

Key to Compliance: Reproductive & Sexual Health Policies & Practices for STRTPs

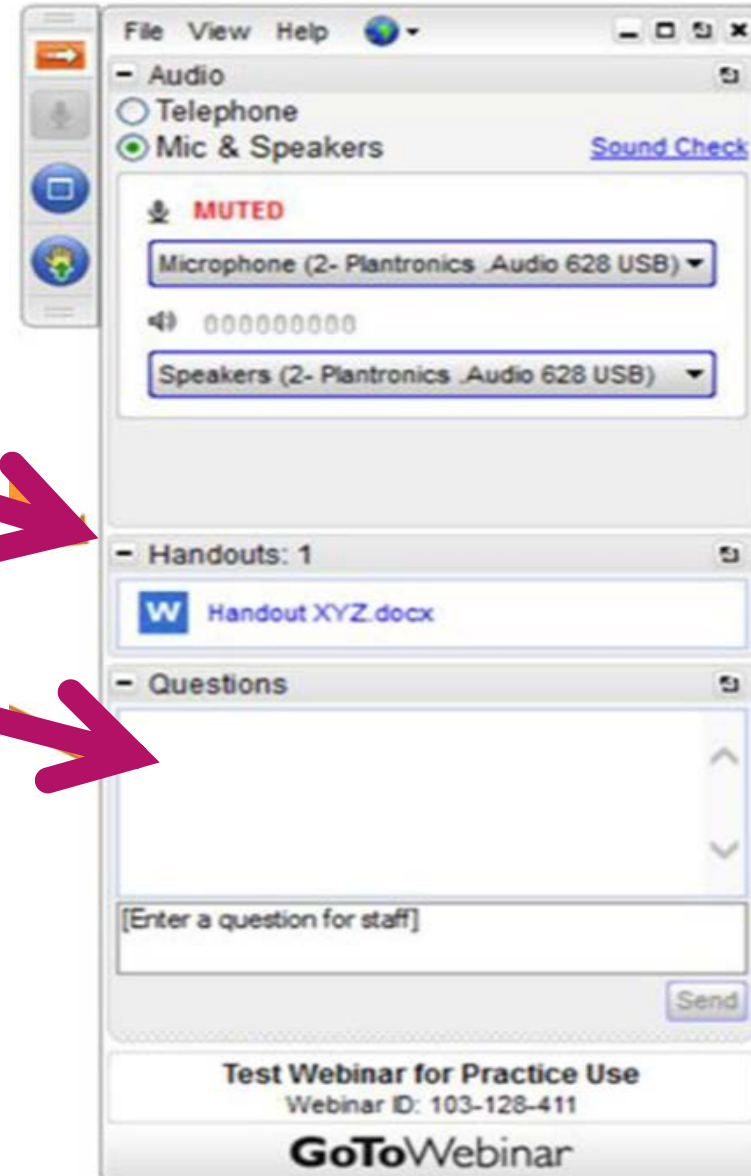
SEPTEMBER 3, 2020

10:00 – 11:30 A.M.



Information to Participate

- ▶ Today's slides can be downloaded in the "handouts" section of your control panel
- ▶ To submit questions, click on the "Questions" panel, type your question, and click "send"
- ▶ Presentation materials and audio will also be posted at: <https://www.jbaforyouth.org/trainings-2/>



Today's Agenda



- ▶ Welcome & Introductions
- ▶ Reproductive & Sexual Health Wellness
- ▶ STRTP Learning Community
- ▶ Five Focus Areas
- ▶ Recommendations
- ▶ Question and Answer Session

Panelists

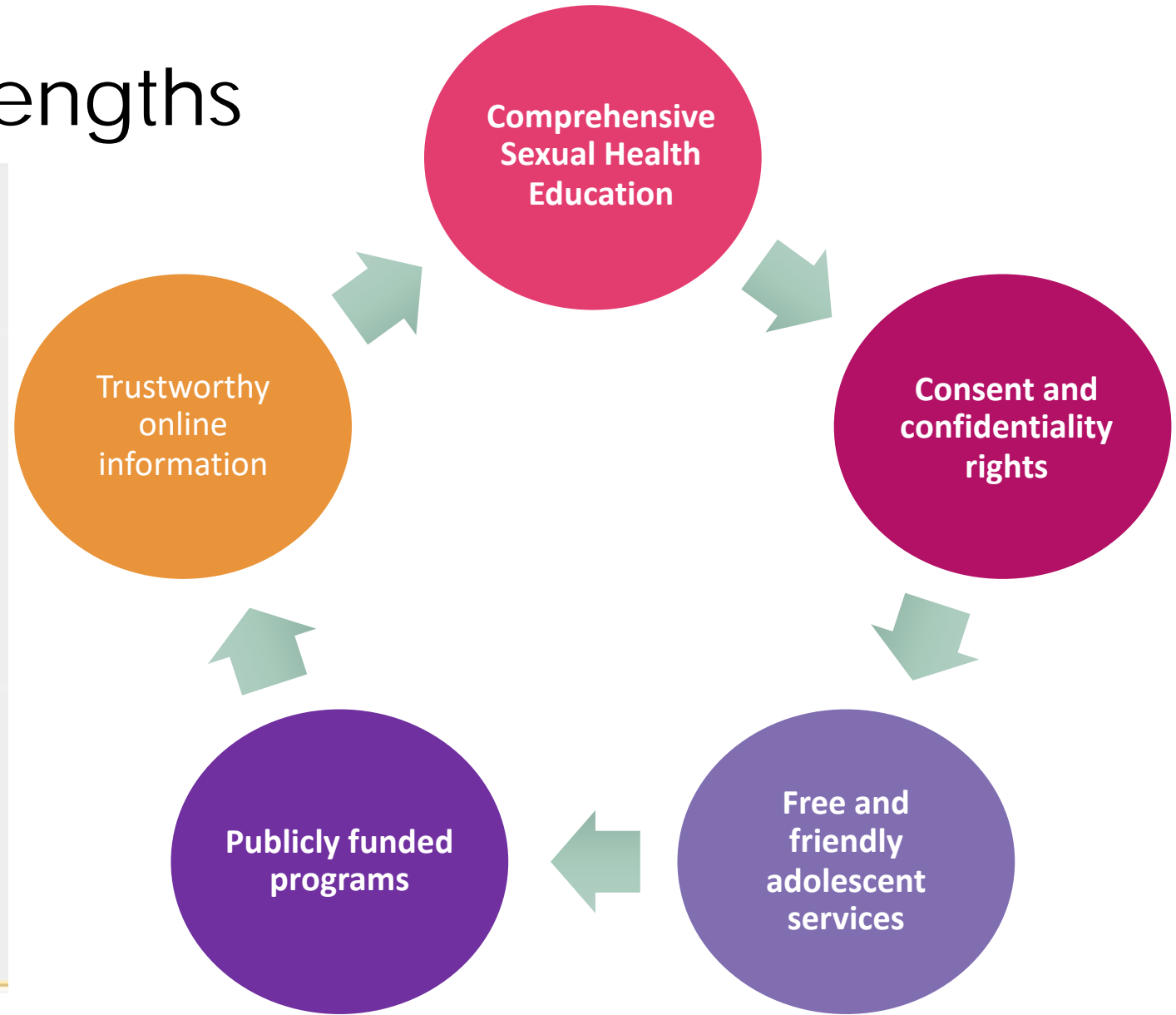


- ▶ Anna Johnson, JBAY
- ▶ Simone Tureck Lee, JBAY
- ▶ Christina Torrez, JBAY Youth Advocate
- ▶ Clayton Johnson, Rancho San Antonio
- ▶ Gina Peck & Julie Farino, Hathaway Sycamores
- ▶ Alyssa Miller, Hillsides

