



**JOHN  
BURTON**  
Advocates for Youth



# New STRTP Curriculum

Fulfilling Reproductive & Sexual Health Mandates



**October 1, 2020**  
**10:00 – 11:30 A.M.**

# Information to Participate

► **AUDIO:** Try using your phone to call in if you have trouble with computer audio.

*Phone Number: (562) 247-8422*

*Access Code: 379-704-383*

► **HANDOUTS:** Today's slides can be downloaded in the "handouts" section of your control panel.

► **QUESTIONS:** To submit questions, click on the "Questions" panel, type your question, and click "send."

► **RECORDING:** Presentation materials and audio will also be emailed to all registrants today and posted on JBAY's website -

<https://www.jbaforyouth.org/trainings-2/>

The screenshot shows a GoTo Webinar control panel. At the top, there are menu options: File, View, Help, and a globe icon. Below this is a 'Audio' section with a telephone icon and three radio buttons: 'Computer audio' (unselected), 'Phone call' (selected), and 'No audio' (unselected). Below the audio options, it displays 'Dial: +1 (415) 655-0052' and 'Access Code: 870-081-781 #'. A green message says 'You are connected'. Below that is a 'Talking:' section. The next section is 'Handouts: 2', showing two items: '10.01.20 STRTP Training Curriculum Webina...' and 'SB-89-Trainings-avaliable-updated-9-3-20-1...'. Below handouts is the 'Questions/Chat' section, which contains a question: 'Q: Will the webinar materials be sent to attendees?' and an answer: 'A: Yes, after the webinar, attendees will receive an email with the video recording and materials.' Below the chat is a text input field with the placeholder '[Enter a question for staff]' and a 'Send' button. At the bottom, it says 'TEST' and 'Webinar ID: 808-593-219'. The GoToWebinar logo is at the very bottom.

# Agenda

- Welcome & Introduction
- Overview of Two New Trainings for STRTPs
- Training Sneak Preview
- Frequently Asked Questions
- Question and Answer Session



