



JOHN BURTON
Advocates
for Youth



California
Community
Colleges

Community of Practice Session 1: Case Management, Programming and Interventions

January 25, 2024

Overview



- **My Background**
- **Key Differences in Serving NextUp Students**
- **Top 10 Things You Can do to Support NextUp Students**



My Background



- **8 Years Experience as NextUp Counselor**
- **3 Years experience in Department of Social Services**
- **MS Rehabilitation Counseling**
- **Doctorate in Educational Leadership**
 - Dissertation on Transition to College
- **Average Caseload – 35-55 Unduplicated NextUp Students per Year**
- **First Gen**
 - Mom placed in Orphanage at age 5
 - Father Homeless and Lived in Friend's Garage at age 16





Trauma and its Effects on Learning

75% of Foster Youth Move K-12 Schools at Least Once

- almost 25% moved schools four or more times

Foster youth are 3x more likely to be homeless.

Among foster youth who later enroll in community college, they typically have a lower GPA and earn fewer credits in their first year compared to their peers.

<https://learningpolicyinstitute.org/product/california-students-foster-care-brief>

<https://www.afs4kids.org/blog/foster-youth-education-in-california-what-you-need-to-know/>

10 Things to Support NextUp Students



What are the things we need to do to provide effective and comprehensive support to NextUp students?



10 Things to Support NextUp Students



#1 – NextUp Community College Social Worker

- More like a Community College Social Worker than a Community College Counselor
 - SEP is the easiest part of this work
- Wholistic Counseling – My Approach and Philosophy
- Funding & Counselor/Student Ratio



#2 – Schedule 1 Hour Appointments

Meet with first-time students
1-2 weeks before the
semester starts

FA Forms

Academic Standing

Class Registration

5-minute meetings are the
minimum, expect more for
those students who need it.



10 Things to Support NextUp Students



#3 – Use Your Counseling Skills!

- Unconditional Regard
- Ask Deeper Questions/Open-Ended Questions
- Reflective Listening
- Validation
- Praise the effort not the result
- Highly Recommend Motivational Interview Training

Help Sign-Up for Mental Health Services



#3 – Use Your Counseling Skills!

- Topics that have come up in my meetings with students:
 - Domestic Violence
 - Rape
 - Health Concerns
 - Suicide
 - Depression/Anxiety
 - Pregnancy
 - Trauma/Abuse
 - Homelessness
 - Relationships



#4 – Challenge Traditional Expectations

- 15 to finish?
- English and Math First Semester etc
- 12 Units Equals Success
- Start Slow and Build on Success



#5 – Thoroughly Explore Passions, Interests, and Major

- Limited Exposure to Majors/Careers
- Limited Knowledge of Self
- Career Exploration
- Normalize Major Changes and Uncertainty
- First Semester Flexibility



10 Things to Support NextUp Students



#6 – Maximize the Student's Financial Aid

- Complete the FAFSA with the Student
- Follow up and Complete FA Forms
- Pell Grant
- CalGrant
- Chafee Grant
- Student Success Completion Grant
- SAP Appeals
- Chafee Appeals
- Prioritize Direct Aid Grants with NextUp Funds



#7 – Provide Truly Comprehensive Support

- Call Social Worker/DSS (AB12)
- Call CSAC/FAFSA for Technical Support
- CalFresh App
- Mental Health Intake Forms
- Campus Technology
 - Email
 - Canvas
 - Self-Service
- Continued.....



**COMPREHENSIVE
SUPPORT**

10 Things to Support NextUp Students



#7 - Provide Truly Comprehensive Support

- Learning Centers
 - Add hubs on Canvas
- Assignments
 - Review Assignment and Explain
 - Brainstorm
- Workshops
 - Time Management
 - Self-Discipline
 - Learning Strategies
- Scholarship Applications
- Look up and Plan Bus Routes
- NextUp Pantry and Personal Hygiene



10 Things to Support NextUp Students



#8 – Build Relationships with College Staff

- You will NEED a lot of favors!
- Financial Aid Staff and Director
- Business Office Manager
- Instructors
- Tip – Close the loop. I follow up with the staff person who helped to let them know they helped a student get food or clothes, or they helped a student get into hotel because they were homeless. And I let them know I appreciate their help, and that what they're doing is having a direct impact on improving our students' lives.