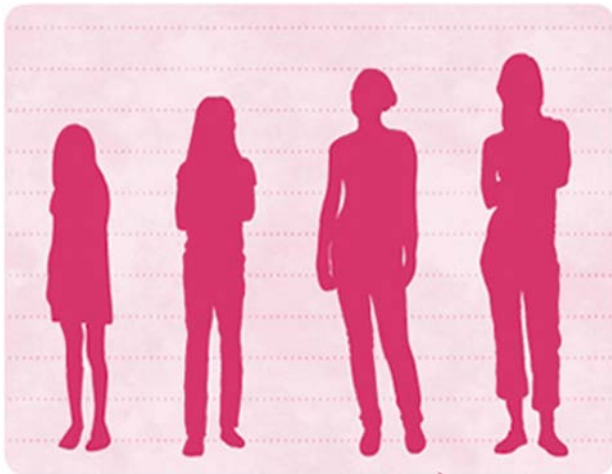


Reproductive & Sexual Wellness of Youth in Care

California's Strengths



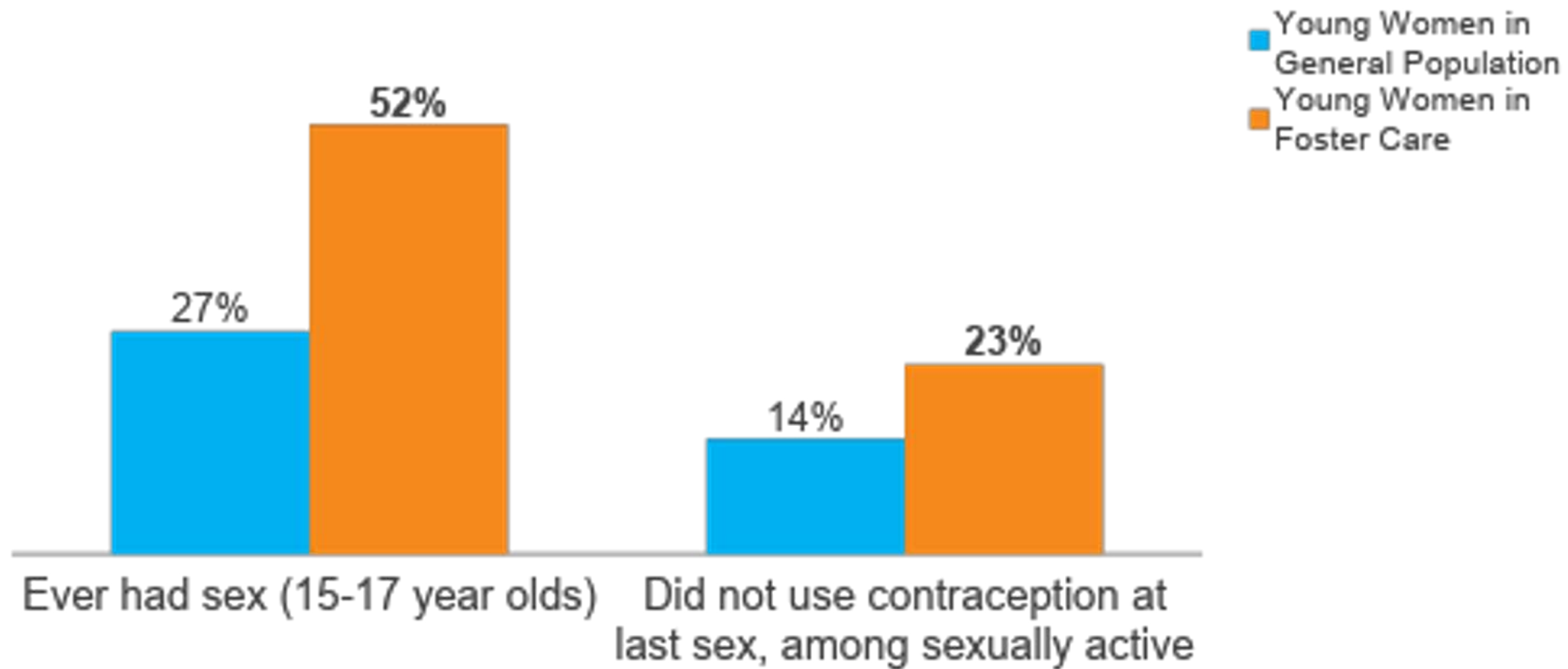
Trauma & Puberty



- The stress of abuse can impact the physical growth and maturation of adolescents.
- Girls who are exposed to childhood trauma are **far more likely to physically mature and hit puberty at rates 8 to 12 months earlier** than their non-abused peers.
- High stress situations can lead to increased stress hormones that jump-start puberty.

Source: Gilbert, R., Widom, C. S., Browne, K., Fergusson, D., Webb, E., & Janson, S. (2009). Burden and consequences of child maltreatment in high-income countries. *The Lancet*, 373(9657), 68-81.

Reproductive Health & Foster Youth



Source: Courtney, Midwest Study. Multiple other studies support.

Sexually Transmitted Infections (STIs)

Compared with non-foster peers, foster youth are at least 3X more likely to have certain STIs. **Unique risk factors place youth at risk for STIs:**



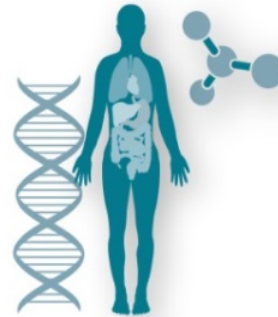
Insufficient Screening

Many young women don't receive the chlamydia screening CDC recommends



Confidentiality Concerns

Many are reluctant to disclose risk behaviors to doctors



Biology

Young women's bodies are biologically more susceptible to STIs



Lack of Access to Healthcare

Youth often lack insurance or transportation needed to access prevention services



Multiple Sex Partners

Many young people have multiple partners, which increases STI risk

Source: Courtney, M.E., et al (2007). *Midwest Evaluation of the Adult Functioning of Former Foster Youth: Outcomes at Age 21*. Chicago, IL: Chapin Hall at the University of Chicago.

Intimate Partner Violence



- Foster youth are at **greater risk** of intimate partner violence.
- Adolescent mothers who are in violent relationships are **three times more likely to become pregnant** than non-abused girls.
- Adolescent mother who are in violent relationships may find it **difficult to refuse sexual activity** or to **negotiate contraceptive use**.
- Adolescent mothers experiencing **physical abuse after delivery** are nearly twice as likely to have a **repeat pregnancy** within 24 months.

Source: Bergmann, J. N., & Stockman, J. K. (2015). How does intimate partner violence affect condom and oral contraceptive use in the United States?: a systematic review of the literature. *Contraception*, 91(6), 438-455.

Reproductive Coercion & Sexual Assault



- ▶ Female teens experiencing intimate partner violence are more likely to experience **birth control sabotage** at the hands of their partner.
- ▶ **49%** report forced sex at some point before age 19.

