

Turning Dreams into Degrees-Train-the-Trainer

Education Course 2:

Supporting Successful Transitions

from High School to College

November 2022

Today's Presenters



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Associate Director of Education

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Youth (JBAY)



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Education Project Manager

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Education Course 2 Trainer's Notes

- Target audience: Caregivers in California with foster youth in their care between 11th - 12th grade.
- Caregivers: Resource Families, FFA staff or STRTP staff
- Delivery: In-Person or Virtually

Turning Dreams into Degrees - Education Course 1 (grades 6-10): jbay.org/resources/education-course-1/

Education Course 2 Materials

- Available at: jbay.org/resources/education-course-2/
 - Powerpoint slides and detailed trainer notes (available in English and Spanish) with embedded engagement opportunity instructions.
 - Trainer's Guides
 - Special Considerations for Facilitating in Spanish
 - 1-hour train-the-trainer for <u>returning</u> facilitators that highlight 2022 updates.
 - Caregiver supporting materials

Current Caregiver Supporting Materials (Nov 2022)

- Foster Youth Educational Planning Guide
- Financial Aid Guide for California Foster Youth
- Educational Pathways
- The Big Differences Between High School and College
- Online College and Career Readiness Tools
- School Stability, Enrollment, and High School Graduation Rights of Foster and Probation Youth
- LA County College Planning Resources
- Educational Planning Support and Resources
- Foster Youth Benefits Eligibility Chart (updated!)
- Youth and Supporting Adults Career Planning Guide
- Student Vignette

Caregiver Supporting Materials (Jan 2023)

- Postsecondary Educational Planning Guide
- Financial Aid Guide for California Foster Youth + other helpful financial aid resources
- Foster Youth Benefits Chart
- OYC Fostering Careers Guide for youth and Supportive Adults
- Student Vignette

Training Breakdown and Timing

Education Course 2	Time
Section I: Welcome & Introduction	5 mins
Section II: Why College?	6 mins
Section III: A College Path for Everyone	14 mins
Section IV: Resources on College and Career Exploration	13 mins
Section V: 11 th & 12 th Grade Educational Planning Milestones	16 mins
Break [One 10-minute or two 5-minute breaks – May vary as needed]	10 mins
Section VI: Reflection and Applying to College	14 mins
Section VII: Paying for College	32 mins
Section VIII: Setting Up Foster Youth for College Success	12 mins
Section IX: Closing- handouts, vignette, and reflection	2 mins
Q & A [Either throughout the training or at the end]	10 mins

NOTE: The time allotted for Education Course 2 does not accommodate the implementation of *every* activity. Facilitator's must select which activities they wish to utilize for the remaining 45 minutes.

Local and Statewide Content

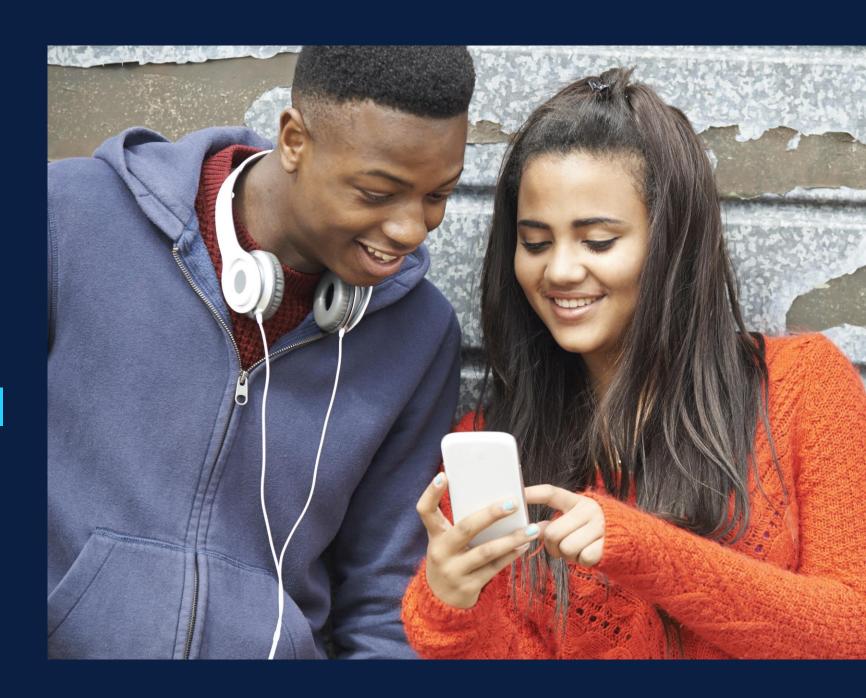
The following slides should be updated with local resources and contact information:

- Independent Living Program (Ed. Course 2, slide 74)
- COE Foster Youth Services Coordinating Program (Ed. Course 2, slide 73)
- For LA County facilitators, there is also a "LA County College Planning Resources" document. (Ed. Course 2, slide 73)

John Burton Advocates for Youth

Foster Parent College Updates

- Spanish subtitles for Preparing Teens for Postsecondary Education Part 1 is expected to available by first quarter of 2023.
- Foster Parent College: Preparing Teens for Postsecondary Education Part 2 will be available by the end of 2022
- Preparing Teens for Postsecondary
 Education Part 2 will also be available on the JBAY Curriculum website



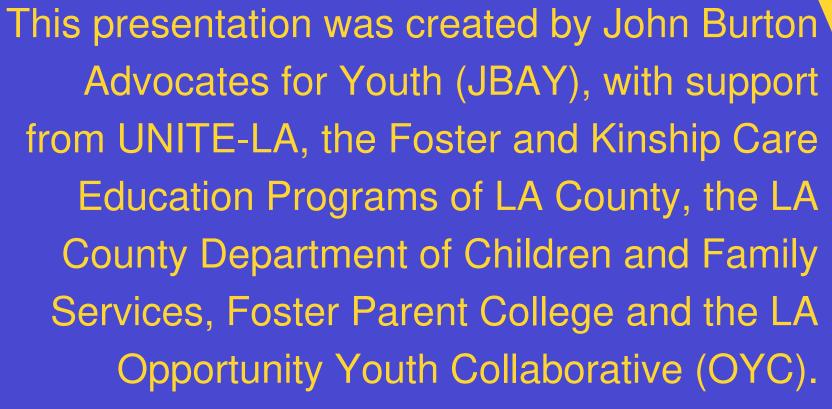
Acknowledgements Acknowledgements from



JOHN BURTON Advocates for Youth







This curriculum is part of an overall strategy within the LA OYC's Foster Youth College Advancement Project initiative, led by JBAY, to increase postsecondary attainment for foster youth.



