November 15, 2022

Turning Dreams Into Degrees

2022 Train the Trainer Changes and Updates

JBAY | JOHN BURTON Advocates *for* Youth

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Things to Know

1 The session is being recorded and will be posted on www.jbay.org.

2 All attendees are muted for the session.

3 Place questions in the Q/A so a transcript can be issued with webinar materials.

4 A copy of the presentation and a link to the recording will be sent out to registrants.

5 Audience members can enable closed captioning through the menu bar on your screen.

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Course Materials and Timing

Course Materials

Turning Dreams into Degrees - Education Course 1:
jbay.org/resources/education-course-1/

Turning Dreams into Degrees - Education Course 2:
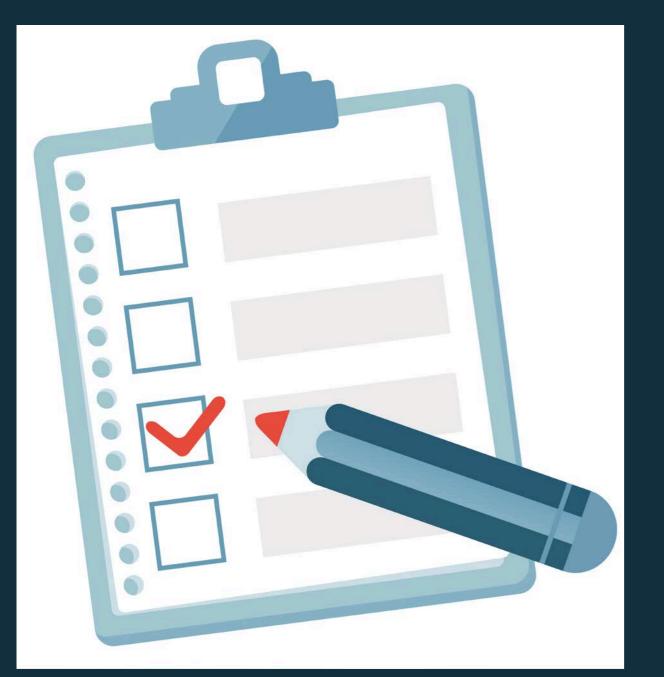jbay.org/resources/education-course-2/

Course materials include:

1. Updated Powerpoint slides and detailed trainer notes (available in English and Spanish) with embedded engagement opportunity instructions.
2. Trainer's Guides
3. Special Considerations for Facilitating in Spanish
4. Full length train-the-trainer for new trainers **(Coming 11/23)**
5. Caregiver Supporting Materials

Caregiver Supporting Materials

Handouts located on Turning Dreams Into Degrees Caregiver Supporting Materials

- Financial Aid Guide for California Foster Youth
- School Stability, Enrollment, and High School Graduation Rights of Foster and Probation Youth
- Activities to Inspire Youth to Pursue Postsecondary Education
- The Big Differences Between High School and College
- Online College and Career Readiness Tools
- Educational Pathways
- Helping Youth Develop Skills to Succeed in High School (and beyond): Tips for Caregivers Educational Planning Supports and Resources
- LA County College Planning Resources
- Foster Youth Benefits Eligibility Chart (updated!)
- Supportive Adults Guide to Career Planning

Handouts are consolidated in the updated Foster Youth Postsecondary Education Planning Guide

Foster Youth Postsecondary Education Planning Guide covers topics including:

- Benefits of Postsecondary

- Postsecondary Pathways

- How to Be an Education Champion

- Foster Youth Educational Rights

- College and Career Exploration

- High School Transition Planning

- Grade specific Checklist (9th – 12th)

- Transition Planning for Postsecondary

- Statewide Resources

Will be released by January 1st, 2023

Additional Caregiver Supporting Materials

- **Financial Aid Resources**
  - Financial Aid Guide for Foster Youth (English and Spanish)
  - Visual Step-by-Step Guide for California Foster Youth for FAFSA and CADAA Completion
  - Scholarship Resources for California's Current and Former Foster Youth (NEW!)
  - Completing the FAFSA/CADAA: A How-To for Adult Supporters of Foster Youth
  - And more!

- **FY Benefits Chart**
  - Identifies eligibility requirements for benefits available for current and former foster youth

- **Fostering Careers**
  - Career readiness guide for youth and adult supporters introducing tips and tools for job readiness and career exploration.

