

SEXUAL AND REPRODUCTIVE WELLNESS FOR YOUTH IN FOSTER CARE:

A Curriculum for Resource Family Pre-Approval Training to Empower Caregivers to Support Foster Youth with their Sexual and Reproductive Wellness

The purpose of this curriculum is to train Resource Families to better support foster youth in their sexual and reproductive wellness. It was developed by John Burton Advocates for Youth (JBAY) and **Seneca Family of Agencies** as part of JBAY's work with the **Los Angeles Reproductive Health Equity Project**. Due to the passage of SB 89, training on sexual and reproductive health of foster youth is required to be part of pre-approval training for Resource Families (RF). This curriculum was developed to help county child welfare agencies, Foster Family Agencies, and community organizations who conduct RF pre-approval training fulfill those training mandate.

Topics covered include:

- The rights of youth and young adult in foster care to sexual and reproductive health care and information, to confidentiality of sensitive health information, and the reasonable and prudent parent standard
- The duties and responsibilities of the assigned case management worker and the foster care provider in ensuring youth and young adults in foster care can obtain sexual and reproductive health services and information
- Guidance about how to engage and talk with youth and young adults about healthy sexual development and reproductive and sexual health in a manner that is medically accurate, developmentally and age-appropriate, trauma informed, and strengths-based
- Information about current contraception methods and how to select and provide appropriate referral resources and materials for information and service delivery
- Additional SB 89 curricula on supporting sexual and reproductive health of youth in foster care can be found [here](#).



DOWNLOAD POWERPOINT SLIDES

These slides cover content that will help caregivers become more knowledgeable about the sexual and reproductive health rights of their youth, the caregiver's role in supporting these rights, how they can play an active role in supporting their youth in their sexual and reproductive wellness as well as current contraception methods and resources to share with youth.

[English Version](#) | [Spanish Version](#)



DOWNLOAD THE FACILITATOR'S GUIDE

Together with the accompanying "Sexual and Reproductive Wellness for Youth in Foster Care" PowerPoint slides, this **facilitator's guide** will prepare you to train caregivers on the sexual and reproductive health topics required by SB 89. It will also provide you with helpful background information, general facilitation tips, and additional resources for further reference.



DOWNLOAD SUPPORTING MATERIALS

Pre-Test

[English Version](#) | [Spanish Version](#)

Post-Test

[English Version](#) | [Spanish Version](#)

Know Your Rights Youth Brochure

[English Version](#) | [Spanish Version](#)

Youth Factsheets & Guide on Having Sexual Health Conversations with Youth in Foster Care:

[Available in English & Spanish here](#)

Guide for Children's Residential Facilities and Resource Families: Healthy Sexual Development and Pregnancy Prevention for Youth in Foster Care:

[Available on California Department of Social Services' website here](#)

Additional Resource List

[English Version](#) | [Spanish Version](#)