Foster and Kinship Care Education



Today's Learning Objectives

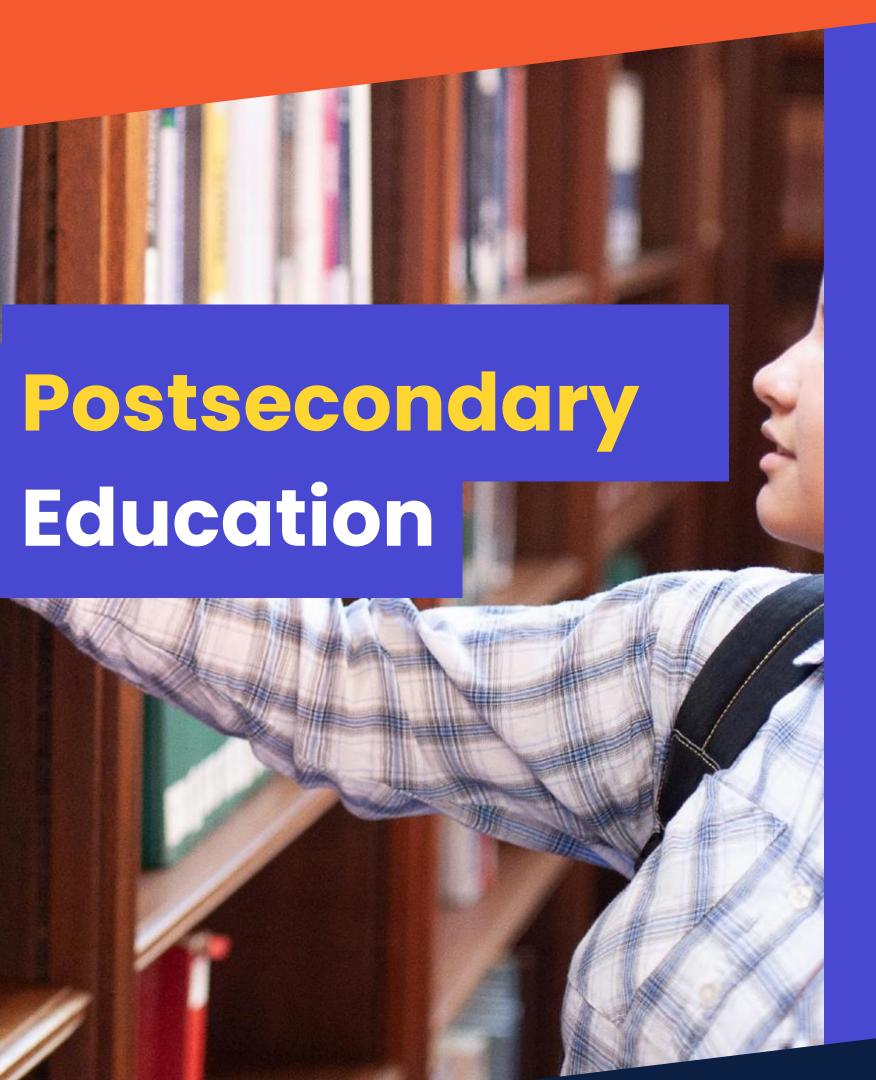
- Explain the benefits of postsecondary education
- Identify resources to help students explore their career interests and higher education options.
- Describe key educational planning milestones between
 11th -12th grade
- Explain key steps and resources for applying for college and financial aid
- Describe specific resources, benefits and supports available to help foster youth achieve their postsecondary educational goals





Found here:

www.jbay.org/resources/edcourse2-materials/



Any formal education after high school

Understanding what is at stake for our youth collece?

Median Annual Salaries, by Education Level

\$50,100

High Associate school Degree Diploma (2-year degree)

\$65,400

Bachelor's
Degree
(4-year degree)

Education Pays Off

This translates to \$1 MILLION more over your lifetime!

Source: College Board, "Education Pays 2019"

Education Pays Off in Other Ways...



Lower unemployment rates



Improved health outcomes



Increased volunteering, voting and lower rates of incarceration



Greater
likelihood of
one's children
attending
college



Increased career satisfaction

What percentage of foster youth in California...

Question 01

Want to go to college?

Answer 01

91%

Question 02

Enroll in college?

Answer 02

52%

Question 03

Earn a 2-year or 4-year degree?

Answer 03

10%



The single most important factor influencing a positive outcome for youth is a...



lasting relationship with a caring, engaged adult.

