

## Training Resources

### Sexual and Reproductive Health Rights of Foster Youth



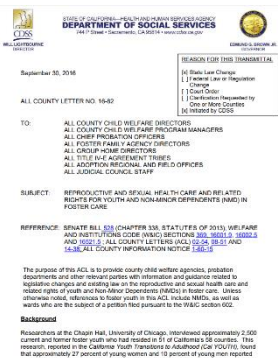
**Know Your Rights Brochure: Foster Youth Sexual and Reproductive Health Care Rights and Resources**

California Department of Social Services (CDSS)

English Version:

<http://www.cdss.ca.gov/Portals/9/FMUForms/M-P/PUB490.pdf>

Spanish Version: [http://www.cdss.ca.gov/Portals/9/TranslatedForms/Spanish/PUB%20490%20\(4-2018\)%20web%20version.pdf?ver=2018-10-16-122753-020](http://www.cdss.ca.gov/Portals/9/TranslatedForms/Spanish/PUB%20490%20(4-2018)%20web%20version.pdf?ver=2018-10-16-122753-020)

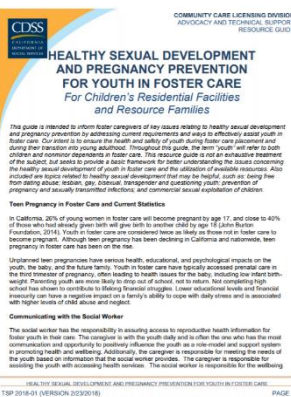


**All County Letter 16-82: Outlines the reproductive and sexual health care rights of youth and non-minor dependents in foster care and corresponding legal and regulatory citations**

California Department of Social Services (CDSS)

<http://www.cdss.ca.gov/lettersnotices/EntRes/getinfo/acl/2016/16-82.pdf>

### Duties and Responsibilities of Foster Caregivers

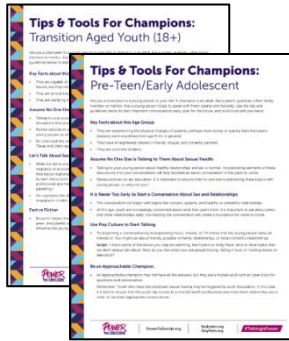


**A Guide for Children's Residential Facilities and Resource Families: Healthy Sexual Development and Pregnancy Prevention for Youth in Foster Care: Informs foster caregivers of key issues relating to healthy sexual development and pregnancy prevention by addressing current requirements and ways to effectively assist youth in foster care**

California Department of Social Services (CDSS)

<http://www.cdss.ca.gov/Portals/9/HSD%20Guide-%202018%20revision%20update-FINAL%202-23-18.pdf?ver=2018-03-13-075222-563>

## Engaging with Foster Youth About Sexual and Reproductive Wellness



**Tips & Tools for Trust Adults on Having Conversations about Sexual and Productive Wellness** A series of tip sheets for trusted adults to discuss youth's sexual and reproductive wellness. Fact sheets are available for pre-teen/early adolescent and transition aged youth

*Power to Decide*

**Pre-teen/Early Adolescent Version**

<https://powertodecide.org/what-we-do/information/resource-library/tips-tools-for-trusted-adults-pre-teenearly-adolescent-0>

**Transition Aged Youth Version:**

<https://powertodecide.org/what-we-do/information/resource-library/tips-tools-for-trusted-adults-18>



**Factsheets & Guide on Sexual and Reproductive Health Rights for Foster Youth:** A series of youth fact sheets to help trusted adults discuss sexual and reproductive health rights with foster youth & accompanying guide that includes age-appropriate conversation starters to help navigate these sensitive conversations. Fact sheets are available for three age groups: tweens/early adolescents, middle adolescents, and transition-aged youth/young adults. It also includes additional age-appropriate resources to share with youth.

*John Burton Advocates for Youth*

**Factsheets & Guide**

<https://www.jbaforyouth.org/sb89-factsheets-and-guide/>

Accompany training on how to use these factsheets & guide:

<https://www.jbaforyouth.org/5-16-19-webinar/>

Age-appropriate resources to share with youth:

<https://www.jbaforyouth.org/youth-sexual-health-resources/>

## Contraception Methods



**Bedsider:** All you need to know about contraception, family planning, safer sex, finding a clinic, medical providers, accessing free birth control, articles, Q&A's, and so much more

<https://www.bedsider.org>

## Resources for LGBTQI+ Youth



**The Trevor Project:** Provides resources, programs, and services for LGBTQ youth

<https://www.thetrevorproject.org>

[https://www.thetrevorproject.org/trvr\\_support\\_center/sexual-health/](https://www.thetrevorproject.org/trvr_support_center/sexual-health/)