# Panelists



**Simone Tureck Lee**

**John Burton Advocates for Youth**

**Anna Johnson**

**John Burton Advocates for Youth**

**Rebecca Gudeman**

**National Center for Youth Law**

**Luciana Svidler**

**Children's Law Center of California**

# Los Angeles Reproductive Health Equity Project for Foster Youth



LA RHEP is generously funded by the  
Conrad N. Hilton Foundation

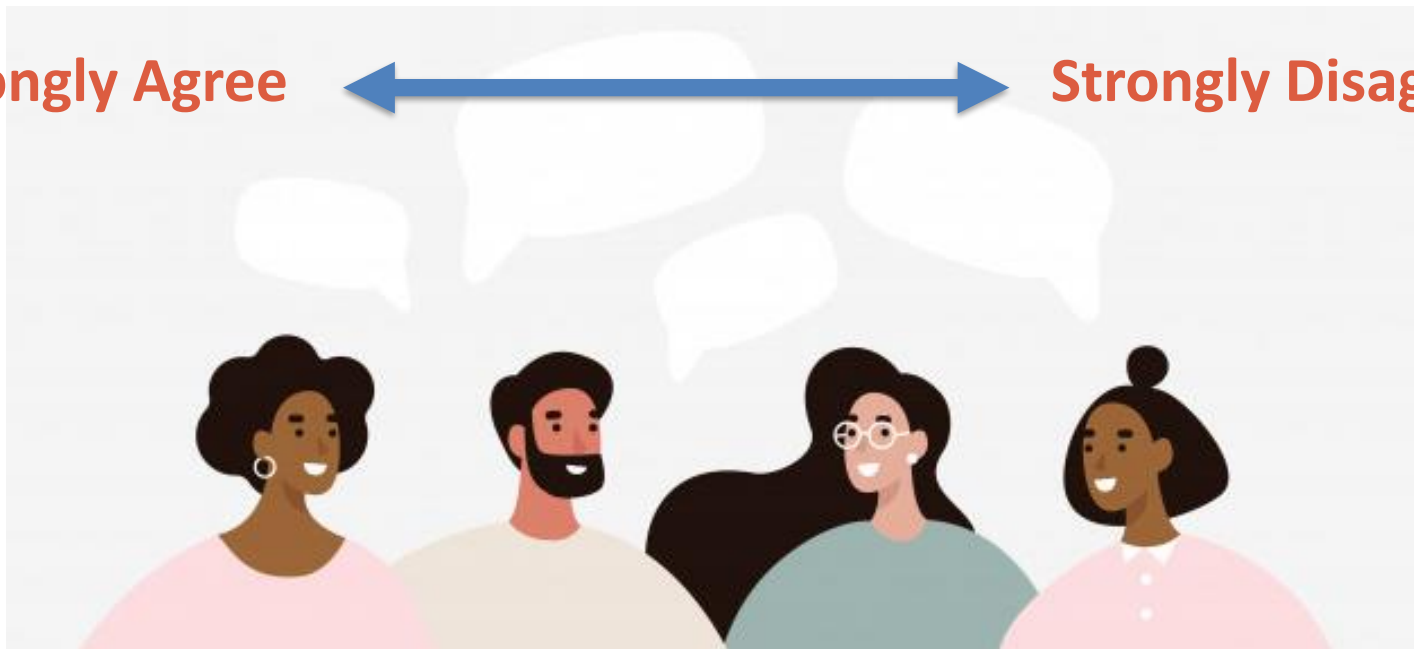
# LA RHEP Leadership Team



# Audience Poll

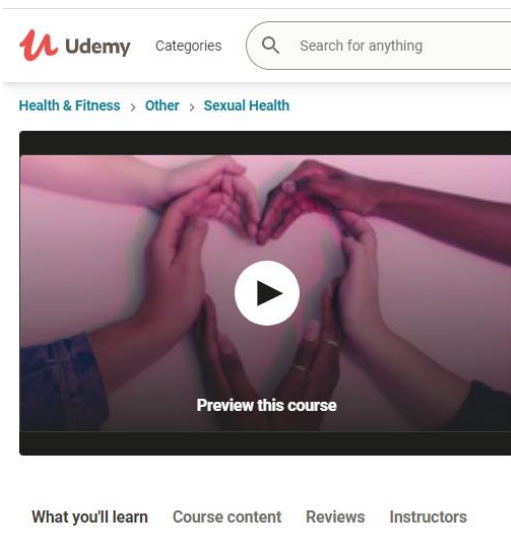
I feel comfortable engaging with youth and having conversations about sexual and reproductive wellness.

**Strongly Agree** ←————→ **Strongly Disagree**

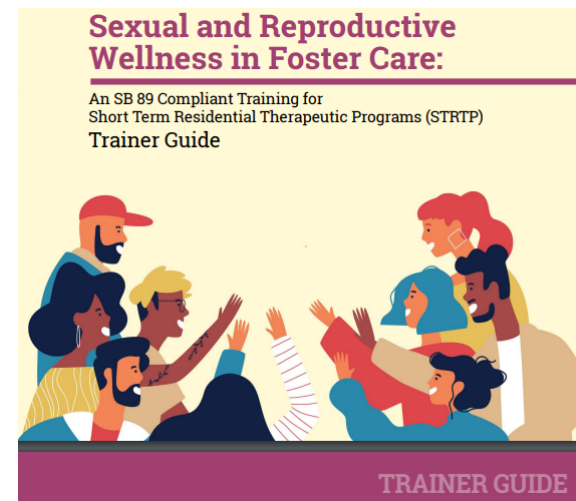


# Overview of Two New Trainings for STRTPs

## Online Training Course



## In-Person Training Curriculum



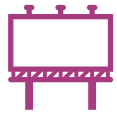
[www.jbaforyouth.org/la-rhep-strtp-training/](http://www.jbaforyouth.org/la-rhep-strtp-training/)



## For both training modules, we will cover:



What content does the training include?



What learning modalities does each training use?



Who is the audience for each training?



What are ways to utilize both trainings?



How can you know if this training is being used effectively?



How can the training inform organizational policy?



What legal or regulatory requirements does this training fulfill?

