New STRTP Curriculum

Fulfilling Reproductive & Sexual Health Mandates

October 1, 2020
10:00 – 11:30 A.M.
Information to Participate

► AUDIO: Try using your phone to call in if you have trouble with computer audio.
   Phone Number: (562) 247-8422
   Access Code: 379-704-383

► HANDOUTS: Today’s slides can be downloaded in the “handouts” section of your control panel.

► QUESTIONS: To submit questions, click on the “Questions” panel, type your question, and click “send.”

► RECORDING: Presentation materials and audio will also be emailed to all registrants today and posted on JBAY’s website - https://www.jbaforyouth.org/trainings-2/
Agenda

• Welcome & Introduction
• Overview of Two New Trainings for STRTPs
• Training Sneak Preview
• Frequently Asked Questions
• Question and Answer Session
Panelists

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Los Angeles Reproductive Health Equity Project for Foster Youth

LA RHEP is generously funded by the Conrad N. Hilton Foundation
Audience Poll

I feel comfortable engaging with youth and having conversations about sexual and reproductive wellness.

Strongly Agree  Strongly Disagree
Overview of Two New Trainings for STRTPs

Online Training Course

In-Person Training Curriculum

www.jbaforyouth.org/la-rhep-strtp-training/
For both training modules, we will cover:

- What content does the training include?
- What learning modalities does each training use?
- Who is the audience for each training?
- What are ways to utilize both trainings?
- How can you know if this training is being used effectively?
- How can the training inform organizational policy?
- What legal or regulatory requirements does this training fulfill?
Both training curricula cover the same content.

1. **Background & statistics** related to the reproductive and sexual health of foster youth

2. **The rights of youth** to sexual health care
   - *EXAMPLE: Under California Law, a minor can get contraception and pregnancy services without parent or guardian permission at what age?*

3. **The obligations of caregivers and STRTPs** related to supporting the sexual health of youth
   - *EXAMPLE: Under California Law, can STRTPs require that youth identify their own transportation to receive reproductive and sexual health care?*
Both training curricula cover the same content.

4. Confidentiality and mandated reporting rules

EXAMPLE: Under California Law, can a STRTP staff disclose a youth’s pregnancy to their social worker without their consent?

5. Where to find appropriate information and referrals for young people

EXAMPLE: How do I help a youth identify a reputable health care provider?

6. How to have supportive conversations with young people about difficult subjects like sexuality and romantic relationships
Trainer Guide Materials

In-Person Training Guide Curriculum includes:

- PowerPoint for training
- Trainer Guide, includes:
  - Workshop Overview for Staff and Agencies
  - Quiz
  - Mandated Reporting Chart
  - Frequently Asked Questions
  - Resources
  - Glossary
  - References

- Request the full Training Guide and Materials from LA RHEP here: https://fosterreprohealth.org/contact
The trainings use different approaches to the topic.

**Online Training Course**
- Online
- 1.5 hours
- Mini-lecture, case studies & short quizzes to proceed
- Enroll and complete anytime, independently
- Can be completed in sections, as time allows
- Can be retaken

**In-Person Training Curriculum**
- In-person
- 2.5 hours (inclusive of breaks)
- 7 modules
- Lecture, case studies, quizzes, role play & discussion
- Interactive
- Pre and post-test
- Extensive appendix

Both trainings are available free of charge.
The trainings are appropriate for any STRTP staff members.

- Front line staff
- Management and leadership
- Administrators, including Human Resources
- Volunteers
Different staff members will get different things from the training.

• **Front line staff:** How to serve young people, uphold their rights, obligations and duties, facilitating access to information and services

• **Management and leadership:** Ability to update policy and procedures in compliance with legal mandates

• **Administrators, including Human Resources:** Information for hiring, screening, interviewing and training staff

• **Volunteers:** Awareness of youth rights and knowledge of age-appropriate support without imposing personal beliefs
The trainings can be used to fulfill multiple needs.

**Online Training Course**
- Scenarios for Hiring & Screening Process
- Onboarding training for all new staff; address questions in next supervision meeting
- Incorporated into corrective action plan
- Taken as a refresher if issue or confusion arises

**In-Person Training Curriculum**
- Annual training
- Discuss individual content areas in smaller teams
- Develop expertise and offer as a fee-based training
Audience Poll

What way do you think your organization would utilize these trainings?

- Scenarios for interviewing new hires
- Onboarding training
- Refresher training
- Tool in corrective action plans
- Annual training
- Discuss individual content areas in smaller teams
- Other
Both Trainings Incorporate Strategies for Promoting Effective Utilization.

Online Training Course
• Trainee must take quizzes to proceed through training
  • Trainee expected to correct questions answered incorrectly
• Certificate provided to ensure staff completion

In-Person Training Curriculum
• Training guide provides instructions and materials to prepare trainer and promote fidelity
• Pre- & post-tests available; areas with less understanding are opportunities for additional staff training
• STRTP may have trainees complete an evaluation
Feedback from the Pilot of the In-Person Training has Been Positive.

STRTP pilot participant feedback:

“I gained a greater understanding of a foster child’s sexual and reproductive rights.”

“I will be able to give clear answers to questions from youth in lieu of just telling them I cannot answer questions.”

“I will make myself more available to communicate with the kids about sexual and reproductive health.”

“I plan to discuss healthy behavior and what is not healthy with youth.”
STRTPs Can Use the Trainings to Inform Organizational Policies & Procedures.