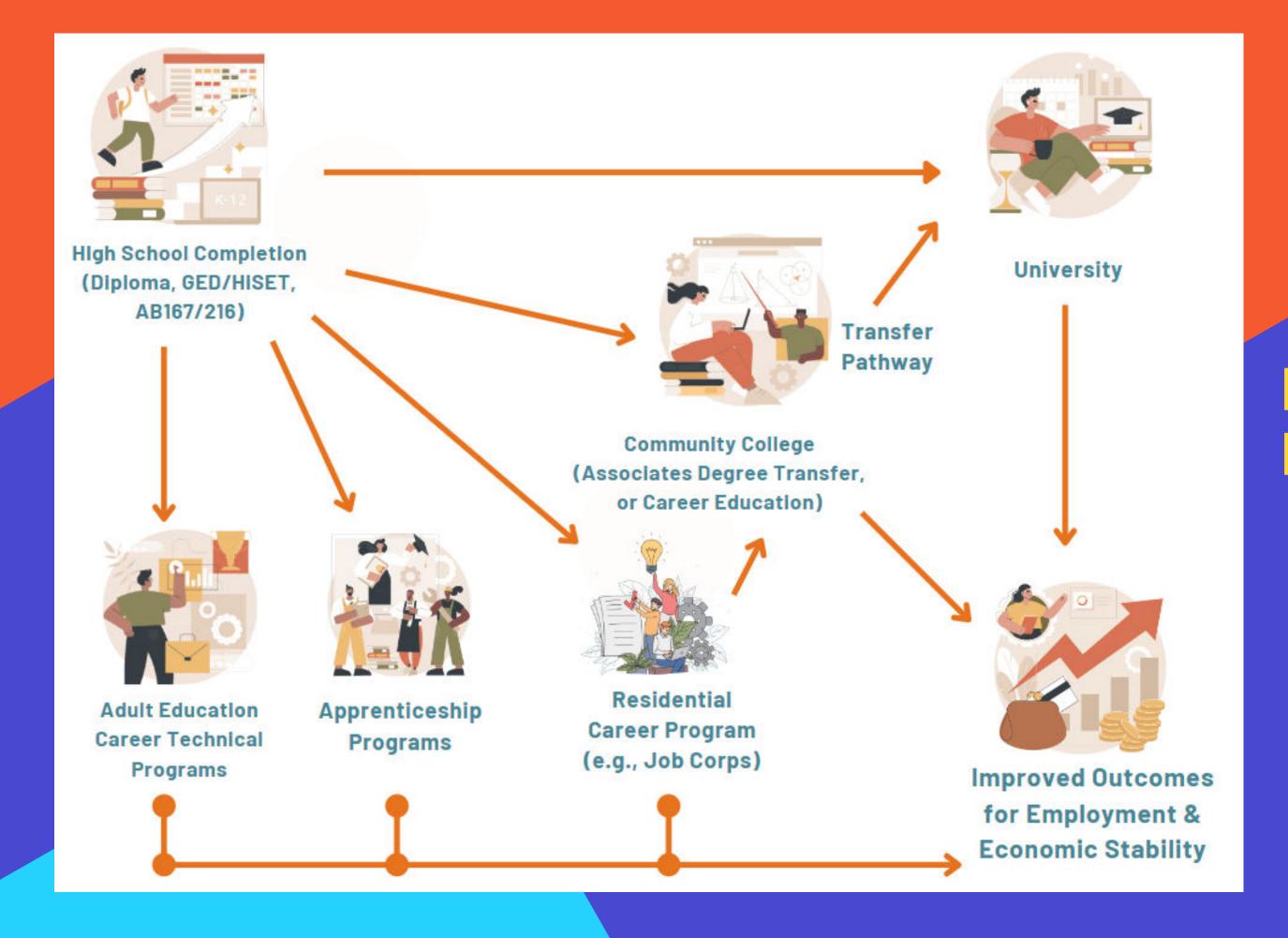
Reflection

How often are you talking to the youth in your care about college?

- a. Daily
- b. Every Week
- c. Monthly
- d. Once a Year
- e. Never



A college Path for Everyone Understanding available higher education options



Educational Pathways

Difference Across Colleges and Universities

	University of California (UC) or California State University (CSU)	Private University	Out-of-State Universities	California Community College (CCC)
Admissions Requirements	 Selective admissions: A-G Requirements Academic GPA Personal Statement (UC Only) SAT/ACT no longer required 	 Selective admissions: A-G Requirements Academic GPA Personal Statement May require SAT/ACT May request Letters of Recommendation 	 Selective admissions: A-G Requirements Academic GPA May request a Personal Statement May require SAT/ACT May request Letters of Recommendation 	 Open access colleges: HS Diploma not required No minimum GPA No personal statement No SAT/ACT required

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Room & Board	Priority access to campus housingAccess to meal plans	Access to campus housingAccess to meal plans	Access to campus housingAccess to meal plans	Campus housing and meal plans are not typically available

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Room & Board	Priority access to campus housingAccess to meal plans	Access to campus housingAccess to meal plans	Access to campus housingAccess to meal plans	- Campus housing and meal plans are not typically available
Degrees Offered	Bachelors (Arts or Sciences)MastersDoctorate	Bachelors (Arts or Sciences)MastersDoctorate	 Bachelors (Arts or Sciences) Masters Doctorate 	 Certificate Associate of Arts, Science or Applied Science Associate Degree for Transfer (ADT) 17 bachelor programs

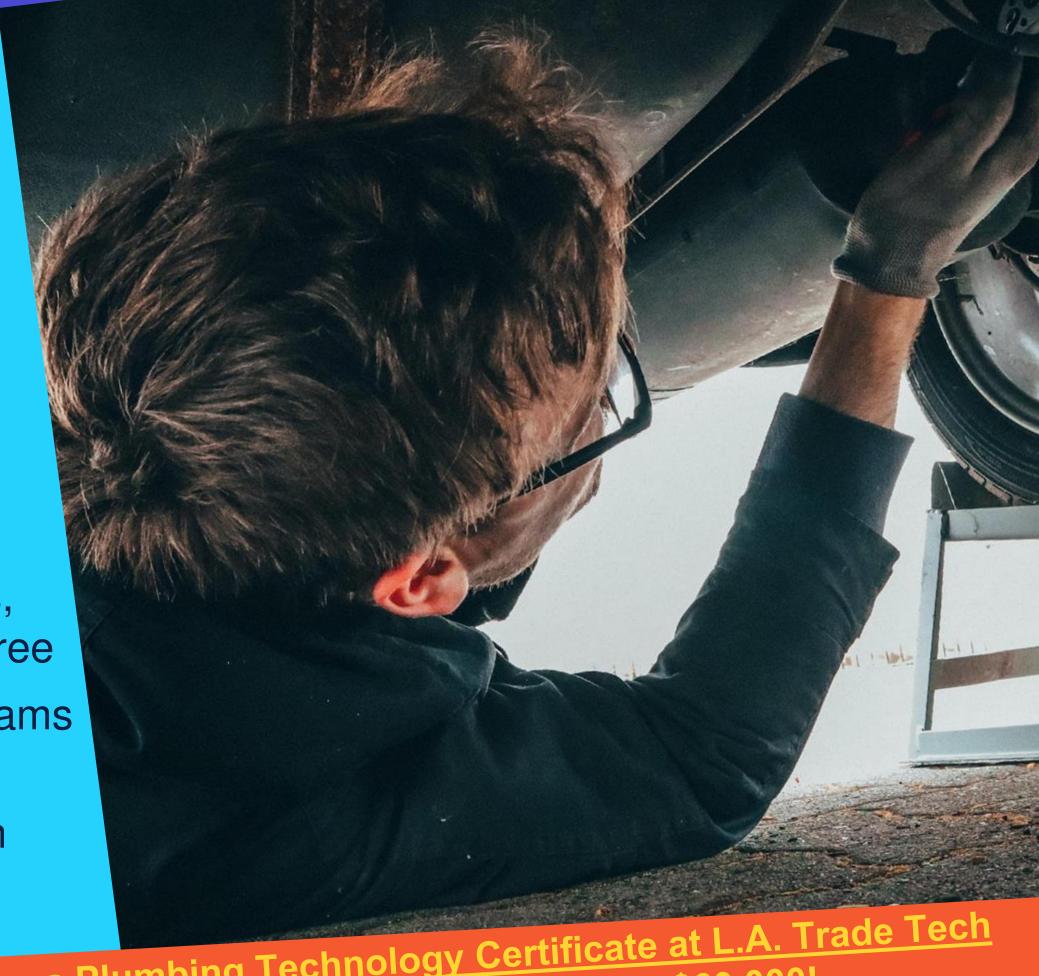
Out-of-State Colleges and Universities

- Typically, more expensive than in-state public universities (i.e., CSU or UC)
- Financial aid and interstate tuition savings programs, such as the Western University Exchange (WUE), may be available
- Can provide a new environment or be culture shock without a safety net
- Admissions processes, housing options, classes sizes and resources for foster youth vary