# Both training curricula cover the same content.



## CONTENT

1. **Background & statistics** related to the reproductive and sexual health of foster youth
2. The **rights of youth** to sexual health care
  - 🕒 *EXAMPLE: Under California Law, a minor can get contraception and pregnancy services without parent or guardian permission at what age?*
3. The **obligations of caregivers and STRTPs** related to supporting the sexual health of youth
  - 🕒 *EXAMPLE: Under California Law, can STRTPs require that youth identify their own transportation to receive reproductive and sexual health care?*

# Both training curricula cover the same content.



CONTENT

## 4. Confidentiality and mandated reporting rules

- ❓ *EXAMPLE: Under California Law, can a STRTP staff disclose a youth's pregnancy to their social worker without their consent?*

## 5. Where to find appropriate information and referrals for young people

- ❓ *EXAMPLE: How do I help a youth identify a reputable health care provider?*

## 6. How to have supportive conversations with young people about difficult subjects like sexuality and romantic relationships



CONTENT

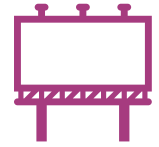
# Trainer Guide Materials

## In-Person Training Guide Curriculum includes:

- PowerPoint for training
- Trainer Guide, includes:
  - Workshop Overview for Staff and Agencies
  - Quiz
  - Mandated Reporting Chart
  - Frequently Asked Questions
  - Resources
  - Glossary
  - References
- Request the full Training Guide and Materials from LA RHEP here:  
<https://fosterreprohealth.org/contact>



# The trainings use different approaches to the topic.



## MODALITIES

### Online Training Course

- Online
- 1.5 hours
- Mini-lecture, case studies & short quizzes to proceed
- Enroll and complete anytime, independently
- Can be completed in sections, as time allows
- Can be retaken

### In-Person Training Curriculum

- In-person
- 2.5 hours (inclusive of breaks)
- 7 modules
- Lecture, case studies, quizzes, role play & discussion
- Interactive
- Pre and post-test
- Extensive appendix

*Both trainings are available free of charge.*

# The trainings are appropriate for any STRTP staff members.



AUDIENCE

- Front line staff
- Management and leadership
- Administrators, including Human Resources
- Volunteers



# Different staff members will get different things from the training.



AUDIENCE

- **Front line staff:** How to serve young people, uphold their rights, obligations and duties, facilitating access to information and services
- **Management and leadership:** Ability to update policy and procedures in compliance with legal mandates
- **Administrators, including Human Resources:** Information for hiring, screening, interviewing and training staff
- **Volunteers:** Awareness of youth rights and knowledge of age-appropriate support without imposing personal beliefs

# The trainings can be used to fulfill multiple needs.



## UTILIZATION

### Online Training Course

- Scenarios for Hiring & Screening Process
- Onboarding training for all new staff; address questions in next supervision meeting
- Incorporated into corrective action plan
- Taken as a refresher if issue or confusion arises

### In-Person Training Curriculum

- Annual training
- Discuss individual content areas in smaller teams
- Develop expertise and offer as a fee-based training





## Audience Poll

What way do you think your organization would utilize these trainings?

- Scenarios for interviewing new hires
- Onboarding training
- Refresher training
- Tool in corrective action plans
- Annual training
- Discuss individual content areas in smaller teams
- Other



# Both Trainings Incorporate Strategies for Promoting Effective Utilization.



EFFECTIVENESS

## Online Training Course

- Trainee must take quizzes to proceed through training
  - Trainee expected to correct questions answered incorrectly
- Certificate provided to ensure staff completion

## In-Person Training Curriculum

- Training guide provides instructions and materials to prepare trainer and promote fidelity
- Pre- & post-tests available; areas with less understanding are opportunities for additional staff training
- STRTP may have trainees complete an evaluation

# Feedback from the Pilot of the In-Person Training has Been Positive.



EFFECTIVENESS

## STRTP pilot participant feedback:

“I gained a greater understanding of a foster child’s sexual and reproductive rights.”

“I will be able to give clear answers to questions from youth in lieu of just telling them I cannot answer questions.”

“I will make myself more available to communicate with the kids about sexual and reproductive health.”

“I plan to discuss healthy behavior and what is not healthy with youth.”

# STRTPs Can Use the Trainings to Inform Organizational Policies & Procedures.



## ORGANIZATIONAL POLICY

- Check organizational policies and procedures against training content to ensure compliance with laws, regulations, contracting requirements and best practice
- Incorporate supportive materials into staff binder/program manual

### Appendix A: Checklist for Updating the Policies and Procedures of STRTPs

The checklist below summarizes content for the five focus areas that an STRTP can use to review and update their plan of operation, policies, and procedures manual in accordance with current laws, regulations, and best practices.

#### FOCUS AREA 1: Training Staff

- When and how staff will be trained on topics related to reproductive and sexual health rights;
- The duties and responsibilities of staff to uphold the rights of youth and provide access to information and care;
- Topics, resources, and materials covered in:
  - Employee orientation
  - Initial and ongoing training
  - In-service education; and
- A mandated reporting procedure in accordance with the California Child Abuse and Neglect Reporting Act, including descriptions of activities that are normative adolescent behaviors that do not require a report.