Source: Bergmann, J. N., & Stockman, J. K. (2015). How does intimate partner violence affect condom and oral contraceptive use in the United States?: a systematic review of the literature. *Contraception*, 91(6), 438-455.

Overall – Reduced Teen Pregnancies in CA

12



TEEN BIRTHS IN CALIFORNIA, GIRLS 15-19

2018

16,929

NUMBER OF TEEN BIRTHS

2015

\$596

MILLION SAVED DUE TO
FALLING TEEN BIRTH RATE

TEEN BIRTH RATE

2018

13.6 BIRTHS PER 1,000 GIRLS

-10%

CHANGE IN TEEN BIRTH
RATE FROM 2017

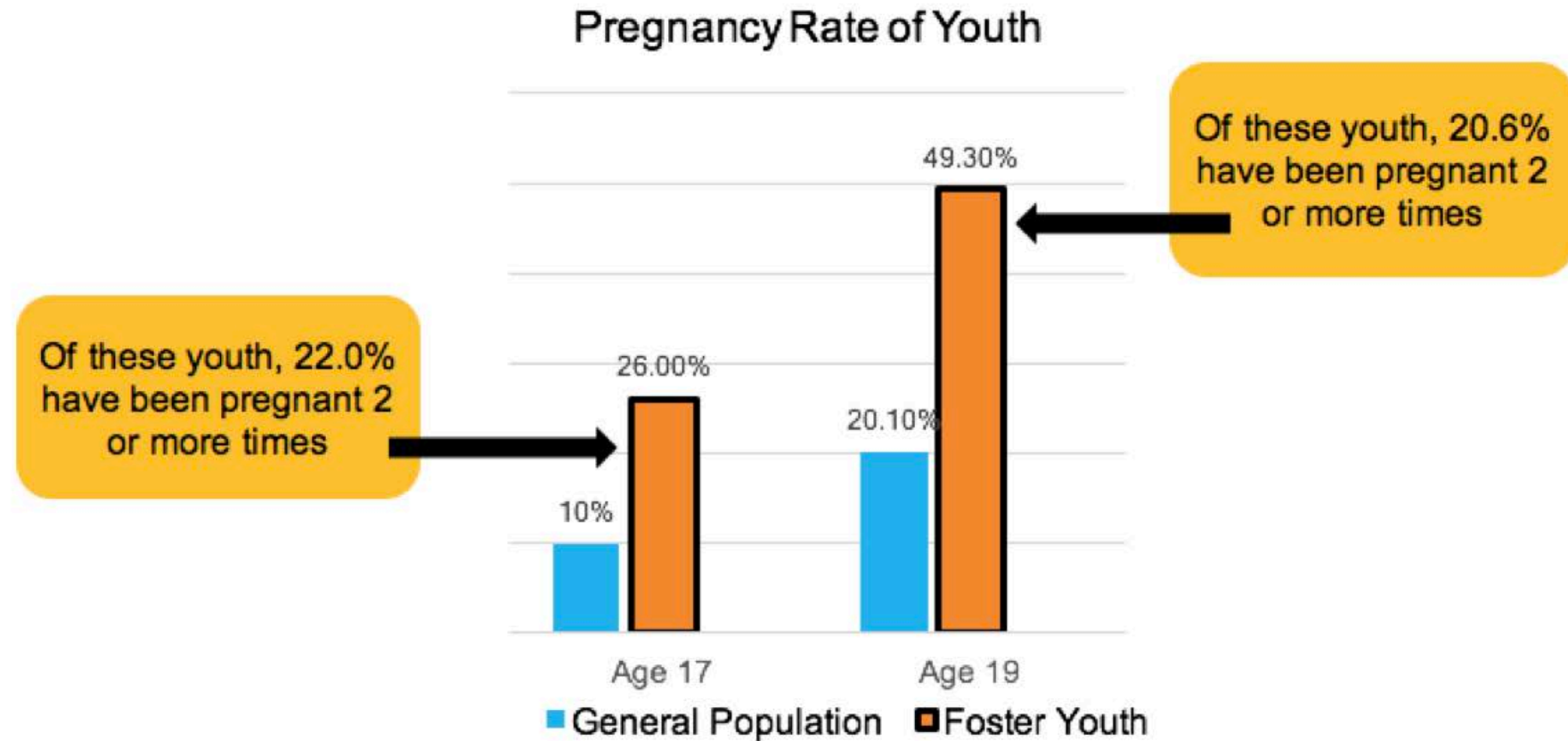
-82%

CHANGE IN TEEN BIRTH
RATE FROM PEAK YEAR 1991

▶ <https://powertodecide.org/what-we-do/information/national-state-data/california>

▶ <https://powertodecide.org/what-we-do/information/national-state-data/change-teen-birth-rate>

Pregnancy Rate of Female Foster Youth



Source: Courtney et al., Findings from the California Youth Transitions to Adulthood Study: Conditions at Age 17 and at Age 19 (2014, 2016).

Unintended and Intended Pregnancies



Young women in foster care at age 17:

Wanted to become pregnant:	%
Definitely no	30%
Probably no	14%
Neither wanted nor didn't want	26%
Probably yes	18%
Definitely yes	7%

70%

24.3% report using contraception at last pregnancy

Young men in foster care at age 17:

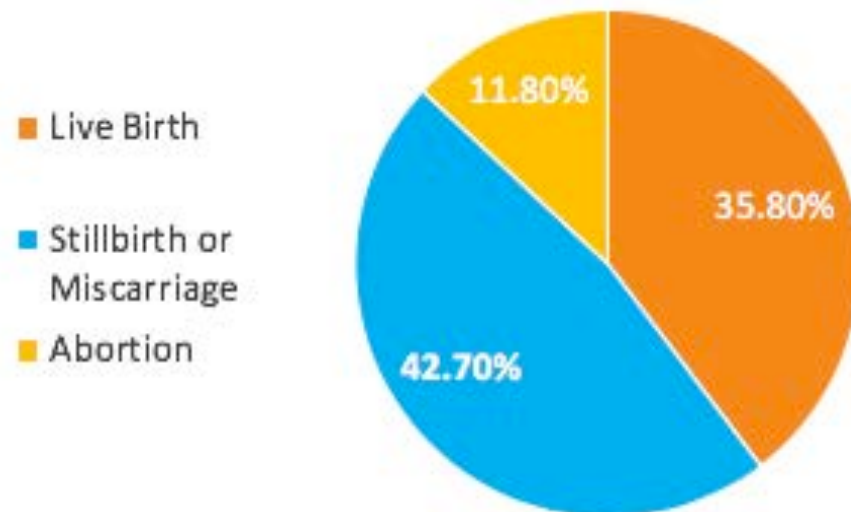
Wanted partner to become pregnant:	%
Definitely no	31.8%
Probably no	11.7%
Neither wanted nor didn't want	23.1%
Probably yes	16.5%
Definitely yes	8.7%

67%

23.% report using contraception at last pregnancy

Prenatal Outcomes

Of foster youth surveyed at 17 who reported pregnancy:



***42.7% had a stillbirth or miscarried**

***20.7% never received prenatal care**

Source: Courtney et al., Findings from the California Youth Transitions to Adulthood Study: Conditions at Age 17 and at Age 19 (2014, 2016).