Career & Technical Education (CTE)

- Can be shorter programs (ex: 12-18 months)
- High-quality, career-focused programs leading to good-paying jobs
- Financial aid is available
- Many are offered at community colleges, which foster youth can often attend for free
- Adult Education Career Technical programs offer range of options
- Job Corps is a free residential education and job training program



Apprenticeship Programs

- 91% of apprentices retain employment after completing the apprenticeship
- Students earn an income while learning a trade
- Participants receive industry recognized credentials and can work towards a degree
- Students connect with mentors in a chosen industry
- Some programs may require an aptitude test and most require English proficiency



Learn more about apprenticeship programs by visiting:

Www.dir.ca.gov/das/das.html



WARNING!

Proprietary or For-Profit (Private) Vocational Schools

- Cost significantly more than similar community college programs
- High rates of student debt
- Poor job outcomes
- Some are under federal investigation
- Use extreme caution before enrolling and ensure the school is accredited

Encourage direct college thool enrollment from high school enrollment from high school Resources on college and coreerexploration

Build rapport with a PACE Attitude

Attitude is Everything



Engaging Youth in Career Exploration

Career Conversation Starters:

- Do you find it easy or difficult to think about yourself in the future? What might make it easier?
- What are some of your talents/skills/strengths (try to think of 3-5)?
- How would your best friend describe you?
- What is one thing that makes you excited about your future? Makes you worry about your future?
- What careers or jobs have you heard about? Which ones would you like to know more about?
- What are some activities you enjoy doing in your down time?

Opportunity Youth Collaborative

 Youth Career Guide & Caregiver Companion Guide

Career Activities:

- www.cccmypath.org
- www.myplan.org
- www.cacareerzone.org
- www.gladeo.org

What's your plan?



Discover Possibilities



Explore Industry
Sectors



Your Career Hub



When engaging in Career Exploration, youth must consider the following:

- Earnings vs. cost of living and lifestyle needs
- Education requirements and costs
- Projected industry growth





<u>livingwage.mit.edu</u>

Learn what the cost of living is in your community & what you need to earn using the Living Wage Calculator.



www.cacareerzone.org/budget/

Customize your lifestyle to determine how much you will need to earn based on your preferences.



salarysurfer.ccco.edu

Explore the real earnings of California Community College graduates by program type



Use storytelling or personal anecdotes

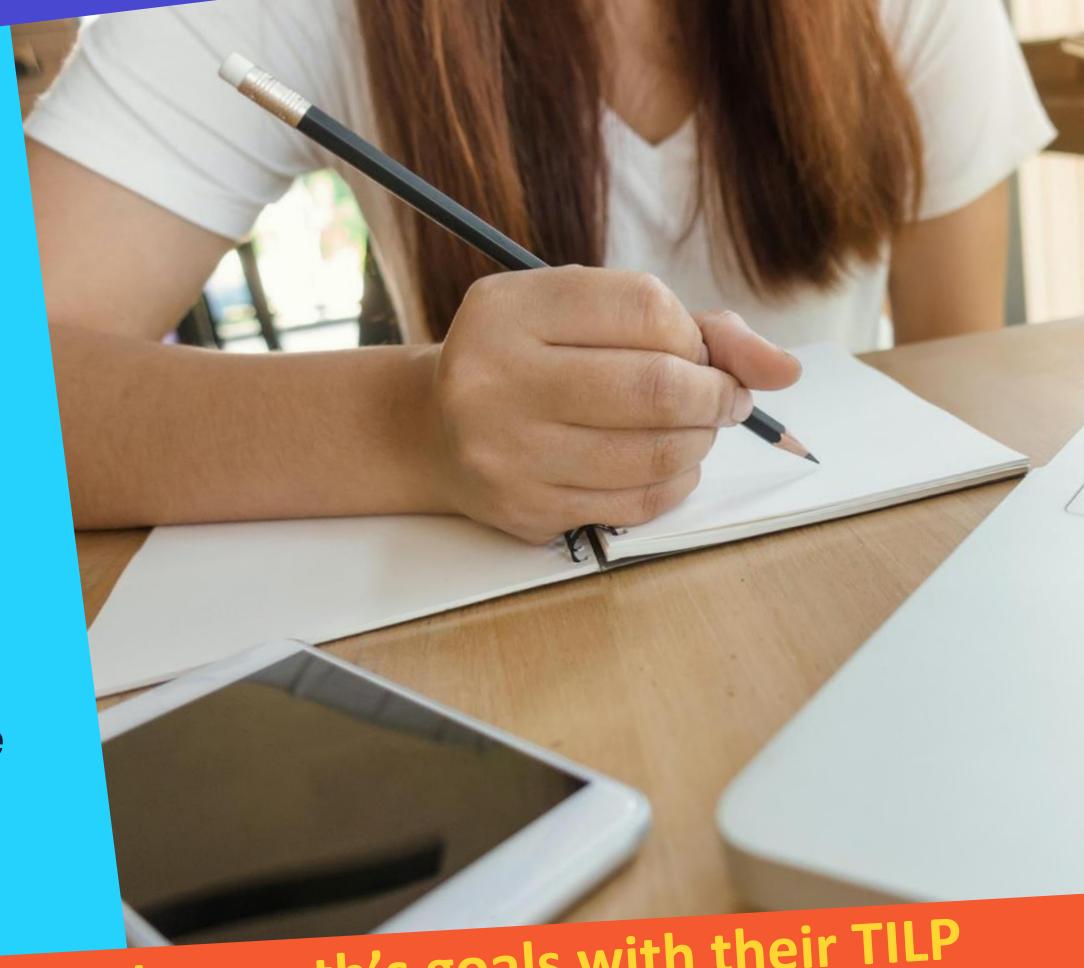
Stick to the facts

Question vs. Advice



Goal Setting

- Include short- and long-term goals
- Explore potential barriers
- Discuss what will motivate youth to keep going
- Identifying supports at each stage
- Youth may be in survival mode



Tip: Coordinate the youth's goals with their TILP

Education Planning Milestones Helping toster youth chart a course to their college pathway.

Foster Youth Postsecondary Education Planning Guide

Use the Foster Youth
 Postsecondary
 Education Planning
 Guide for step-by-step
 information on how to
 prepare and apply to
 college



Every youth is diffe

Every youth is different.

Meet youth where they are at.