#### FOCUS AREA 2: Maintaining Confidentiality

- The privacy rights of youth and protocols for upholding those rights;
- The definition of confidentiality, HIPAA laws, breach of confidentiality, and other clarifying information;
- Staff consequences for breaching confidentiality;
- Where and how to store sensitive information and medical records; and
- Procedures for sharing confidential information.

### Need a Cheat Sheet?

Use the **Key to Compliance** - Appendix A to review and update your policies:

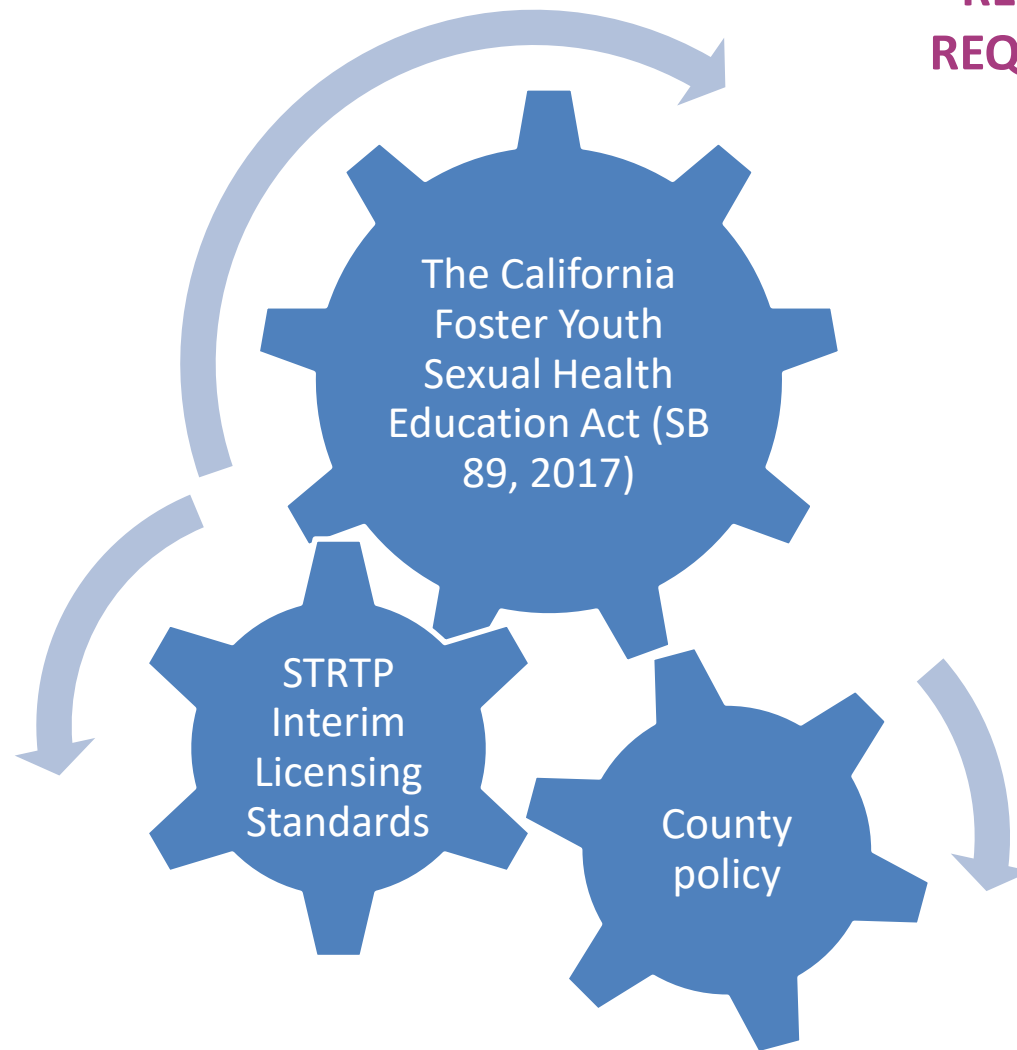
<https://www.jbaforyouth.org/strtp-rsh-policy-practice-guide/>

