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Section I: Welcome &amp; Introduction</td>
<td>6 mins</td>
</tr>
<tr>
<td>Section II: Why College?</td>
<td>10 mins</td>
</tr>
<tr>
<td>Section III: A College Path for Everyone</td>
<td>16 mins</td>
</tr>
<tr>
<td>Section IV: Resources on College and Career Exploration</td>
<td>8 mins</td>
</tr>
<tr>
<td>Section V: 11th &amp; 12th Grade Educational Planning Milestones</td>
<td>16 mins</td>
</tr>
<tr>
<td>Break [One 10-minute or two 5-minute breaks – May vary as needed]</td>
<td>10 mins</td>
</tr>
<tr>
<td>Section VI: Reflection and Applying to College</td>
<td>14 mins</td>
</tr>
<tr>
<td>Section VII: Paying for College</td>
<td>20 mins</td>
</tr>
<tr>
<td>Section VIII: Setting Up Foster Youth for College Success</td>
<td>12 mins</td>
</tr>
<tr>
<td>Section IX: Closing- handouts, vignette, and reflection</td>
<td>2 mins</td>
</tr>
<tr>
<td>Q &amp; A [Either throughout the training or at the end]</td>
<td>10 mins</td>
</tr>
</tbody>
</table>

**NOTE:** The time allotted for Education Course 2 does not accommodate the implementation of *every* activity. Facilitator’s must select which activities they wish to utilize.
Local and Statewide Content

The following slides should be updated with local resources and contact information:

• Independent Living Program (Ed Course 1, Slide 73, Ed. Course 2, slide 76)

• COE Foster Youth Services Coordinating Program (Ed. Course 1, Slide 65 and Ed. Course 2, slide 76)

• For LA County facilitators, there is also a “LA County College Planning Resources” document. (Ed. Course 1, Slide 65 and Ed. Course 2, slide 77)
Updated Content
Turning Dreams Into Degrees Education Course 1 & 2
Updates to Campus Based Support Programs

- **NextUp Foster Youth Campus Support Programs:** NextUp programs are now available at ALL California community colleges and available for foster youth who entered care at 13 or older. There is no longer a unit requirement for NextUp participation, although students must enroll in the program at some point before the age of 26.

- **CSU and UC Foster Youth Support Campus Programs:** Foster youth support programs (like Guardian Scholars) are available at ALL CSUs and UCs and available to foster youth who have been in a foster care placement (as a dependent or ward of the court) at any time.
General Updates

Turning Dreams into Degrees – Part 1 & 2

- **Updated data points**: Financial aid/tuition amounts are updated to reflect current year and some statistics have been updated with more up-to-date info.

- **Campus support programs**: Updated content to reflect NextUp programming at ALL California Community Colleges and campus support programs at ALL CSUs and UCs.

- **Handout References**: References to handouts were updated to reflect use of Foster Youth Postsecondary Education Guide.

- **Streamlined Content**: Text in trainer’s notes was reduced for some slides. (Mostly in Education Course Part 1)

- **Cosmetic Updates**: Fixed broken links, updated slide images & formatting.
Updated Content

Turning Dreams Into Degrees

Turning Dreams into Degrees – Part 1 & 2

- Adult Education, Job Corp & Military
- California Career Zone (Deleted)
Adult Education Programs

- Offers a wide variety of accredited career education programs
- Units do not transfer towards a college degree
- Eligible for federal financial aid

Job Corp

- Free career education with housing and basic living allowance.
- No minimum GPA or high school diploma/equivalent required
- Age, income, and citizenship restrictions.

Military Service

- Access to housing resources, basic living allowance, and educational benefits.
- Is a full-time job with a multiyear commitment
This slide has been deleted from Course 1 and Course 2.