Trafficking



- ▶ Foster youth are more vulnerable to becoming sexually exploited.
- ▶ Most trafficked youth in the United States are involved in the child welfare system.

In Alameda County, California, a one-year review of local CSEC victim populations found that 55% were from foster youth group homes.

Youth with Disabilities



- ▶ **What we do know:** students with special needs are often not able to access sexual health education content. Young people with disabilities have the right to be educated about their bodies and sexuality.

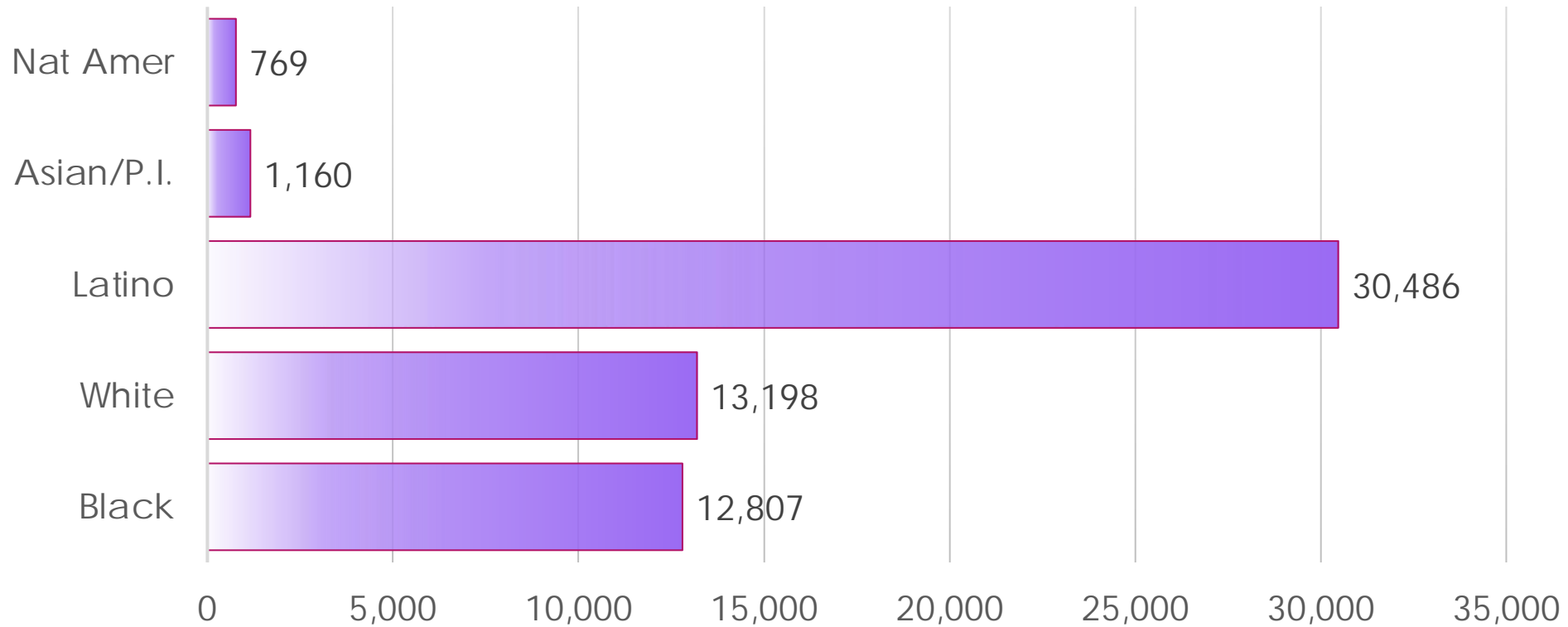
“Most young people with mild/moderate intellectual disabilities have had sexual intercourse by 19/20, although young women were less likely to have sex prior to 16 than their peers”

“Both young men and women with intellectual disabilities were more likely to have unsafe sex 50% or more of the time than their peers. Women with intellectual disabilities were likely to have been pregnant and more likely to be a mother”

Source: Baines, S., Emerson, E., Robertson, J., & Hatton, C. (2018). Sexual activity and sexual health among young adults with and without mild/moderate intellectual disability. *BMC public health*, 18(1), 667.

Race & Ethnicity

FOSTER CARE POINT IN TIME APR 1, 2020



Source: CWS/CMS 2020 Quarter 1 Extract. Program Version 2.00 Database version: 718949A0

Sexual Orientation & Gender Identity



- Nationwide, **22.8%** of children in the foster care system identify as LGTBOQ
- A study of foster youth in LA found that the percentage of those who are LGTBOQ is approximately **twice** that of youth not in foster care *Often due to discrimination
- Within LA County, **83%** of LGTBOQ foster youth were black or Latino
- LGTBOQ youth are **2x** more likely to be placed in a congregate care setting
- **56%** of LGTBOQ youth in out-of-home care spent some time without stable housing because they **felt safer on the streets** than in group or foster homes

Source: Human Rights Campaign & Foster Club. (July 28, 2020) LBGTO Youth in the Foster Care System [webpage] Retrieved from <https://assets2.hrc.org/files/assets/resources/HRC-YouthFosterCare-IssueBrief-FINAL.pdf>

Logistical barriers, such as transportation



Practices that actively infringe on youth rights and access



Structural Barriers to Care

Inconsistent access to comprehensive sexual health education & care due to placement change