# The trainings help ensure STRTPs fulfill several legal & regulatory requirements.



**LEGAL &  
REGULATORY  
REQUIREMENTS**

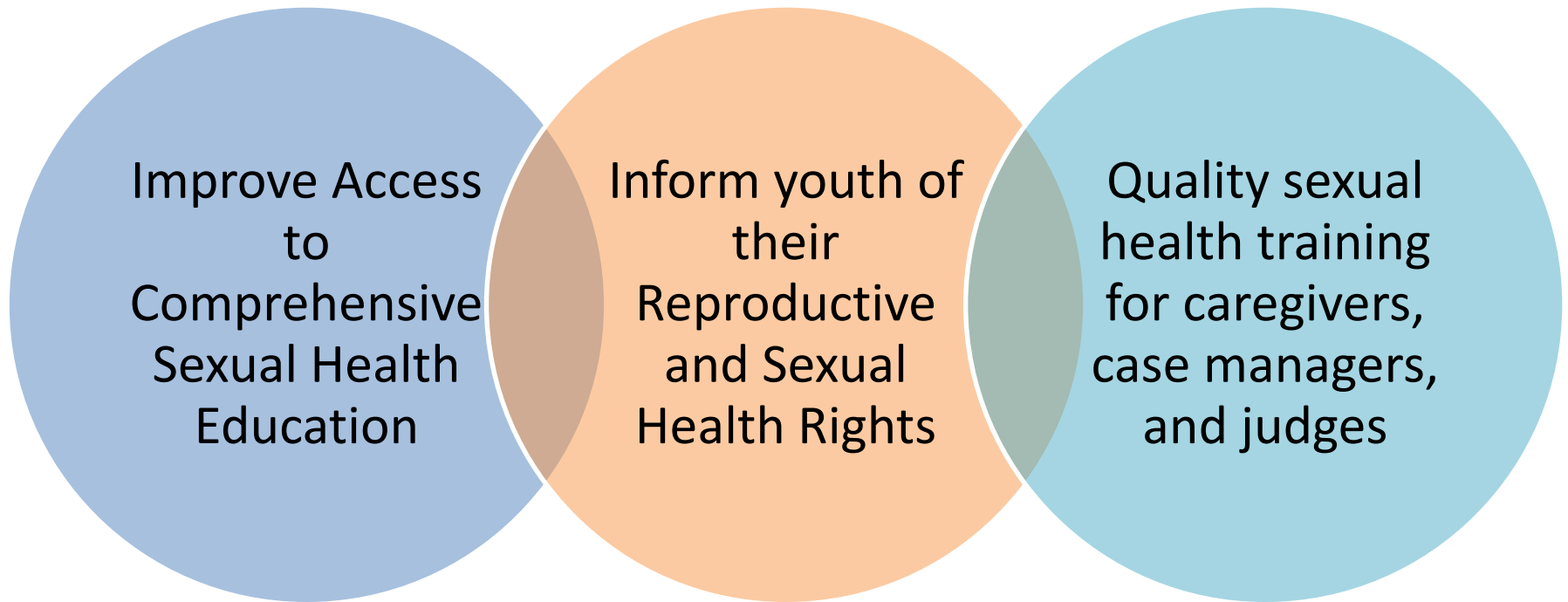
**Online  
Training  
Course &  
In-Person  
Training  
Curriculum**



# SB 89 Has Three Main Provisions—They Include Requirements for STRTPs & Other Caregivers & Child Welfare Professionals.



## LEGAL & REGULATORY REQUIREMENTS



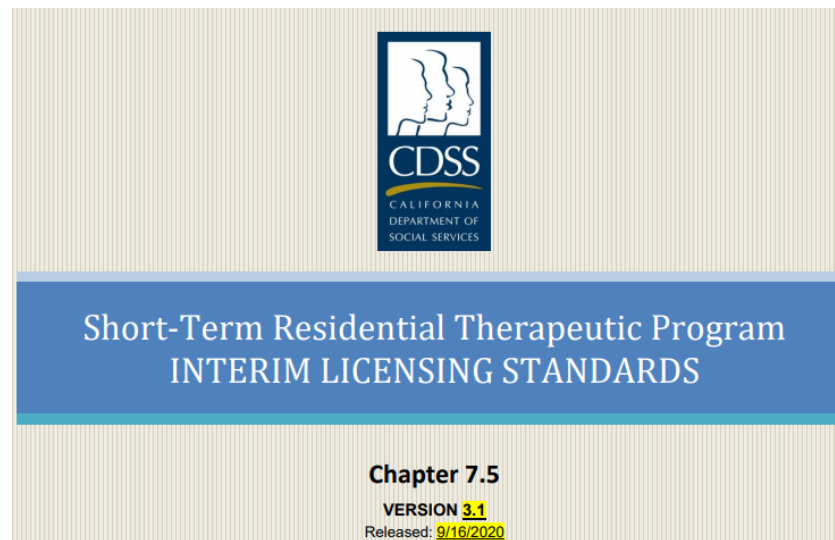
*California Foster Youth Sexual Health Education Act, CA. State Welfare and Institutions Code § Section 16501.1(2017).*