In Course 2, we added youth videos and a slide on growth mindset in place of this slide and activity.
Updated Content
Turning Dreams into Degrees Part 2
Updated Content

Turning Dreams into Degrees

Turning Dreams into Degrees – Part 2

- Youth Videos
- Encouraging a Growth Mindset
- There is a lot of money available! *(Updated)*
- Creating a FSA-ID (FAFSA)
- What to Bring to Apply for Financial Aid *(Updated)*
- Independent Student Status on the FAFSA *(Updated)*
- *Three Steps to Maximizing Aid* *(Deleted)*
- *Special Immigrant Juvenile Status (SIJS)* *(Deleted)*
- *Special Considerations for Foster Youth (FAFSA)* *(Deleted)*
- After the FAFSA Checklist *(Deleted)*
- Financial aid helps, but do youth access it? *(Deleted)*
New Content

Turning Dreams Into Degrees

New Youth Videos

Let’s hear from several former foster youth who have experienced postsecondary education.

• Impact of Postsecondary Education (Slide 11)
• Selecting a Postsecondary Institution (Slide 26)
• Navigating Credit Recovery in High School (Slide 40)
• Impact of Financial Aid (Slide 55)
• Campus Support Programs (Slide 74)
Encouraging a Growth Mindset

Help youth reframe perceptions of their academic abilities

Encourage patience with the learning process

Reflect back to the youth their strengths and positive traits you have observed

**Patience is key – many youth are in “survival mode”**

<table>
<thead>
<tr>
<th>If you are hearing this from a youth...</th>
<th>Try one of the following responses to help develop and maintain a growth mindset.</th>
</tr>
</thead>
<tbody>
<tr>
<td>I am not smart enough to do this.</td>
<td>Being smart does not mean learning comes easy or you can do things by yourself all the time. Being smart means you use the tools and resources available to you for learning. That may mean asking for help sometimes.</td>
</tr>
<tr>
<td>This is too hard. I can’t do this.</td>
<td>When something feels hard, it means we are challenging ourselves and our thought process to grow in new ways. I know with time and practice you will be successful. How can I help?</td>
</tr>
<tr>
<td>I will never be able to get this.</td>
<td>Remember to be patient with yourself. Just because you do not understand this yet does not mean you will never understand it. Who can we ask for help?</td>
</tr>
<tr>
<td>I totally failed. I am so dumb.</td>
<td>Learning from our mistakes can lead to future success. Let’s see what we can learn from this experience to help us be successful next time.</td>
</tr>
</tbody>
</table>
New Financial Aid is Available!

- **Student Success Completion Grant:** Foster youth who were in care at 13 or later and who are attending a California community college full-time (12 units) are now eligible for $10,500 in grant aid! (Ed. Course 2, Slide 54, Foster Youth Benefits Chart)

- **Middle Class Scholarship:** Provided to low- to middle-income students pursuing a bachelor's degree (or teaching credential) at a UC, CSU or community college.
  - **Award amounts will vary by student and school:** Foster youth students who have a remaining unmet need that is greater than $7,898 will receive an award that covers 100% of the remaining Cost of Attendance (COA), after accounting for other state, federal and institutional grants, scholarships and fee waivers.
There is a lot of money available!

Examples of common financial aid award packages from 2023–24 for full-time students:

<table>
<thead>
<tr>
<th></th>
<th>CSU</th>
<th>UC</th>
<th>California Community College</th>
</tr>
</thead>
<tbody>
<tr>
<td>Federal Pell Grant</td>
<td>Up to $7,395</td>
<td>Up to $7,395</td>
<td>Up to $7,395</td>
</tr>
<tr>
<td>Cal Grant Foster Youth Access Award (non-tuition)</td>
<td>Up to $6,000</td>
<td>Up to $6,000</td>
<td>Up to $6,000</td>
</tr>
<tr>
<td>Cal Grant Tuition &amp; fees</td>
<td>Up to $5,742 (Full Tuition &amp; Fees)</td>
<td>Up to $16,236 (Full Tuition and Fees)</td>
<td></td>
</tr>
<tr>
<td>CA College Promise Grant tuition waiver</td>
<td></td>
<td></td>
<td>Approx. $1,104 in value.</td>
</tr>
<tr>
<td>Chafee Grant</td>
<td>Up to $5,000</td>
<td>Up to $5,000</td>
<td>Up to $5,000</td>
</tr>
<tr>
<td>Student Success Completion Grant (12+ units)</td>
<td></td>
<td></td>
<td>$5,250 per semester</td>
</tr>
<tr>
<td><strong>Total:</strong></td>
<td><strong>$24,937</strong></td>
<td><strong>$34,631</strong></td>
<td>$30,000</td>
</tr>
</tbody>
</table>