10 Things to Support NextUp Students



#9 – Use a Tracking System

Master List Example

https://myscccd-my.sharepoint.com/:x/r/personal/ac035_reedleycollege_edu/Documents/Master%20List%20Example.xlsx?d=wc864b77ed6b54f37821d823c9f610fe3&csf=1&web=1&e=GtUxE2



A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	XS
ID	Email	Last Name	First Name	Phone Number	DOB	Age	Program App & Orientati	Jan	Feb	March	Spring 24 Reg/Un	CSU Applicati	PREG/FY Cod	Reg D	Register	Registration Hold	Foster Youth Codin		
123456	0123456@my.scccd.edu	Alonso	Anthony	559-111-1126	1/16/2000	24 Years, 0 Months, 3 Days					14		1			good		1	
123456	0123456@my.scccd.edu	Bethel	Jaylene	559-111-1121	1/17/2001	23 Years, 0 Months, 2 Days					13		1			good		1	
123456	0123456@my.scccd.edu	Broom	Emmit	559-111-1130	1/18/2002	22 Years, 0 Months, 1 Days					13		1			new student	needed	1	
123456	0123456@my.scccd.edu	Dean	Angela	559-111-1132	1/19/2003	21 Years, 0 Months, 0 Days					5	applied	1			good		1	
123456	0123456@my.scccd.edu	Garcia-Valdovinos	Jamlec	559-111-1127	1/20/2004	19 Years, 11 Months, 30 Days					3		1			CPBP		1	
123456	0123456@my.scccd.edu	Harper	Destiney	559-111-1122	1/21/2005	18 Years, 11 Months, 29 Days					9		1			CPBP		1	
123456	0123456@my.scccd.edu	Heredia	Josue	559-111-1123	1/22/2002	21 Years, 11 Months, 28 Days					9	applied	1			good		1	
123456	0123456@my.scccd.edu	Hernandez	Jasmine	559-111-1113	1/23/2000	23 Years, 11 Months, 27 Days					13		1			A1		1	
123456	0123456@my.scccd.edu	Katie	Erik	559-111-1119	1/24/2005	18 Years, 11 Months, 26 Days					12		1			A1		1	
123456	0123456@my.scccd.edu	Macias	Jaden	559-111-1114	1/25/2005	18 Years, 11 Months, 25 Days					14	pending	1			good		1	
123456	0123456@my.scccd.edu	Maciel	Aniken	559-111-1133	1/26/2000	23 Years, 11 Months, 24 Days					NULL		1			good		1	
123456	0123456@my.scccd.edu	Nunez	Angela	559-111-1131	1/27/2004	19 Years, 11 Months, 23 Days	orientation				9		1			good		1	
123456	0123456@my.scccd.edu	Orender	Divine	559-111-1117	1/28/2000	23 Years, 11 Months, 22 Days					15	pending	1			A1		1	
123456	0123456@my.scccd.edu	Pacheco	Emma	559-111-1128	1/29/2001	22 Years, 11 Months, 21 Days					13		1			good		1	
123456	0123456@my.scccd.edu	Pesqueira	Elaine	559-111-1120	1/30/1999	24 Years, 11 Months, 20 Days	orientation				14		1			good		1	
123456	0123456@my.scccd.edu	Reyes	Jovanny	559-111-1124	1/31/1998	25 Years, 11 Months, 19 Days					9		1			RPAR		1	
123456	0123456@my.scccd.edu	Romero	Xavier	559-111-1118	2/1/2000	23 Years, 11 Months, 18 Days					14		1			good		1	
123456	0123456@my.scccd.edu	Rosiles	Wenlei	559-111-1112	2/2/2000	23 Years, 11 Months, 17 Days					3		1			dual enrollment		1	
123456	0123456@my.scccd.edu	Ruiz	Lisset	559-111-1125	2/3/1996	27 Years, 11 Months, 16 Days	orientation				13		1			A1		1	
123456	0123456@my.scccd.edu	Spangle	Leo	559-111-1111	2/4/2000	23 Years, 11 Months, 15 Days					6		1			Good		1	
123456	0123456@my.scccd.edu	Thao	Nesmary	559-111-1129	2/5/2006	17 Years, 11 Months, 14 Days					6		1			CPBP		1	
123456	0123456@my.scccd.edu	Viveros-Gonzalez	Elyza	559-111-1116	2/6/2000	23 Years, 11 Months, 13 Days					14		1			A1		1	
123456	0123456@my.scccd.edu	Vue	Juan	559-111-1115	2/7/2000	23 Years, 11 Months, 12 Days					17		1			good		1	

10 Things to Support NextUp Students



#10 – Believe In Them, Follow Through, and Be Authentic

- Believe
- Keep Promises
- Be Positive and Supportive
- Benefit of the Doubt



John Burton Advocates for Youth



NextUp Best Practices: Programming and Events

Gabrielle Ridley, M.S.
John Burton Advocates for Youth

CO Mandates for NextUp Programs



Take a **student-centered** approach

Ensure students' receipt of **necessary services and support**

Strengthen students' sense of **unconditional belonging**

Create a **comprehensive support ecosystem** for foster youth



NextUp Resources Folder



Drive

+ New

Home

My Drive

Computers

Shared with me

Recent

Starred

Spam

Trash

Search in Drive



Shared with me > NextUp Technical Assis... > NextUp Resource Folder



Type People Modified

Folders

↑ Name

1- Start Here

2- Chancellor's Office...