[www.jbaforyouth.org/sb89/](http://www.jbaforyouth.org/sb89/)

# STRTP Interim Licensing Standards Include Mandates Related to Reproductive & Sexual Health.



LEGAL &  
REGULATORY  
REQUIREMENTS



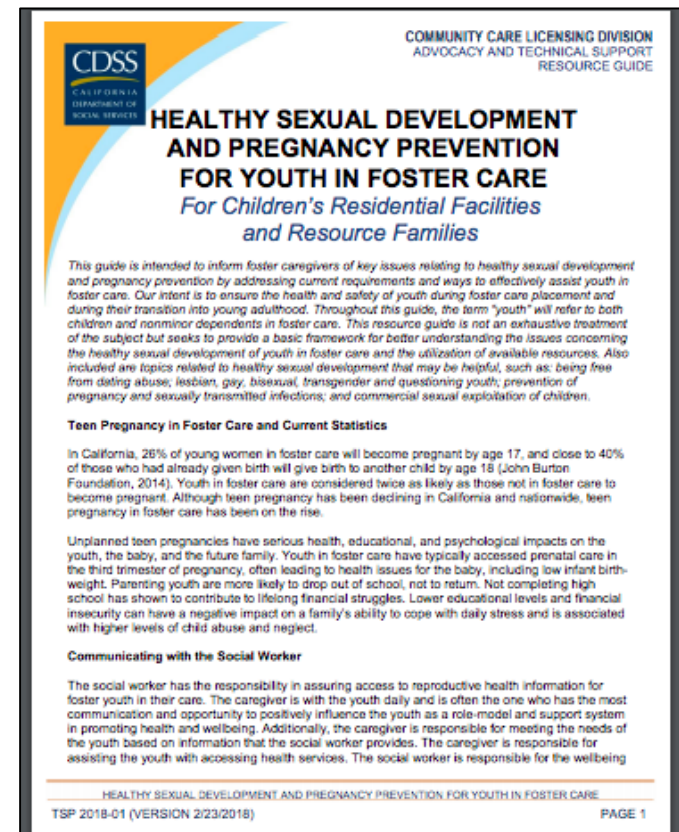
<https://www.cdss.ca.gov/Portals/9/CCL/Childrens-Residential-Licensing/ILS/FINAL%20STRTP%20ILS%20v3.1.pdf>

# CDSS Has Also Provided Targeted Guidance to Children's Residential Facilities.



## LEGAL & REGULATORY REQUIREMENTS

- Teen pregnancy in foster care and current statistics
- Communicating with the social worker
- Personal rights, reasonable and prudent parent standard, and caregiver responsibilities
- Pregnancy prevention
- Pregnancy
- LGBTQ
- Sexually transmitted infections
- Dating abuse
- Commercially sexually exploited children
- Mandated reporting
- Online resources
- Applicable laws





# Some Counties Have Implemented their Own Policies.



## LEGAL & REGULATORY REQUIREMENTS

Los Angeles County Requires 8 hours of training on reproductive and sexual health annually for contracted STRTPs.

- **Reproductive Health Policies:**  
[http://policy.dcfslacounty.gov/#Youth\\_Development\\_Reprod.htm?Highlight=sb%2089](http://policy.dcfslacounty.gov/#Youth_Development_Reprod.htm?Highlight=sb%2089)
- **LGBTQI Policies:**  
<http://policy.dcfslacounty.gov/#LGBTQ.htm?Highlight=sex>

## Audience Poll

Have you ever received training on SB 89 or reproductive sexual health rights, roles and responsibilities of caregivers?

Yes ←————→ No



# Training Sneak Preview

Case Studies, Activities,  
& Quizzes



# Case Study

## *Emily*

Emily receives a brown paper bag with a packet of birth control pills in them at the doctor's office. When they get back to the STRTP, Emily brings the pills to her room.