Training Breakdown and Timing

Education Course 1	Time
Section I: Welcome & Introduction	10 mins
Section II: Why College?	23 mins
Section III: What Unique Barriers do Foster Youth Face in Higher Education?	8 mins
Section IV: What is the Impact of Trauma on Educational Performance and Outcomes?	15 mins
Section V: How Caregivers Can Make a Difference	20 mins
Break [One 10-minute or two 5-minute breaks – May vary as needed]	10 mins
Section VI: A College Path for Everyone	13 mins
Section VII: Resources on College and Career Exploration	24 mins
Section VIII: Educational Planning Milestones	12 mins
Section IX: Help is Available for Caregivers	6 mins
Section X: College is Possible!	4 mins
Section XI: Closing Vignettes, Youth Video and Reflection	25 mins
Q & A [Either woven in throughout or addressed at the end]	10 mins

Training Breakdown and Timing

Education Course 2	Time
Section I: Welcome & Introduction	5 mins
Section II: Why College?	6.mins
Section III: A College Path for Everyone	14 mins
Section IV: Resources on College and Career Exploration	13 mins
Section V: 11th & 12th Grade Educational Planning Milestones	16 mins
Break [One 10-minute or two 5-minute breaks – May vary as needed]	10 mins
Section VI: Reflection and Applying to College	14 mins
Section VII: Paying for College	32 mins
Section VIII: Setting Up Foster Youth for College Success	12 mins
Section IX: Closing- handouts, vignette, and reflection	2 mins
Q & A [Either throughout the training or at the end]	10 mins

NOTE: The time allotted for Education Course 2 does not accommodate the implementation of _every_ activity. Facilitator's must select which activities they wish to utilize.

Local and Statewide Content

The following slides should be updated with local resources and contact information:

- **Independent Living Program (Ed. Course 2, slide 74)**

- **COE Foster Youth Services Coordinating Program (Ed. Course 1, Slide 65 and Ed. Course 2, slide 73)**

- **For LA County facilitators, there is also a "LA County College Planning Resources" document. (Ed. Course 1, Slide 65 and Ed. Course 2, slide 73)**

Legislative and Policy Updates

Turning Dreams Into Degrees Education Course 1& 2

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Legislative and Policy Updates

- **Cal Grant Access Award (up to $6,000):** Now available for use at any qualified private college in California as well as any CSU, UC or California community college. (Ed. Course 2, Slide 49, Foster Youth Benefits Chart)

- **NextUp expansion:**
  - Must have been in care at least one day after the age of 13
  - Can participate if the student first enrolls before the age of 26
  - Can enroll with less than 9 units if there is an education plan to move enroll in 9 units in a subsequent semester
  - Currently at 46 campuses and expanding statewide. Funding expected to be released in January 2023. (slide 69)

Legislative and Policy Updates

- **Campus support programs at CSUs and UCs:** Dedicated public funding was established for the first time ever for foster youth support programs at the CSUs and UCs allowing for more sustainable and robust programming. (slide 69)

- **SAT/ACT Changes:**
  - The SAT and ACT are no longer required for admission at the CSUs and UCs, however some private colleges and universities, or out-of-state college may still require this exam.
  - The SAT or ACT may still be submitted to help with English and Math course placement at the CSUs. (slides 16, 33)

NEW CONTENT

Turning Dreams Into Degrees Education Course 1& 2

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NEW CONTENT
Turning Dreams Into Degrees

Turning Dreams into Degrees

Education Course 1

- ❑ Are they Former Foster Youth?
- ❑ Encouraging A Growth Mindset
- ❑ Postsecondary Pathways
- ❑ Differences Across College and Universities
- ❑ Apprenticeship Programs
- ❑ Career Exploration: Conversation Starters
- ❑ Additional HS Graduation Pathways (35)
- ❑ There is a lot of Money Available (49)
- ❑ Maintaining Financial Aid: Unit Load (63)

Education Course 2

Colin Kaepernick, Former NFL Quarterback Attended University of NV

Dr. Daisy Gonzalez Interim Chancellor, California Community Colleges

Faith Hill, Singer Attended Hinds Community College

Steve Jobs, Co-Founded of Apple, Attended Reed College

Simone Biles, Olympic Gold Medalist, Attending University of the People

Encouraging a Growth Mindset

Help youth reframe perceptions of their academic abilities

Encourage patience with the learning process

Reflect back to the youth their strengths and positive traits you have observed

Patience is key – many youth are in "survival mode"

If you are hearing this from a youth…	Try one of the following responses to help develop and maintain a growth mindset.
I am not smart enough to do this.	Being smart does not mean learning comes easy or you can do things by yourself all the time. Being smart means you use the tools and resources available to you for learning. That may mean asking for help sometimes.
This is too hard. I can't do this.	When something feels hard, it means we are challenging ourselves and our thought process to grow in new ways. I know with time and practice you will be successful. How can I help?
I will never be able to get this.	Remember to be patient with yourself. Just because you do not understand this yet does not mean you will never understand it. Who can we ask for help?
I totally failed. I am so dumb.	Learning from our mistakes can lead to future success. Let's see what we can learn from this experience to help us be successful next time.