Educational Planning Milestones: Grade 11

Career Exploration and Readiness:

Take career assessments

Sign up for electives, extracurriculars or volunteer

Gather Right to Work Documents

Get a summer job or paid internship

Building College Knowledge and Readiness: Enroll in dual enrollment courses

Visit a college campus

Take the SAT or ACT & get a Fee Waiver

Join an academic enrichment program

Academics:

Meet with an academic counselor

Enroll in "A-G" courses

Maintain regular attendance

Seek tutoring as needed

Educational Planning Milestones: Grade 12

Make sure the student is on track to graduate & explore "AB 167/216" requirements

AB 167/216 exempts foster youth who transfer schools any time after completing their second year of high school from local graduation requirements if they would not be able to reasonably meet these additional local requirements.

Students receive
the same
graduation
diploma, but do
not fulfill the "AG" requirements.

Educational Planning Additional HS Graduation Pathways

Enroll in Summer School

Students have the right to remain for a 5th year of high school to complete units and retake courses

Continuation School Students work at their own pace to make up units and complete graduation requirements.

5th year of high school

Students can remain at their school to complete their diploma even after turning 19 years old

High School Equivalency Test

Students 18 years or older can enroll in a test preparation course through adult education or community college

Educational PlanningMilestones: Grade 12

Build upon the milestones in 11th grade:

Take or Retake the SAT or ACT & get a Fee Waiver (Optional)
Narrow down list of majors and potential colleges to apply to
Apply to college
Apply for financial aid
Connect with campus-based support programs and other resources

rime for a break!

Reflection

How do you feel about supporting youth with the college matriculation process? (i.e. college applications, financial aid applications, etc.?)



Identify a postsecondary support person

- Students may be scared, overwhelmed, confused or anxious about this process.
- Senate Bill 12 requires social workers and probation officers to identify a
 postsecondary support person to assist youth ages 16 or older with their
 college and financial aid applications.

That person could be you!

APPIVING to College

Tips for Applying to a CSU or UC

UC Application admissions.universityofcalifornia.edu
Aug. 1 – Nov. 30th

CSU Application
www2.calstate.edu/apply
Oct. 1 – Nov. 30th

Start preparing the summer before your senior year & review essays

Apply to up to 4 CSUs & 4 UCs for free with a fee waiver

Pay attention to college application deadlines

Self-identify as a foster youth on the application

Indicate if you want on-campus housing at each campus

Apply for EOP within the application



After Admission to a UC or CSU

- Consider costs and financial aid packages at campuses
- Submit Statement of Intent to Register (SIR).
- Take advantage of on-campus priority housing for foster youth.
- Utilize priority registration for foster youth.
- Connect with campus-based support programs and other community resources.

Tips for Applying to Private College and Universities

Deadlines Vary
Often January 1st

Many colleges utilize the "Common App."

www.commonapp.org

Admission requirements vary by college

Private schools are typically more expensive, but students may qualify for private institutional aid based on financial need and personal statements/essays.

Tips for Applying to CA Community Colleges

Deadlines Vary By College Open-access applications

Apply for free at www.cccapply.org in the Spring.

Self-identify as a foster youth on the application.

Apply for EOPS and other support programs.

Most qualify for an enrollment fee waiver via the CA College Promise Grant. Foster youth can maintain this waiver regardless of academic performance!

Complete orientation, assessment and education planning to access priority registration.

QUIZ!

Let's Practice what we have learned!

Understanding financial aid resources and orderstanding financial aid resources are also are also and orderstanding financial aid resources are also are also and orderstanding financial aid resources are also are also and orderstanding financial aid resources are also are Pallingfor College processes

Financial Aid Makes A Difference

High School seniors that complete the FAFSA are

63% more likely to enroll in higher education

Students receiving at least

\$57,500 in financial aid



49% transferred or graduated

Students receiving

\$1,000-\$2,000



17% transferred or graduated

What do you mean by "Financial Aid"?

Gift Aid (Free)



Grants = *FREE Money! Scholarships = *FREE Money! Fee Waiver = FREE Classes!

Work (Earn)

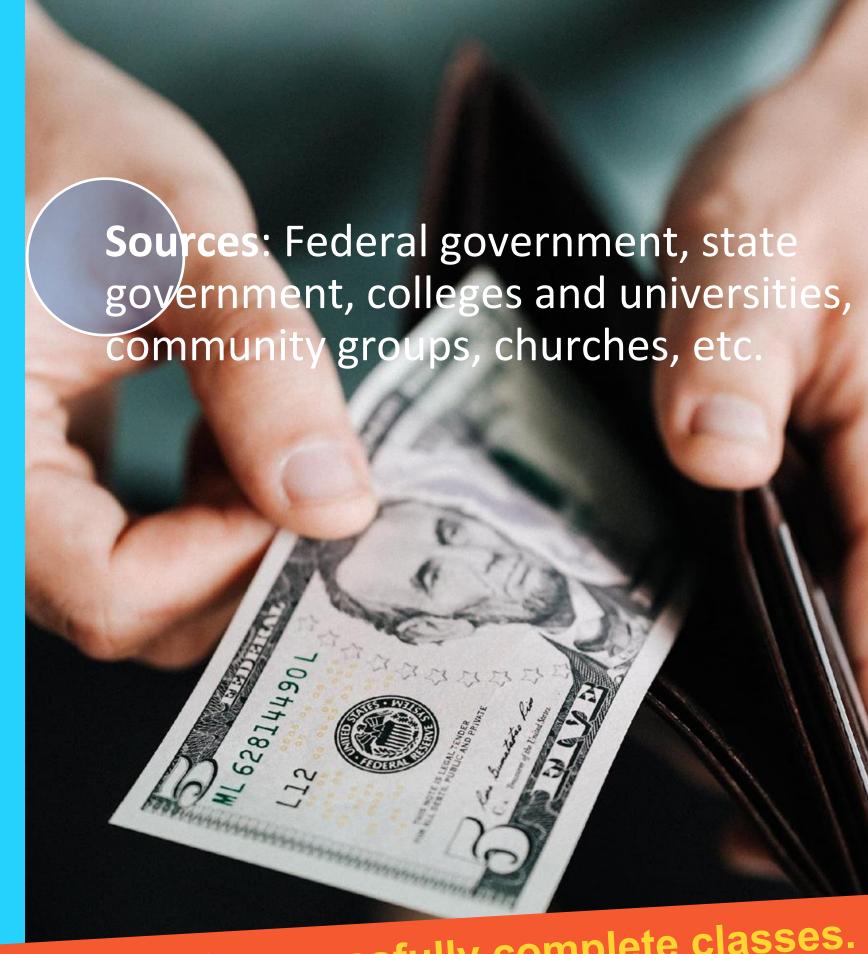


Work-Study = EARN a paycheck

Loans (Pay Back)



Loans = PAY BACK with interest



There is a lot of money available!