Can she keep the pills in her room?



# Activity

## Communicating with Youth from Youths' Perspective

### *Advice from Youth:*

- Be inclusive and not gendered in how you ask questions
  - *For example, “are you in a relationship?” instead of “do you have a boyfriend?”*
- Look calm and give us your full attention
- Watch physical cues for signs of anxiety or stress
- Don't assume we are all sexually active and don't assume we are not
- Some of us may have already experienced something nonconsensual
- Don't set a lower bar for us just because we are in foster care
- Make sure there are no language barriers. Did youth really understand?



# Quiz

## SEXUAL AND REPRODUCTIVE WELLNESS IN FOSTER CARE- QUIZ

- 1. Young people in foster care must obtain permission from their parent or guardian before they can obtain emergency contraception.**
  - a. True
  - b. False
- 2. If a youth requests help getting to a sexual health appointment, the STRTP may explain to the youth that they will need to find their own way to the appointment**
  - a. True
  - b. False
- 3. A young person living in a group home facility must give her birth control pills to staff for safe keeping and placement in central storage.**
  - a. True
  - b. False
- 4. A 12 year old may obtain contraception, including condoms, on their own and without involving a parent or other adult.**
  - a. True
  - b. False

# Frequently Asked Questions & Answers



# Frequently Asked Questions & Answers

**Q: Who is qualified to deliver the in-person training and how should they prepare?**

**A: Ideally a person with training experience on these topics, however the training guide provides information and materials to review to help prepare the trainer in advance.**

**Q: Is there evidence these trainings are effective?**

**A: Pre- and post-tests show increases in**

- ✓ staff confidence speaking with youth
- ✓ correct answers about youth rights, the law, and sexual health risks





# Frequently Asked Questions & Answers

**Q: How do you suggest LA County contracted STRTPs meet the 8-hour training requirement?**

**A: The online training is recommended for new-hire onboarding, and the in-person for annual staff training. To reach the full 8-hours we recommend connecting with Planned Parenthood trainers to provide additional staff training on special populations and topics like LGBTQ youth, CSEC, Parenting Youth, etc.**



**[www.jbaforyouth.org/plannedparenthoodlist/](http://www.jbaforyouth.org/plannedparenthoodlist/)**

# Frequently Asked Questions & Answers

**Q: We're a faith-based organization. Is there an exception, or are we still expected to comply with sexual health mandates contrary to our personal beliefs?**

**A: There are no exceptions for faith-based organizations. All organizations receiving foster care funding to provide placement are required to comply with these requirements. The content of the training cannot be modified.**

**Q: I'm a foster parent. Can I take this training?**

**A: There is a training with this same content, specifically targeting Resource Families. You should take that training.**



# Available SB 89 approved trainings tailored for different audiences

Los Angeles Reproductive Health Equity Project for Foster Youth

## SB 89 APPROVED TRAININGS

SB 89 Compliant Trainings on Sexual and Reproductive Wellness for Youth in Foster Care

For Caseworkers

For Caregivers -STRTP

**CalSWEC**  
Sexual and Reproductive Wellness in Foster Care (SB 89)  
8 hours  
[Contact Link](#)

**CalSWEC and CDSS**  
CDSS SB 89 Online Training  
1.5 hours  
[Contact Link](#)

**CalSWEC**  
Sexual and Reproductive Wellness in Foster Care (SB 89)  
1.5 hours  
[Contact Link](#)

**LA RHEP**  
Sexual and Reproductive Wellness in Foster Care An SB 89 Compliant Training for STRTPs  
3 hours  
[Contact Link](#)

Check with your local academy for more options!

Check with your local agency for more options!

For Caregivers - Resource Families

For Judges

**CDSS Permanency Planning Bureau**  
SB 89 Caregiver Trainings sexual and reproductive Wellness, also available in Spanish.  
1.5 hours  
[Contact Link](#)

**Seattle Childrens**  
Heart to Heart, A Sexual Health Training for Foster and Kinship Caregivers  
[Contact General Website Link](#)  
8 hours

**Judicial Council**  
CCR Regional Trainings 2019 - Supporting the Healthy Sexual Development of Youth  
1.5 hours  
[Contact Link](#)

**Seneca Center and JBAY**  
Sexual and Reproductive Wellness in Foster Care: SB 89 Pre-Approval Module  
1 Hour  
[Contact Link](#)

Check with your local FKCE Program for more options!