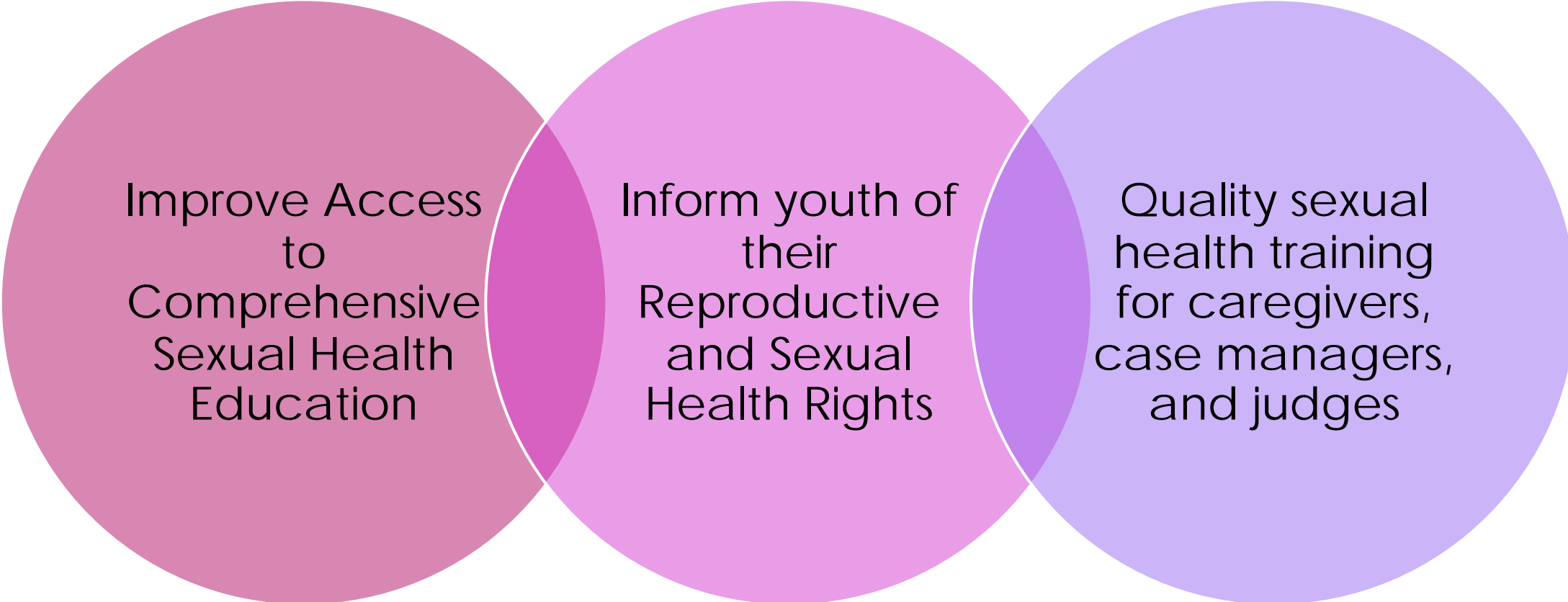


Lack of policies and training lead to fear and confusion about reproductive rights & responsibilities



The California Foster Youth Sexual Health Education Act

Senate Bill 89 - 2017



Improve Access
to
Comprehensive
Sexual Health
Education

Inform youth of
their
Reproductive
and Sexual
Health Rights

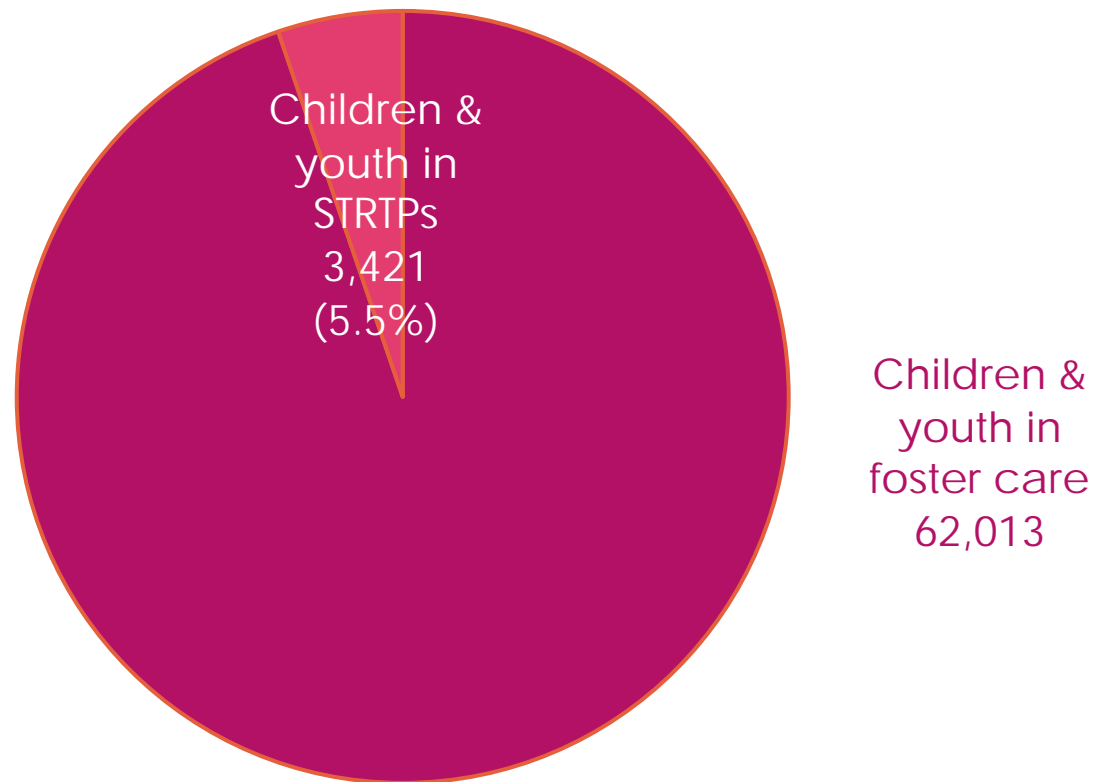
Quality sexual
health training
for caregivers,
case managers,
and judges

Christina Torrez
John Burton
Advocates for Youth
Youth Advocate



- ✓ Tell us about yourself!
- ✓ How did group home staff support your health?
- ✓ How could they have supported you better?
- ✓ What advice do you have for today's attendees?

How Many Children & Youth are Placed in STRTPs?



As of April 1, 2020

- ▶ Although youth in Short-Term Residential Therapeutic Programs make up less than 6% of the foster care population, the needs of this population are significant.

Learning Community Goals



Promote positive, healthy and comprehensive sexual health education and services



Equip staff members with tools and training for discussing reproductive and sexual health topics



Ensure policies and procedures comply with state law and reduce organizational risks



Reduce the risks foster youth experience related to unintended pregnancy, prenatal and birth outcomes, and sexually transmitted infections

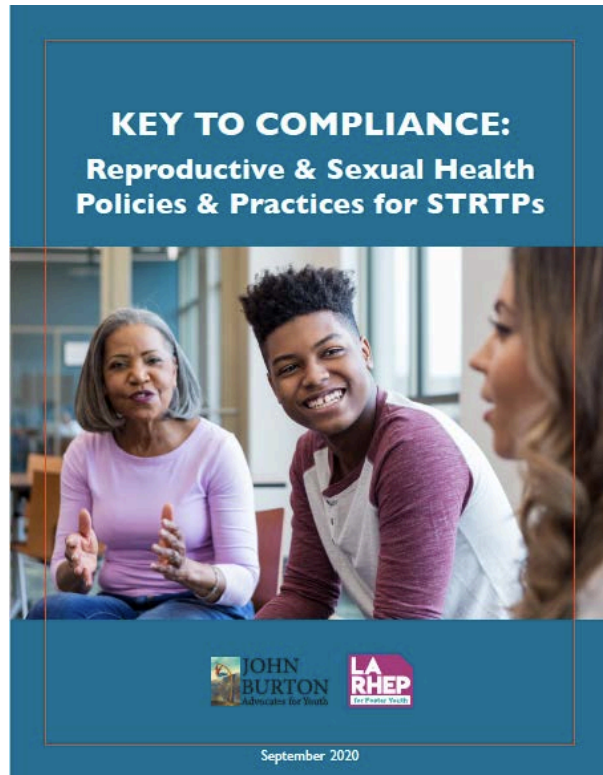
Learning Community Participants



- ▶ Harbor Youth Facility
- ▶ Hathaway Sycamores
- ▶ Hillsides
- ▶ Mary's Path
- ▶ Mollie's House
- ▶ New Alternatives
- ▶ New Dawn
- ▶ Peacock Acres
- ▶ Rancho San Antonio
- ▶ St. Anne's
- ▶ Vista del Mar



- ▶ Together, serving approx. 480 youth at a moment in time



Key to Compliance: Reproductive & Sexual Health Policies & Practices for STRTPs

The publication can be found at
<https://www.jbaforyouth.org/strtp-rsh-policy-practice-guide/>

Five Focus Areas



Training
Staff



Maintaining
Confidentiality



Access to Care
& Barrier Removal



Sexual Health
Education for Youth



Protecting Youth from
Bias & Discrimination



Focus Area #1 Training Staff



1. Train staff upon hire and at regular intervals to ensure they are well-versed in youth reproductive and sexual health topics.