Examples of common financial aid award packages from 2022-23 for full-time students:

	CSU	UC	California Community College
Federal Pell Grant	Up to \$6,895	Up to \$6,895	Up to \$6,895
Cal Grant Foster Youth Access Award (non-tuition)	Up to \$6,000	Up to \$6,000	Up to \$6,000
Cal Grant Tuition & fees	Up to \$5,742	Up to \$14,218	
CA College Promise Grant tuition waiver			Approx. \$1,104 in value.
Chafee Grant	Up to \$5,000	Up to \$5,000	Up to \$5,000
FESOG	Up to \$800	Up to \$1,000	Up to \$400
Total:	\$24,437	\$33,113	\$19,399

Does not include AB12/SILP stipends students may be eligible to receive!

Three Steps to Maximizing Aid



Complete the FAFSA or CADAA (30-45 minutes)

Complete the Chafee
Grant application
(5-10 minutes)

Create a WebGrants
Account
(5 minutes)

How to Apply: Financial Aid Resources

Financial Aid Guide for California Foster Youth

FAFSA and CADAA Visual Step-by-Step Guides

Completing the FAFSA/CADAA: A How-To for Adult Supporters Webinar

After the FAFSA/CADAA Checklist

NEW Scholarship Resource Guide and more!

www.jbay.org/resources/financial-aid-guide/

How to Apply for Financial Aid If an applicant is:



Complete the Free Application for Federal Student Aid (FAFSA) at fafsa.gov.

An eligible undocumented **immigrant**

Determine eligibility and complete the CA Dream Act Application (CADAA) at dream.csac.ca.gov.

Special Immigrant Juvenile Status (SIJS)



Undocumented children involved in adoption or guardianship proceedings who have been abused, abandoned or neglected may be able to obtain SIJS and apply to become a lawful permanent resident (green card)

Students with a pending application are not eligible for federal financial aid

If undocumented, contact the child welfare agency to see if that is the right option for the youth

Definition of Need

Cost of Attendance

Student Aid
Index (SAI)
(previously
known as
Expected Family
Contribution)

Eligibility for Need-Based Aid

When to Apply for FAFSA or CADAA

Priority application period is October 1 – March 2nd before the start of the school year that you will begin college

Students can apply before they submit college applications

Some colleges may have earlier priority deadlines



What to Bring to Apply for Financial Aid

1. Social Security Number or Alien Registration Number [FAFSA]

Make sure students know their name exactly as it appears on their Social Security Card

2. Statewide Student Identifier number (SSID) [CADAA]

Recommended for CADAA applicants only

3. Email Address

Use an email address that students check often. Avoid high school emails that expire.

4. List of up to 10 colleges

Student can update this, if needed.

5. Student's tax or income info from the prior-prior year

If planning on attending school in 2023/2024, income will be requested for 2021.

Independent Student Status on the FAFSA

Current or former foster youth may qualify for "Independent Student Status" on the FAFSA or CADAA if they can answer "Yes" to any part of either of these two questions:

At any time since you turned age 13, were both your parents deceased, were you in foster care, or were you a dependent or ward of the court?

OR

Does someone other than your parents or stepparent have legal guardianship of you, as determined by a court in your state of legal residence?

Additional Special Considerations for Foster Youth

Foster youth <u>DO NOT</u> have to report the following information in the financial section:

- Extended Foster Care (AB 12) benefits, commonly known as SILP payments, even if SILP payments are sent directly to youth.
- Supplemental Security Income (SSI)

Foster youth should self-identify on the FAFSA by marking <u>YES</u> to the question:

"Are you a foster youth or were you at any time in the foster care system"

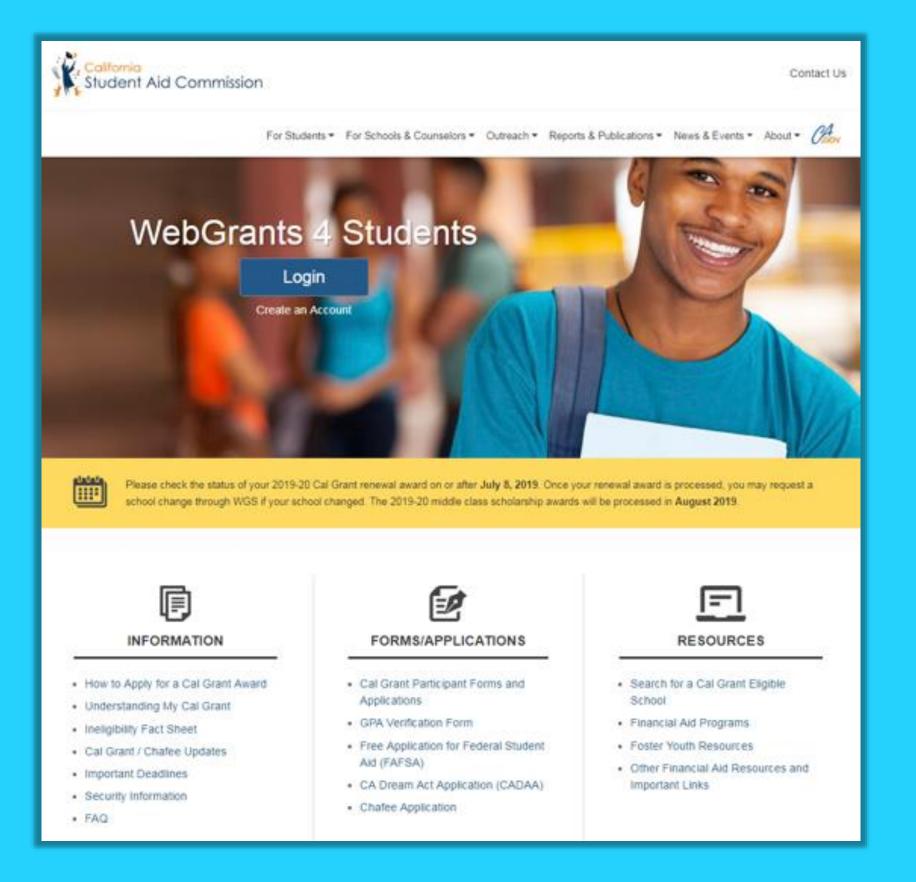


Apply for the Chafee Grant:

- After submitting the FAFSA or CADAA, first time applicants only must submit a separate Chafee Grant Application online at <u>chafee.csac.ca.gov</u>
- May receive up to \$5,000 for up to 5
 years (whether or not consecutive) until the
 age of 26
- Can be used in-state and out-of-state
- Can be used for CTE, 2-year or 4-year degree programs
- Must be a dependent or ward of the court at least one day between the ages of 16-18.