High School Completion (Diploma, GED/HISET, AB167/216)

University

Transfer Pathway

Community College (Associates Degree Transfer, or Career Education)

Adult Education Career Technical Programs

Apprenticeship Programs

Residential Career Program (e.g., Job Corps)

Improved Outcomes for Employment & Economic Stability

Educational Pathways

Difference Across Colleges and Universities

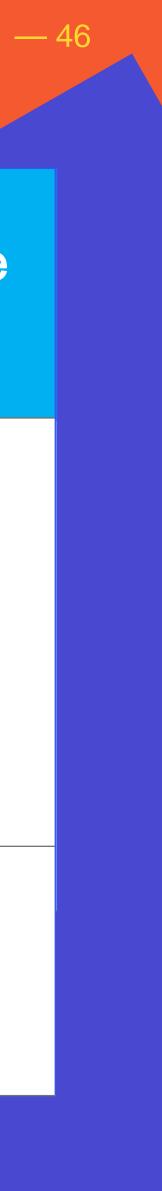|	University of California (UC) or California State University (CSU)	Private University	Out-of-State Universities	California Community College (CCC)
Admissions Requirements	Selective admissions: - A-G Requirements - Academic GPA - Personal Statement (UC Only) - SAT/ACT no longer required	Selective admissions: - A-G Requirements - Academic GPA - Personal Statement - May require SAT/ACT - May request Letters of Recommendation	Selective admissions: - A-G Requirements - Academic GPA - May request a Personal Statement - May require SAT/ACT - May request Letters of Recommendation	Open access colleges: - HS Diploma not required - No minimum GPA - No personal statement - No SAT/ACT required

Difference Across Colleges and Universities

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Room & Board	- **Priority access to campus housing** - **Access to meal plans**	- **Access to campus housing** - **Access to meal plans**	- **Access to campus housing** - **Access to meal plans**	- **Campus housing and meal plans are not typically available**

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Room & Board	- Priority access to campus housing - Access to meal plans	- Access to campus housing - Access to meal plans	- Access to campus housing - Access to meal plans	- Campus housing and meal plans are not typically available
Degrees Offered	- **Bachelors (Arts or Sciences)** - **Masters** - **Doctorate**	- **Bachelors (Arts or Sciences)** - **Masters** - **Doctorate**	- **Bachelors (Arts or Sciences)** - **Masters** - **Doctorate**	- **Certificate** - **Associate of Arts, Science or Applied Science** - **Associate Degree for Transfer (ADT)** - **17 bachelor programs**

Apprenticeship Programs

- 91% of apprentices retain employment after completing the apprenticeship

- Students earn an income while learning a trade

- Participants receive industry recognized credentials and can work towards a degree

- Students connect with mentors in a chosen industry

- Some programs may require an aptitude test and most require English proficiency

Average annual income is $50,000!

Learn more about apprenticeship programs by visiting:
www.dir.ca.gov/das/das.html

Engaging Youth in Career Exploration

Career Conversation Starters:

- Do you find it easy or difficult to think about yourself in the future? What might make it easier?

- What are some of your talents/skills/strengths (try to think of 3-5)?

- How would your best friend describe you?

- What is one thing that makes you excited about your future? Makes you worry about your future?

- What careers or jobs have you heard about? Which ones would you like to know more about?

Opportunity Youth Collaborative
- Youth Career Guide & Caregiver Companion Guide

Career Activities:

- www.cccmypath.org
- www.myplan.org
- www.cacareerzone.org
- www.gladeo.org

NEW CONTENT

Turning Dreams into Degrees Part 2

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Educational Planning
Additional HS Graduation Pathways

Enroll in Summer School
Student can make up credits for graduation or improve grades to meet A-G requirements.

Continuation School
Students work at their own pace to make up units and complete graduation requirements.

5th year of high school
Students can remain at their school to complete their diploma even after turning 19 years old

High School Equivalency Test
Students 18 years or older can enroll in a test preparation course through adult education or community college

There is a lot of money available!

Examples of common financial aid award packages from 2022-23 for full-time students:

	CSU	UC	California Community College
Federal Pell Grant	Up to $6,895	Up to $6,895	Up to $6,895
Cal Grant Foster Youth Access Award (non-tuition)	Up to $6,000	Up to $6,000	Up to $6,000
Cal Grant Tuition & fees	Up to $5,742	Up to $14,218	
CA College Promise Grant tuition waiver			Approx. $1,104 in value
Chafee Grant	Up to $5,000	Up to $5,000	Up to $5,000
FESOG	Up to $800	Up to $1,000	Up to $400
Total:	**$24,437**	**$33,113**	**$19,399**

Does not include AB12/SILP stipends students may be eligible to receive!

Maintaining Financial Aid: Unit Load

Course Units	Instructional Time	Study Time	Total Time Commitment
1 unit	1 hour	2-3 hours	3-4 hours
3 units	3 hours	6-9 hours	9-12 hours
12 units Full Time	12 hours	24-36 hours	36-48 hours

Students should meet with an academic counselor to discuss their unit load _before_ enrolling in classes.

Foster Parent College

Updates

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Coming This Winter…

- Spanish subtitles for **Preparing Teens for Postsecondary Education Part 1** is expected to available by first quarter of 2023

- Foster Parent College: **Preparing Teens for Postsecondary Education Part 2** will be available by the end of 2022

- Preparing Teens for Postsecondary Education Part 2 will also be available on the JBAY Curriculum website

? QUESTIONS

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THANK YOU

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