The Resource Index includes vetted trainings and guides that cover up-to-date, medically-accurate information.

LA RHEP Classroom Curriculum for STRTPs (SB 89)

LA RHEP Online Training Course for STRTPs (SB 89)

CaISWEC Online Video-Based Curriculum (SB 89)

CaISWEC Classroom Curriculum (SB 89)

California Welfare and Institutions Code Sections 304.7, 16206, 16519.5 mandates that STRTP administrators must complete a 40-hour certification that includes the topic of reproductive and sexual health.



New Training Available for STRTPs!

“Sexual and Reproductive Wellness in Foster Care: An SB 89 Compliant Training for California Group Homes and STRTPs”

- **Covers:**
 - ✓ Sexual and reproductive rights of foster youth
 - ✓ Duties of caregivers and county case managers
 - ✓ How to engage with youth about sexual and reproductive wellness
 - ✓ Age-appropriate resources and referrals
- **Online:** Course on Udemy.com for staff to self-administer
<https://www.udemy.com/course/sexual-and-reproductive-wellness-in-foster-care-for-ca-strtps/>
- **Live/In-Person:** Training guide available for STRTPs wishing to offer in-house
<https://fosterreprohealth.org/wp-content/uploads/2020/09/STRTP-Sexual-Wellness-Trainer-Guide2020-1.pdf>

JOIN US SEPTEMBER 30th TO LEARN MORE:

<https://register.gotowebinar.com/register/421755477567706892>



Focus Area #1 Training Staff

Gina Peck-Sobolewski, MA, LMFT, Vice President
Julie Farino, LPT, Assistant Director
Hathaway-Sycamores Child and Family Services



- ✓ Our Framework
- ✓ Hiring & Interviewing Practices
- ✓ Ongoing Training, Content, & Ongoing Supervision Team, and Unit Meetings



Sexual Health as a Human Right



“Sexual health is a state of physical, emotional, mental and social well-being in relation to sexuality; it is not merely the absence of disease, dysfunction or infirmity...for sexual health to be attained and maintained, the sexual rights of all persons must be respected, protected and fulfilled.”

- World Health Organization



Best Practices in Hiring



- ✓ Structured interview questions
 - ✓ “Do you believe that young people can make good decisions about their sexual and reproductive health?”
 - ✓ “Are you able to support these youth unconditionally even if your personal values differ?”
- ✓ Vignettes and scenarios
- ✓ Youth and peer advocate participation



Training and Supervision Practices

Training supports the core framework

- ✓ A minimum of 6 trainings on sexual health/issues are held per year along with various TIC and diversity trainings (e.g. SOGIE, implicit bias, etc.)

Supervision and monitoring

- ✓ Individual supervision, coaching and accountability
- ✓ Unit/Team Meetings - "Don't avoid the real issues"





Focus Area #1 Training Staff



Dr. Clayton Johnson, M.A., Psy.D.

Rancho San Antonio

Director of Training and Development

- ✓ Participating in Learning Community
- ✓ Reviewed Training Laws and Interim Licensing Standards
- ✓ Reviewed existing resources from Relias, CDSS, JBAY, and LA RHEP
- ✓ Adjusting Training Calendar



Focus Area #2 Maintaining Confidentiality



2. Ensure staff are well-informed about the privacy rights of youth and that they are aware of procedures and protocols for upholding those legal rights.

The Resource Index includes legal resources and tools related to confidentiality and sensitive information.

All County Information Notice (ACIN) I-06-20

CDSS Healthy Sexual Development Project

Understanding Confidentiality and Minor Consent in California Toolkit

Department of Health Care Services. (July 28, 2020) Health Insurance Portability & Accountability Act [webpage] Retrieved from <https://www.dhcs.ca.gov/formsandpubs/laws/hipaa/Pages/1.00WhatIsHIPAA.aspx>



Focus Area #2 Maintaining Confidentiality



3. Assist youth in accessing copies of their personal health records and information from their health providers, in compliance with state law.

The Resource Index includes legal resources and tools related to confidentiality and sensitive information.

All County Information Notice (ACIN) I-06-20

CDSS Healthy Sexual Development Project

Understanding Confidentiality and Minor Consent in California Toolkit

California Foster Care Ombudsperson. (July 28, 2020) The Foster Youth Bill of Rights [webpage] Retrieved from <https://fosteryouthhelp.ca.gov/wp-content/uploads/sites/276/2020/05/FYBOR.pdf>



Focus Area #3 Providing Access to Care and Removing Barriers



4. Provide timely transportation to health-related services.

The Resource Index includes guidance and regulations related to timely transportation by STRTP staff.

Healthy Sexual Development and Pregnancy Prevention for Youth in Foster Care: For Children's Residential Facilities and Resource Families

Short-Term Residential Therapeutic Programs Interim Licensing Standards



Focus Area #3 Providing Access to Care and Removing Barriers



5. Permit youth to obtain sexual and reproductive health care services from the provider of their choice.

The Resource Index includes vetted websites and resources to direct youth and staff to clinics in their area.

Clinic finder websites

www.plannedparenthood.org/health-center

www.teensource.org

www.pocketguidela.org

Sexual & Reproductive Rights, Information, and Resources for Foster Youth



Focus Area #3 Providing Access to Care and Removing Barriers



6. Provide sufficient storage space for each youth's personal belongings, including reproductive and sexual health care items.

The Resource Index includes links to documents and resources explaining youth rights.

Short-Term Residential Therapeutic Programs
Interim Licensing Standards, Chapter 7.5, Version 3

Foster Youth Bill of Rights

Your Health, Your Rights (ACLU)



Focus Area #3 Providing Access to Care and Removing Barriers



7. Facilitate access to extracurricular, cultural, racial, ethnic, personal enrichment, and social activities supportive of youths’ identities, in compliance with state law.

The Resource Index includes resource directories and information about the right of youth to participate in social activities.

- Foster Youth Bill of Rights
- LGBT Community Center directory
- Gay Straight Alliance Network of California



Focus Area #3 Providing Access to Care and Removing Barriers



8. Assist youth in accessing age-appropriate, medically accurate information about reproductive health care, the prevention of unplanned pregnancy, and the prevention and treatment of sexually transmitted infections (STIs).

The Resource Index includes resources vetted by CDSS, legal and medical professionals.

Sexual Health & Reproductive Resources Websites

CDSS Healthy Sexual Development Project

Healthy Sexual Development and Pregnancy Prevention for Youth in Foster Care: For Children’s Residential Facilities and Resource Families



Focus Area #3 Providing Access to Care and Removing Barriers



9. Provide access to medications used for self-administration, including birth control and hormones, in accordance with the rights of youth.

The Resource Index includes vetted trainings and guides that cover up-to-date, medically-accurate information.