Create a Webgrants 4 Students Account

- Create an account at mygrantinfo.csac.ca.gov after the FAFSA or CADAA is processed (up to 2 weeks)
- Manage your California state financial aid (i.e., Chafee Grant and Cal Grant)
- Verify that your GPA has been received





After the FAFSA Checklist

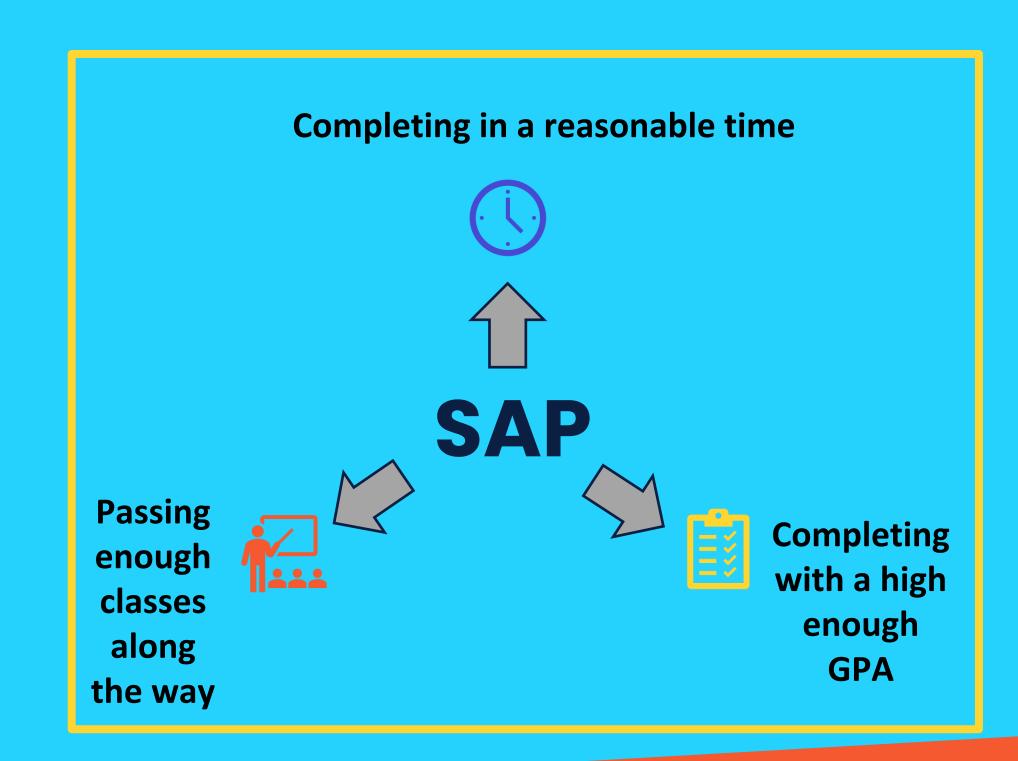




www.jbay.org/resources/financial-aid-guide/

Maintaining Financial Aid: Satisfactory Academic Progress (SAP)

Students who fail to meet their institution's SAP standards for two consecutive terms will lose eligibility for most financial aid.



Maintaining Financial Aid: Unit Load

Course Units	Instructional Time	Study Time	Total Time Commitment
1 unit	1 hour	2-3 hours	3-4 hours
3 units	3 hours	6-9 hours	9-12 hours
12 units Full Time	12 hours	24-36 hours	36-48 hours

Students should meet with an academic counselor to discuss their unit load <u>before</u> enrolling in classes.

"When I first started college, I didn't understand financial aid. I was told it's free money, but it comes with conditions. Now I owe \$993."

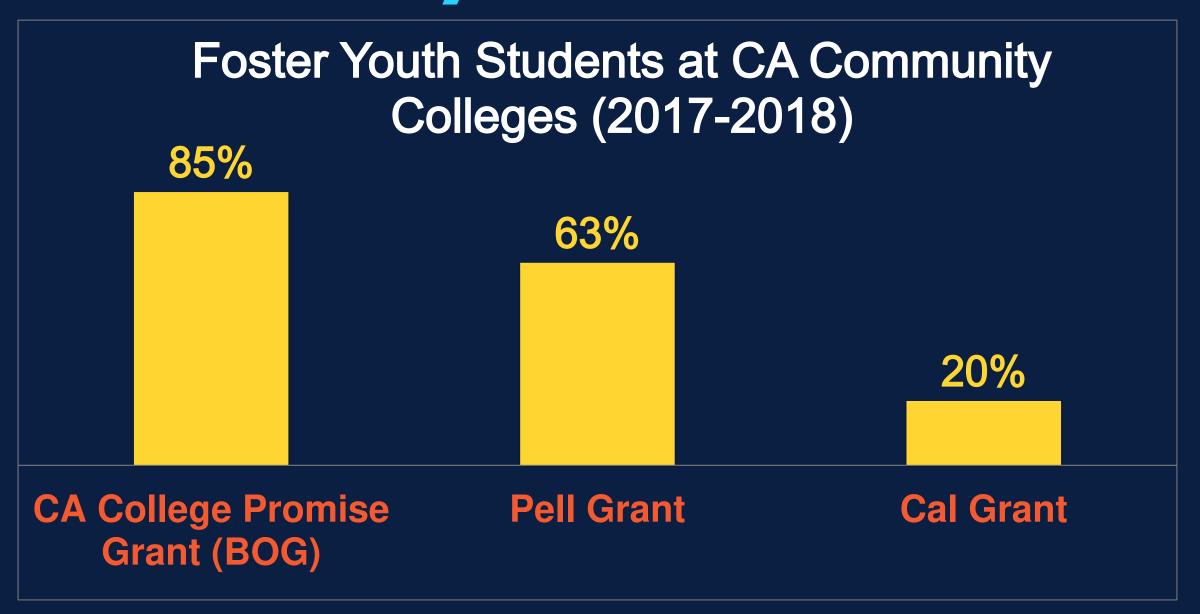
Why SAP matters?

- > Over 3 of foster youth fail to make SAP within their first year of college.
- For Black students, that rate rose to 42%!

Caregivers can:

- ☐ Educate students about these policies
- Connect students to resources early on, such as tutoring and support programs.
- Advise that students talk to a counselor before dropping any classes.

Financial aid helps, but do youth access it?