3- JBAY NextUp Imple...

4- Program Developm...

5- Case Management

6- Curriculum and Pr...

7- Outreach and Recr...

8- Research and Liter...

9- Resources

Sample Calendars



NextUp Sample Programming Calendar (in person, online, or hybrid)

Months	Themes: Below are themes reflected across campus diversity and inclusion calendars.	Potential Collaborators	Programming	Skill-based Activities
July	Welcome to the Campus Community	Basic Needs/ Library/Success Ctr/ Student Health/Wellness Center/etc.	Summer Welcome Days	Scavenger Hunt/Campus Tour Field Trip: Baseball Game
August	Start of Academic Year – Program Onboarding Comprehensive Education Planning	EOPS/CARE	Program Orientation (EOPS/NextUp)	Accessing Program Resources
September	First Impressions Distribution of Financial Aid	Communications Dept. EOPS/CARE, CalWORKs	Fall Social - Meet & Mingle Money Matters	Creating Your “Elevator Pitch” Budgeting + Financial Aid
October (Spring Priority Registration)	Hispanic Heritage Month Domestic Violence Awareness Month LGBTQ History Month	Culinary Arts/ Food Pantry Student Health/Wellness Community/Campus LGBTQ+ Center	A Taste of Latin America Healthy Relationships Presentation: LGBTQ+ Resources	Healthy Meal Planning and Pantry Staples (Promote CalFresh)
November	Reclaiming My Story Native American Heritage Month Thanksgiving	Comm. Dept./ Speaker History Dept. CalWORKs/CARE/etc.	The Power of Storytelling Indian Child Welfare Act Friendsgiving	Writing My Own Story Campus Lecture Gratitude Journal
December	Holiday Celebrations: Hanukkah, Christmas, Kwanzaa	Anthropology	Making Meaning: Symbols and Traditions	Holiday Gathering: Creating and Honoring Traditions
January	New Year Martin Luther King Jr – Day of Service	EOPS/CARE, CalWORKs Community Agency	New Year Goals Service Project	Vision Canteen (goal setting) Field Trip
February	Feb 20: World Day of Social Justice Black History Month	Campus Staff/Faculty Campus Administration	Spring Social Leadership	Tools to Self-Advocate Ropes Course - Embrace the Leader Within
March	Women’s History Month	Psychology Women and Gender Studies	Imposter Syndrome Toxic Masculinity/ Femininity	Tips to Combat Imposter Syndrome Recognizing Toxic Ideology
April (Summer Priority Reg.)	Financial Literacy Month Youth Homelessness Matters Day/Earth Day	Business/Finance Student Support Programs	Workshop Sustainability	Long-Term Financial Planning Upcycle/Recycle - Clothing Swap
May	Foster Care Awareness Month Mental Health Awareness Month Asian Pacific American Heritage Month Graduation	Cross Campus Partners Student Health/ Mental Health Agency	Campus Programming Self-Care Workshop	Series of Activities Create a Self-Care Plan
June (Fall Priority Registration)	LGBTQ Pride Month Graduation	EOPS/CARE/CalWORKs	Graduation Celebration	Transition Planning



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Sample Calendars



GUARDIAN SCHOLARS Academic Calendar

January

January 28th
First Day of Semester

February

February 9th
Last Day to Drop with a Refund

February 10th
Last Day to Drop to Avoid a "W"

February 14th 11am-1pm
Knots of Love

February 15th-18th
President's Day (Holiday) Campus Closed

February 21st
OCC Flex Day - No Classes

February 26th 4pm-5:30pm
Relationship Roundtable

March

March 8th 8:30am-2:30pm
University Campus Tour

March 14th 11:30am-1:30pm
Spring Picnic

March 20th 9am-10:30am
Strengths Finder 2.0

March 22nd
APR Deadline

March 25th - March 31st
Spring Recess (Holiday) No Classes

April

April 1st
2nd 8 Week Session Begins

April

April 2nd 10am-11:30am
Study like a Pro

April 9th
Summer Priority Registration

April 17th 2pm-3:30pm
Money 101

April 22nd-26th
Special Events for GS Graduates

April 24th TBD
Open Mic Night

April 28th
Last day to drop with a W

May

May 2nd 3pm-6pm
Foster Care Awareness Festival

May 6th
Fall priority Registration

May 8th 4pm-8pm
Honors Night (Invitation Only)