For more information about available trainings and opportunities, both remote and in person, visit [fosterreprohealth.org](http://fosterreprohealth.org)

*Case Workers*

*Resource Families*

*STRTP caregivers*

*Judges*

# Audience Poll

Does your organization currently conduct a reproductive and sexual health training for its staff?

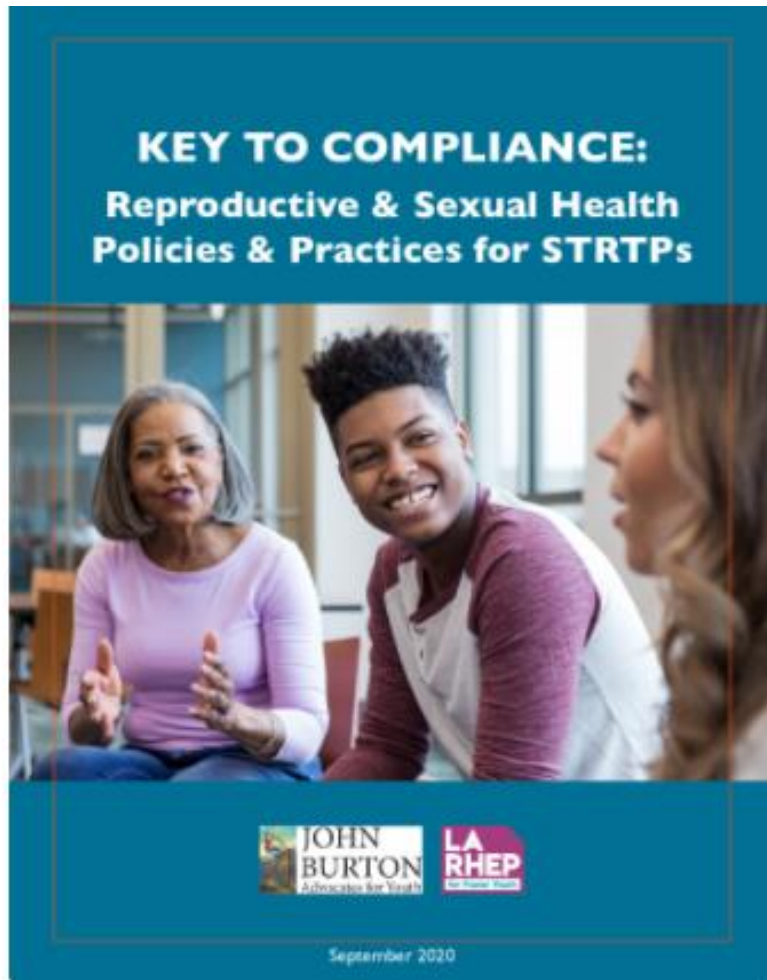
Yes

We have but do not regularly offer it

No



# Additional New Resource Available to Assist with Compliance with Mandates & Best Practice



- ▶ Review the Guide's Recommendations and Tips for STRTP SB 89 Compliance: [www.jbaforyouth.org/strtp-rsh-policy-practice-guide/](http://www.jbaforyouth.org/strtp-rsh-policy-practice-guide/)
- ▶ Watch the webinar here: <https://www.jbaforyouth.org/9-2-webinar-2/>

# Join the Reproductive Sexual Health Learning Community for STRTPs



- ▶ Learn more: <https://www.jbaforyouth.org/strtp-learning-community/>.
- ▶ Contact [anna@jbay.org](mailto:anna@jbay.org) if a member of your STRTP staff would like to join for monthly training and technical assistance calls.

# Stay Informed!

To ask follow up questions, find more information or receive updates on new resources, go to [www.FosterReproHealth.org](http://www.FosterReproHealth.org) and sign up for the email list

Stay informed: Sign-up for our email list

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<input type="submit" value="SUBMIT"/>	

# Question & Answer Session

- ▶ Presentation materials will be posted under training archive at [www.jbay.org](http://www.jbay.org)
- ▶ The two new trainings are available under training curricula [www.jbaforyouth.org/la-rhep-strtp-training/](http://www.jbaforyouth.org/la-rhep-strtp-training/)
- ▶ For a copy of the full training guide materials contact LA RHEP [fosterreprohealth.org/contact](http://fosterreprohealth.org/contact)







# Contact

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