• Check organizational policies and procedures against training content to ensure compliance with laws, regulations, contracting requirements and best practice

• Incorporate supportive materials into staff binder/program manual

Need a Cheat Sheet?
Use the **Key to Compliance** - Appendix A to review and update your policies: [https://www.jbaforyouth.org/strtp-rsh-policy-practice-guide/](https://www.jbaforyouth.org/strtp-rsh-policy-practice-guide/)
The trainings help ensure STRTPs fulfill several legal & regulatory requirements.

Online Training Course & In-Person Training Curriculum

The California Foster Youth Sexual Health Education Act (SB 89, 2017)

STRTP Interim Licensing Standards

County policy
SB 89 Has Three Main Provisions—They Include Requirements for STRTPs & Other Caregivers & Child Welfare Professionals.

- Improve Access to Comprehensive Sexual Health Education
- Inform youth of their Reproductive and Sexual Health Rights
- Quality sexual health training for caregivers, case managers, and judges

*California Foster Youth Sexual Health Education Act, CA. State Welfare and Institutions Code § Section 16501.1(2017).*

[www.jbaforyouth.org/sb89/](http://www.jbaforyouth.org/sb89/)
STRTP Interim Licensing Standards Include Mandates Related to Reproductive & Sexual Health.

CDSS Has Also Provided Targeted Guidance to Children’s Residential Facilities.

- Teen pregnancy in foster care and current statistics
- Communicating with the social worker
- Personal rights, reasonable and prudent parent standard, and caregiver responsibilities
- Pregnancy prevention
- Pregnancy
- LGBTQ
- Sexually transmitted infections
- Dating abuse
- Commercially sexually exploited children
- Mandated reporting
- Online resources
- Applicable laws

Some Counties Have Implemented their Own Policies.

Los Angeles County Requires 8 hours of training on reproductive and sexual health annually for contracted STRTPs.


Audience Poll

Have you ever received training on SB 89 or reproductive sexual health rights, roles and responsibilities of caregivers?

Yes  No
Training Sneak Preview

Case Studies, Activities, & Quizzes
Case Study

Emily

Emily receives a brown paper bag with a packet of birth control pills in them at the doctor’s office. When they get back to the STRTP, Emily brings the pills to her room.

Can she keep the pills in her room?
Communicating with Youth from Youths’ Perspective

Advice from Youth:

• Be inclusive and not gendered in how you ask questions
  ○ For example, “are you in a relationship?” instead of “do you have a boyfriend?''
• Look calm and give us your full attention
• Watch physical cues for signs of anxiety or stress
• Don’t assume we are all sexually active and don’t assume we are not
• Some of us may have already experienced something nonconsensual
• Don’t set a lower bar for us just because we are in foster care
• Make sure there are no language barriers. Did youth really understand?
1. Young people in foster care must obtain permission from their parent or guardian before they can obtain emergency contraception.
   a. True
   b. False

2. If a youth requests help getting to a sexual health appointment, the STRTP may explain to the youth that they will need to find their own way to the appointment
   a. True
   b. False

3. A young person living in a group home facility must give her birth control pills to staff for safe keeping and placement in central storage.
   a. True
   b. False

4. A 12 year old may obtain contraception, including condoms, on their own and without involving a parent or other adult.
   a. True
   b. False
Frequently Asked Questions & Answers
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Q: Who is qualified to deliver the in-person training and how should they prepare?

A: Ideally a person with training experience on these topics, however the training guide provides information and materials to review to help prepare the trainer in advance.

Q: Is there evidence these trainings are effective?

A: Pre- and post-tests show increases in
✓ staff confidence speaking with youth
✓ correct answers about youth rights, the law, and sexual health risks
Frequently Asked Questions & Answers

Q: How do you suggest LA County contracted STRTPs meet the 8-hour training requirement?

A: The online training is recommended for new-hire onboarding, and the in-person for annual staff training. To reach the full 8-hours we recommend connecting with Planned Parenthood trainers to provide additional staff training on special populations and topics like LGBTQ youth, CSEC, Parenting Youth, etc.

www.jbaforyouth.org/plannedparenthoodlist/
Frequently Asked Questions & Answers

Q: We’re a faith-based organization. Is there an exception, or are we still expected to comply with sexual health mandates contrary to our personal beliefs?

A: There are no exceptions for faith-based organizations. All organizations receiving foster care funding to provide placement are required to comply with these requirements. The content of the training cannot be modified.

Q: I’m a foster parent. Can I take this training?

A: There is a training with this same content, specifically targeting Resource Families. You should take that training.
Available SB 89 approved trainings tailored for different audiences

Case Workers

Resource Families

STRTP caregivers

Judges

Audience Poll

Does your organization currently conduct a reproductive and sexual health training for its staff?

Yes                  We have but do not regularly offer it

No
Additional New Resource Available to Assist with Compliance with Mandates & Best Practice


- Watch the webinar here: [https://www.jbaforyouth.org/9-2-webinar-2/](https://www.jbaforyouth.org/9-2-webinar-2/)
Join the Reproductive Sexual Health Learning Community for STRTPs

- Learn more: https://www.jbaforyouth.org/strtp-learning-community/.

- Contact anna@jbay.org if a member of your STRTP staff would like to join for monthly training and technical assistance calls.
Stay Informed!

To ask follow up questions, find more information or receive updates on new resources, go to www.FosterReproHealth.org and sign up for the email list.
Question & Answer Session

- Presentation materials will be posted under training archive at [www.jbay.org](http://www.jbay.org)
- The two new trainings are available under training curricula [www.jbaforyouth.org/la-rhep-strtp-training/](http://www.jbaforyouth.org/la-rhep-strtp-training/)
- For a copy of the full training guide materials contact LA RHEP [fosterreprohealth.org/contact](http://fosterreprohealth.org/contact)
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