May 14th 2pm-3:30pm
Expressive Arts

May 17th 12pm-2:30pm
EOPS & GS Grad Celebration

May 20th-25th
Finals Week + Special Programming

May 27th
Memorial Day (Holiday) Campus Closed

June

June 8th 8:30am-3pm
Cabrillo Aquarium Field Trip

Spring 2019

April

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May

S	M	T	W	T	F	S
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Key

Academic/Program Reminders
Workshops
Events/Socials
Volunteer Opportunities
Campus Tours
Special Event
Holidays

January

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

March

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Events at a Glance

February

February 14th: Knots of Love (Service Learning Opportunity)

11:00am-1:00pm Student Center Lounge

We will be making no-sew knotted fleece blankets and cards for children in need. All supplies will be provided. *Must attend for 90 minutes for event credit.*

February 26th: Relationship Roundtable (Workshop)

4:00pm-5:30pm Guardian Scholars Drop-in Center

Join us for a real talk conversation about healthy relationships and loving yourself.



March

March 8th: CSU Long Beach Campus Tour

8:30am-2:30pm Meet in front of Watson Hall

Join us for a day of exploring CSULB. We will learn about the campus, support programs, and the transfer process. Lunch and transportation will be included.

**Please be on time—we don't want to leave without you!*

March 14th: Spring Picnic

11:30am-1:30pm Horticulture Gardens

Come and celebrate spring with a picnic in the horticulture gardens on campus. Lunch, outdoor games, and good times will be provided. *Must attend for 90 minutes for event credit.*

March 20th: Strengths Finders 2.0 (Workshop)

9:00am-10:30am Watson Hall 262

Discover your strengths and learn how to use your greatest natural talents to get the most out of your life. **Please RSVP a week in advance; you will have to do an assessment BEFORE attending the workshop*

April

April 2nd: Study Like a Pro (Workshop)

10:00am-11:30am Watson Hall 3rd Floor Conference Room

Learn helpful study tips to set you up for success in your finals. It's never too early to start!

April 17th: Money 101 (Workshop)

2:00pm-3:30pm Watson Hall 3rd Floor Conference Room

Cristina and Kathy will share about their personal experiences making a budget, doing financial planning, and dealing with debt. Learn practical skills and tools for managing your money \$\$\$

April 24th: Student Equity Open Mic Night

Time and Location TBD

Professional and amateur speakers, musicians, and spoken word artists will be putting their talents on display.



April Special Events for Graduating Scholars *2018-2019 Graduates ONEL*

April 22nd-25th Cap Decorating Week

9:00 am-5:00pm (Mon-Thurs) Guardian Scholars Drop in Center

Come by the office throughout the week to personalize your cap for graduation. We will be providing all the decorating supplies needed!

April 26th: Graduate Pictures

1:00pm-4:00pm Various Locations on Campus

Join us for an afternoon of pictures with professional photographers. We will be ta throughout campus. Refreshments will be provided. Sign up for your time slot the first week of April. We will be doing group shots from 2:00-3:00—plan to be on campus during that time.

Please RSVP ahead of time for these events



May

May 2nd: Foster Care Awareness Festival

1:00pm-6:00pm OCC Quad & Student Center Lounges

Help us kick off Foster Care Awareness Month with our annual Dunk-a-Dean dinner, and a special guest speaker. You won't want to miss out!

May 14th: Expressive Arts (Workshop)

2:00pm-3:30pm Horticulture Gardens

Explore the use of artistic techniques to express your hopes, fears, and other feelings. All supplies will be provided.

May 17th: EOPS & GS Graduation Celebration

12:00pm-2:30pm Student Center Lounge

2018-2019 Graduates ONEL Join us as we celebrate your accomplishments! The event will include an award ceremony, lunch, and photo opportunities.

June

June 8th: Cabrillo Aquarium Field Trip

8:30am-3:00pm Meet in front of Watson Hall

Celebrate the end of the school year with a fun and educational trip to the Marine Aquarium in San Pedro. Transportation, admission, and lunch will be provided.

**Please be on time—we don't want to leave without you!*



**Unless otherwise stated, you must attend the entire event to receive event credit. Events are open to current Scholars only.*

Sample Curricula/ Event Planning Guides



- Healing Centered Programming
- Financial Literacy
- Strategic Sharing
- Foster Care Awareness Month
- Identity Theft
- *and more to come!*



NextUp Programming and Events



- Academic Workshops & Academic Calendar Events
- Personal Development Workshops
- Service Learning/Volunteer Opportunities
- Community-building Social Events
- Seasonal/holiday Celebrations
- Online, Self-paced/Self-guided Learning
- University Tours
- Pride Events
- Multicultural Experiences
- Field Trips
- Study Abroad
- *and more!*



Top 5 Tips for Effective Programming and Events



- Collaborate
- Be intentional and strategic
- Remember your audience
- Your students are a resource
- No Eating, No Meeting