Let's Practice what we have learned!

seiting up Foster Youth Resources and supports for toster youth For College Success



Prevent Summer Melt & Encourage College Persistence

Be proactive not reactive

Connect to resources before high school graduation

Ensure a warm-handoff

Foster Youth Campus Based Support Programs

Foster Youth Success Initiative (FYSI)

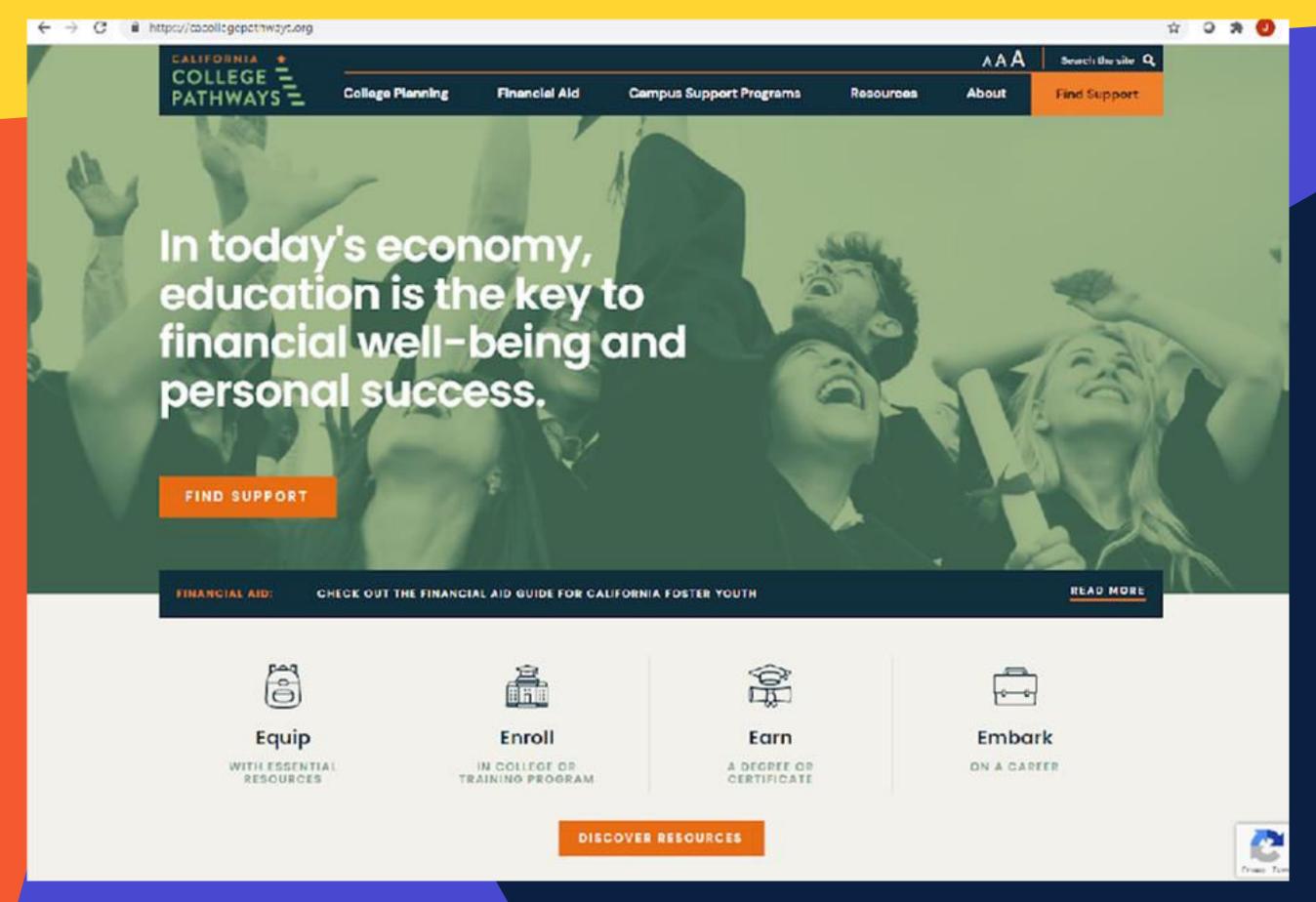
 At least one foster youth liaison at every CA community college

NextUp (CAFYES)

- Housed within EOP&S.
- In foster care on or after their 13th birthday, and under the age of 26.
- May enroll in less than
 9 units if there is an
 education plan to move
 the student into at least
 9 units.

Foster youth campus support programs

- Often go by Guardian Scholars, but names vary
- Found at most CCC's, CSU's, UC's and some private schools
- Program eligibility requirements and services will vary by school



www.cacollegepathways.org

General Campus Resources & Supports

EOP and EOPS

CalWorks & CARE

Counseling and psychological services

Student Disability Services

Basic Needs Centers

Tutoring

Cultural
Programming
and Student
Clubs

Rising Scholars

Dream Center

College Promise

Help is Available for careaivers

Resources available in the Foster Youth Postsecondary Education Planning Guide

- K-12 Education Supports
- Child Welfare Resources
- Community College Benefits
- CSU/UC Programs and Benefits

Help is Available at the K-12 Districts

- Academic Counselors
- Foster Youth District Liaison (AB 490 Liaison)
- County Office of Education Foster Youth Services Coordinating Program (FYSCP)

Independent Living Program (ILP)

Youth suitably placed in foster care or Kin-Gap between the ages of 16-18 may be eligible to receive ILP services. Please contact an ILP Transition Coordinator to determine eligibility.

ILP provides services related to postsecondary education, workforce development and housing.

Contact an ILP Transition Coordinator to learn more regarding resources and services available.

Visit jbay.org/resources/ilp-roster/ for ILP contact information by county.



Child and Family Team Meeting (CFTM)

The CFTM can be used to make a plan to support foster youth in reaching their college and career goals and get connected to supports and resources. Let's practice what we have learned!

Resources

w.jbay.org/res/ces/edcourse2
aterials

- Foster Youth Postsecondary Education Planning Guide
- Financial Aid Guide for California Foster Youth and other helpful resources
- Scholarship Resources for California's Current and Former Foster Youth
- Foster Youth Benefits Eligibility Chart
- L.A. OYC's Supportive Adults Guide for Career Readiness
- L.A. OYC's Youth Career Guide
- School Stability, Enrollment and High School Graduation Rights of Foster Youth (Alliance for Children's Rights)





Discuss as a group how you would handle the student scenarios. Identify one person to report-out to the larger group.

Reflection

What is at least one thing that you will do differently with your youth within the next 30 days?



You.