Does not include AB12/SILP stipends students may be eligible to receive!
FAFSA Updates

- Students must create the FSA-ID in advance (3 days) of completing the FAFSA application. (Ed. Course 2, Slide 60)
- In most cases, students no longer need to enter income information manually. Instead, students must provide consent to allow the IRS to share this info with FAFSA. (Ed. Course 2, Slide 61)
- Students can now enter up to 20 schools to receive FAFSA information (Ed. Course 2, Slide 61)
- Changes to the Independent Student Status questions. (Ed. Course 2, Slide 62)

Due to the delayed rollout of the new FAFSA and additional glitches, there was a temporary change in the priority application period for the 2024–25 school year. For 2024–25 ONLY the priority deadline is May 2, 2024. The application deadline will revert back to March 2 in subsequent school years. The deadline for community colleges financial aid (September 2, 2024) is unchanged.
Creating an FSA ID (FAFSA)

- Required to complete FAFSA
- Must be done in advance (at least 3 days)

**Students Will Need:**
1. Social Security Number
2. Name (as it appears on their social security card)
3. Email Address
4. Phone Number (recommended)
What to Bring to Apply for Financial Aid

1. FSA ID and Password [FAFSA]
   Students must create an FSA ID in advance (3 days) prior to starting the FAFSA application.

2. Statewide Student Identifier number (SSID) and Individual Taxpayer Identification Number (ITIN) [CADAA]
   Recommended for CADAA applicants only

3. Email Address
   Use an email address that students check often. Avoid high school emails that expire.

4. List of up to 20 colleges
   Student can update this, if needed.

5. Student’s Assets
   Students should bring the total amounts in their checking and saving accounts. Their prior-prior year tax return may be needed in certain limited cases.
Independent Student Status on the FAFSA

Current or former foster youth may qualify for “Independent Student Status” on the FAFSA or CADAA if they can answer “Yes” to any of these three questions:

1. At any time since the student turned 13, they were in foster care.
2. At any time since the student turned 13, they were a ward of the court.
3. The student is or was in a legal guardianship with someone other than their parent or stepparent as determined by a court in their state of residence.
These slides have been deleted from Course 2.
Deleted Content

Turning Dreams Into Degrees

These slides have been deleted from Course 2.

Additional Special Considerations for Foster Youth

- Foster youth DO NOT have to report the following information in the financial section:
  - Extended Foster Care (AB 12) benefits, commonly known as SILP payments, even if SILP payments are sent directly to youth.
  - Supplemental Security Income (SSI)
- Foster youth should self-identify on the FAFSA by marking YES to the question:
  “Are you a foster youth or were you at any time in the foster care system?”

After the FAFSA Checklist

- Review this checklist for a complete list of steps to complete after submitting your FAFSA/CADAA

www.jbay.org/resources/financial-aid-guide/

Financial aid helps, but do youth access it?

<table>
<thead>
<tr>
<th></th>
<th>CA College Promise Grant (BOG)</th>
<th>Pell Grant</th>
<th>Cal Grant</th>
</tr>
</thead>
<tbody>
<tr>
<td>Access Rate</td>
<td>85%</td>
<td>63%</td>
<td>20%</td>
</tr>
</tbody>
</table>
Foster Parent College
Updates
Coming Soon...

- Foster Parent College: **Preparing Teens for Postsecondary Education Part 2**
QUESTIONS