SB 12 Learning Community
Quarterly Call

September 30, 2020
Information to Participate

➢ Today’s PowerPoint can be downloaded from the “handouts” section of your control panel

➢ To submit questions, click on the “Questions” panel, type your question, and click “send”

➢ Presentation materials and audio will be posted at www.jbaforyouth.org
Today’s Presenter

Lauri Collier
L.A. Opportunity Youth Collaborative
Engaging Youth In Career Exploration and Motivating Change
The L.A. OYC is a collective impact initiative, including 70 organizations, who are working together, across sectors, to improve the education and employment outcomes for transition age foster youth. The Opportunity Youth Collaborative brings together a cross-sector collaborative to address the systemic barriers facing transition age foster youth “TAY” in Los Angeles.
Trivia Questions

1. About how many jobs will the average person have in their lifetime?
   a) 5 to 7  
   b) 9 to 11  
   c) 12 to 15  
   d) 20 to 25

2. How many career changes will the average American have in their lifetime?
   a) 6 - 10  
   b) 1 - 2  
   c) 3 - 7  
   d) 12 - 15

3. What percentage of Americans report being satisfied with their jobs?
   a) 30%  
   b) 51%  
   c) 13%  
   d) 65%
“Research shows that the ability to dream and imagine is an important factor to foster hopefulness...Daily survival and ongoing crisis management in young people’s lives make it difficult to see beyond the present. The greatest casualty of trauma is not only depression and emotional scars, but also the loss of the ability to dream and imagine another way of living.”

Source: https://medium.com/@ginwright/the-future-of-healing-shifting-from-trauma-informed-care-to-healing-centered-engagement-634f557ce69c
PACE Attitude – Quality of Contact

- Playfulness
- Acceptance
- Curiosity
- Empathy

Attitude is Everything
Resources On Career Exploration and Planning

Reflection and Exploration  Reality Testing  Planning  Networking and Peer Connections
Reflection and Exploration

www.onetonline.org
explore specific careers & learn about the employment outlook, industry, wages, etc.

https://study.com/directory/category/index.html
explore educational options for specific careers

http://www.cacareerzone.org/
explore specific careers & learn about the employment outlook, industry, wages, etc.

www.cccmypath.org
allows users to take a career assessment, explore careers, & find California Community College programs

www.mynextmove.org
is an interactive tool for job seekers & students to learn more about their career options, including growing jobs

www.myplan.org
the Values Test can help you learn more about your underlying work needs and motivations & can help you decide what is important to you in a job.
What's your plan?

Discover Possibilities

Explore Industry Sectors

Your Career Hub
Reality Testing

When engaging in Career Exploration, youth must consider the following:

✓ Median earnings vs. cost of living and lifestyle needs
✓ Education requirements and costs
✓ Projected industry growth
✓ Interests, personality and work environment
✓ Right now, 67% of jobs in California will require some level of postsecondary education

Learn what the cost of living is in your community & what you need to earn using the **Living Wage Calculator**: livingwage.mit.edu

Customize your lifestyle to determine how much you will need to earn based on your preferences: https://www.cacareerzone.org/budget/

Explore the real earnings of California Community College graduates, by program type, using **Salary Surfer**: salariesurfer.cccco.edu
Make Money Choices

Forming a budget is one of the most important parts of financial success. As you first enter the workforce, or even if you switch jobs, knowing how much money you will have available to spend on different aspects of your life will help you avoid debt and possibly even save some money for a rainy day.

To get started, select an option below

Choose Your Lifestyle
When you select this option, you will be asked a series of questions to help you determine the lifestyle you want to lead and how much it will cost you. When you are finished you can look at occupations that might support that lifestyle.

Budget how much money you'll need

Pick Your Salary
If you think you know how much money you are going to make, you can work backwards to see if that salary will support the lifestyle you want to lead. If it does not, you can search for alternative occupations that might.

Budget from a starting salary
Navigating Reality
Testing Conversations

- Stick to the facts
- Question vs. Advise
- Use storytelling or personal anecdotes
• Should include short and long term goals
• Goals should relate not only to education and employment but also...
• Barriers to obtaining and sustaining employment (transportation, childcare, drug issues, etc.)
• Discussion about what will motivate youth to keep going.
• Identifying supports at each stage
# My Action Plan

**Where do I want to go?**

**What’s my motivation?**

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<th>SCHOOL GOALS</th>
<th>WORK GOALS</th>
<th>BARRIERS TO BE ADRESSED</th>
<th>PEOPLE WHO CAN HELP ME</th>
<th>TIMELINE</th>
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What Will Engage You?

THE WHY?

Use of Celebrities

Use of Self

Use of Peers
Networking skills must be taught explicitly:
• What does it look like?
• How is it done? Get an elevator speech!
• Practicing and role playing
• Linked In

Remember to:
• Normalize the fact that youth may not have a large network at this stage
• Remind youth to network with people outside their age group and recognize the adults they have in their network
Elevator Pitch Examples & Writing Tips - What to Say

- Share your skills
- Mention your goals
- Keep it brief
- Have a business card ready
**Circle of Support**

**Emotional Support**
Helping to lift someone to higher ground

**Information Support**
A friend tells you about a job opening

**Active Support**
A teacher writes you a reference

**Feedback Support**
Someone reviews your resume
How to Create Purpose

“Nudges”

What Are They?

How Can You Nudge?
Thank you!
Contact Information

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