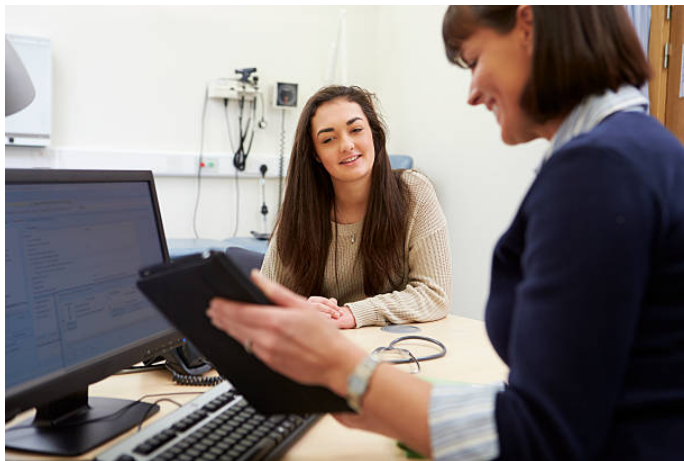
ACLU - Your Health, Your Rights website

Foster Youth Bill of Rights

Short-Term Residential Therapeutic Programs Interim Licensing Standards



Focus Area #3 Providing Access to Care and Removing Barriers



10. Respond to a youth’s disclosure of a pregnancy in compliance with confidentiality laws and promote early and easy access to pregnancy testing, services, and unbiased counseling.

The Resource Index includes vetted trainings and guides that cover up-to-date, medically-accurate information.

Planned Parenthood Affiliates Roster

Clinic finder websites

Department of Health Care Services. (July 28, 2020) Health Insurance Portability & Accountability Act [webpage] Retrieved from <https://www.dhcs.ca.gov/formsandpubs/laws/hipaa/Pages/1.00WhatIsHIPAA.aspx>



Focus Area #3 Providing Access to Care and Removing Barriers



11. Provide timely, supportive services for expectant and parenting youth.

The Resource Index includes vetted trainings and guides that cover up-to-date, medically-accurate information.

LA County DCFS, Child Welfare Policy Manual – Youth Reproductive Health and Pregnancy

Resources for Parenting Foster Youth

Clinic finder websites



Focus Area #4 Providing Access to Sexual Health Education



12. Familiarize staff members with the roles of the Local Educational Agency, school, and the county child welfare or probation agency in ensuring youth receive comprehensive sexual health education (CSE) and assist the county in ensuring this mandate is fulfilled.

The Resource Index includes links to summaries of the law, trainings, and requirements.

California Foster Youth Sexual Health Education Act

California Healthy Youth Act

ACLU of Northern California (2016) California Healthy Youth Act Frequently Asked Questions. Retrieved from https://www.aclunc.org/docs/frequently_asked_questions-california_healthy_youth_act-ca_sexual_health_education_roundtable.pdf



Focus Area #4 Providing Access to Sexual Health Education



13. Provide additional opportunities for youth to receive sexual health education.

The Resource Index includes rosters of contacts for qualified trainers by location.

California Personal Responsibility Education Program (PREP) and Information & Education Program (I&E) grantees roster

Planned Parenthood affiliates roster

Family and Youth Services Bureau. (July 28, 2020) Personal Responsibility Education Program (PREP) Competitive Grants [webpage]
Retrieved from <https://www.acf.hhs.gov/fysb/prep-competitive>
<https://www.cdph.ca.gov/Programs/CFH/DMCAH/IE/Pages/default.aspx>



Focus Area #4 Providing Access to Sexual Health Education



Alyssa Miller, LCSW
Program Manager
Hillsides

- ✓ Participating in Learning Community
- ✓ Piloted Staff Training with LA RHEP
- ✓ Organized Sexual Health Education Group
- ✓ Updated Youth Rights Policy and Procedures

Hillsides' Overview of Providing Sexual Health Education

Why

- ✓ Hillsides recognized need in programming for clients to receive and access sexual health education and learn about their bodies.
- ✓ STRTP regulations require ILP skills for youth

Who & What

- ✓ Hillsides provides education groups every 6 to 12 months
- ✓ Partner with Planned Parenthood of Pasadena San Gabriel Valley
- ✓ 5 consecutive sessions by cottage (age & gender)
- ✓ Topics of sessions include anatomy, physiology, puberty, hygiene, anatomy, birth control methods, relationships and consent.



Hillsides' Overview of Providing Sexual Health Education

How

- ✓ Planned Parenthood educators provide in-person or online sessions.
- ✓ Hillsides staff support the youth attending groups, provide breaks if youth need them, prompt clients on phrasing questions, redirect clients for appropriate conversations.
- ✓ Youth ask a lot of questions and are really engaged.
- ✓ Youth feel safe with the small group setting.
- ✓ Youth receive a certificate of completion.
- ✓ Treatment team members follow-up with clients individually to debrief the groups.



Hillsides' Overview of Providing Sexual Health Education

Updating the Youth Rights Protocol

- ✓ Intake Therapist or Coordinator Provides and Discusses Brochure at Intake and Every Three Months
- ✓ Know Your Rights Brochure is posted in Nursing Station
- ✓ Attending Therapist Reviews Rights with Youth throughout Treatment, where appropriate
- ✓ All Staff Required to be Familiar with the Rights and Able to Communicate Rights Clearly to Youth
- ✓ Includes Information Related to the Rights of Youth and Filing a Complaint or Grievance
- ✓ Includes Reference to Confidentiality and Mandated Reporting Protocols





Focus Area #5 Protecting Youth from Bias and Discrimination



14. Establish a protocol for staff to share and discuss youth rights when youth first enter the program and at a regular frequency, no less than every six months.

The Resource Index includes guidance and rights brochure links.

SOGIE Resource Guide for Children’s Residential Providers and Caregivers

CDSS SOGIE Resources

Foster Youth Bill of Rights, Know Your Rights, LGBT Rights



Focus Area #5 Protecting Youth from Bias and Discrimination



CDSS STRTP Interim Licensing Standards

15. Prohibit staff members from imposing their personal feelings or religious beliefs about reproductive and sexual health on youth or influencing the treatment choice of youth in compliance with Interim Licensing Standards. [The Resource Index](#) includes information for filing a complaint.

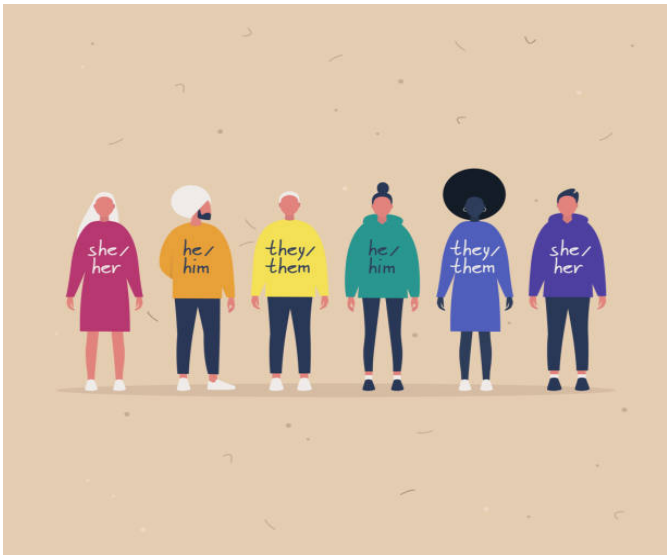
Short-Term Residential Therapeutic Programs Interim Licensing Standards

Community Care Licensing Division Complaint Hotline

File a Complaint with the California Foster Care Ombudsperson



Focus Area #5 Protecting Youth from Bias and Discrimination



16. Permit youth to share a bedroom or use a bathroom consistent with their gender identity regardless of the gender or sex listed on the court, child welfare, or probation report.

The Resource Index includes vetted trainings and guides that cover up-to-date, medically-accurate information.

- CDSS SOGIE resources
- Child Welfare Information Gateway factsheet Supporting Your LGBTQ Youth: A Guide for Foster Parents
- Raising Healthy and Happy LGBT & Gender Non-Conforming Children



Focus Area #5 Protecting Youth from Bias and Discrimination



17. Prohibit discrimination or harassment on the basis of actual or perceived race, ethnic group identification, ancestry, national origin, color, religion, sex, sexual orientation, gender identity and expression, mental or physical disability, or HIV status.

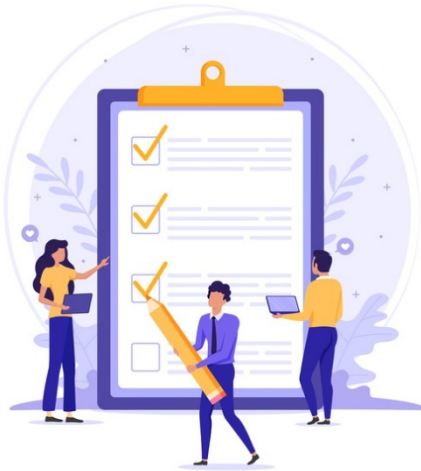
The Resource Index includes information for filing a complaint.

Short-Term Residential Therapeutic Programs Interim Licensing Standards

Community Care Licensing Division Complaint Hotline

File a Complaint with the California Foster Care Ombudsperson

Appendix A: Checklist for Updating Policies and Procedures STRTPs



Appendix A:

Checklist for Updating the Policies and Procedures of STRTPs

The checklist below summarizes content for the five focus areas that an STRTP can use to review and update their plan of operation, policies, and procedures manual in accordance with current laws, regulations, and best practices.

FOCUS AREA 1: Training Staff

- When and how staff will be trained on topics related to reproductive and sexual health rights;
- The duties and responsibilities of staff to uphold the rights of youth and provide access to information and care;
- Topics, resources, and materials covered in:
 - Employee orientation
 - Initial and ongoing training
 - In-service education; and
- A mandated reporting procedure in accordance with the California Child Abuse and Neglect Reporting Act including descriptions of activities that are normative adolescent behaviors that do not require a report.

FOCUS AREA 2: Maintaining Confidentiality

- The privacy rights of youth and protocols for upholding those rights;
- The definition of confidentiality, HIPAA laws, breach of confidentiality, and other clarifying information;
- Staff consequences for breaching confidentiality;
- Where and how to store sensitive information and medical records; and
- Procedures for sharing confidential information.

FOCUS AREA 3: Providing Access to Care and Removing Barriers

- The reproductive and sexual health rights of youth in care and the responsibility of staff to uphold those rights;
- A list of the common complaints and grievances related to barriers to care and how to reduce those barriers for youth;
- Storage and personal belonging policy and protocol;
- Transportation and appointment procedures;
- A statement of expectations of staff to communicate with youth about healthy sexual development and to teach self-love;
- Examples and procedures for sensitive conversations between staff and youth;
- A statement prohibiting staff from confiscating vibrators, dildos, or other personal belongings of the youth;
- Protocol for ensuring youth access to contraceptive counseling and contraception, and prohibition of confiscation of birth control from youth;
- Protocol for responding to pregnancy disclosure, including attending child and family team meetings, referral to home visitation if no referral is made by county child welfare agency, and follow-up care and support; and
- Protocol for staff support of expectant and parenting youth access to prenatal and postnatal care, financial and education assistance, parenting classes and other timely appointments.

Appendix B: Resource Index



Appendix B: Resource Index

Item #	Resource Description and URL
1	Sexual and Reproductive Wellness in Foster Care: An SB 89 Compliant Training for California Group Homes and STRTPs (developed by LA RHEP) https://www.rhep.com/resources/sexual-and-reproductive-wellness-in-foster-care-strap
2	Sexual and Reproductive Wellness in Foster Care: An SB 89 Compliant Training for California Group Homes and STRTPs Trainer Guide (available to organizations to offer this training in person, in house) link to come
3	California Department of Social Services (CDSS) Healthy Sexual Development Project webpage https://www.cdss.ca.gov/Information/foster-care/healthy-sexual-development-project
4	Planned Parenthood affiliates roster https://www.plannedparenthood.org/plan/affiliates
5	All County Information Notice (ACIN) 1-06-20, New Resources For Case Management Workers For Documenting, Protecting And Sharing Reproductive And Sexual Health Information For Youth And Non-Minor Dependents (NMDs) In Foster Care https://www.cdss.ca.gov/Information/Additional-Resources/Letters-and-Notices/ACIN/20201.06_20.pdf
6	Resources webpage for the CDSS Healthy Sexual Development Project https://www.cdss.ca.gov/Information/foster-care/healthy-sexual-development-project/healthy-sexual-development-resources
7	Understanding Confidentiality and Minor Consent in California https://www.healthservices.gov/files/Understanding%20.pdf
8	California Personal Responsibility Education Program (PREP) and Information & Education Program (IEE) grantees roster https://www.informayouth.org/statewide-resources/grantees/
9	Los Angeles County Department of Children and Family Services, Child Welfare Policy Manual – Youth Reproductive Health and Pregnancy https://policy.lacounty.gov/youth_Development_Beyond/html/childwelfare/
10	Clinic finder websites https://www.plannedparenthood.org/health-center https://www.texasrhep.org/ https://www.mcdonaldia.org/
11	AMAZE provides fun, animated videos about the body, puberty, sex, and relationships https://www.amaze.org/



Join us for our next webinar debuting 2 new training tools for STRTPs

“Sexual and Reproductive Wellness in Foster Care: An SB 89 Compliant Training for California Group Homes and STRTPs”

- **Covers:**

- ✓ Sexual and reproductive rights of foster youth
- ✓ Duties of caregivers and county case managers
- ✓ How to engage with youth about sexual and reproductive wellness
- ✓ Age-appropriate resources and referrals

- **Online:** Course on Udemy.com for staff to self-administer

<https://www.udemy.com/course/sexual-and-reproductive-wellness-in-foster-care-for-ca-strtps/>

- **Live/In-Person:** Training guide available for STRTPs wishing to offer in-house

<https://fosterreprohealth.org/wp-content/uploads/2020/09/STRTP-Sexual-Wellness-Trainer-Guide2020-1.pdf>

JOIN US SEPTEMBER 30th TO LEARN MORE:

<https://register.gotowebinar.com/register/421755477567706892>

Join the Learning Community!



► Learn more about the Reproductive Sexual Health Learning Community for STRTPs and Transitioning Group Homes:

<https://www.jbaforyouth.org/strtp-learning-community/>.

► Please contact anna@jbay.org if a member of your STRTP staff would like to join for monthly training and technical assistance calls.



Q&A Session

PRESENTATION MATERIALS WILL BE POSTED
AT WWW.JBAFORYOUTH.ORG UNDER "TRAINING ARCHIVE."

THE PUBLICATION CAN BE FOUND AT [HTTPS://WWW.JBAFORYOUTH.ORG/STRTP-RSH-POLICY-PRACTICE-GUIDE/](https://www.jbaforyouth.org/strtp-rsh-policy-practice-guide/)



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